'EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS SEPTEMBER 2020

REMEMBER

Please send me your accomplishments and personal updates for the October 2020 Kudos

SAVE THE DATES

FACULTY DEVELOPMENT SEMINARS

Below is the information on the faculty development seminars for 2020. We are sending all the information in advance in hopes that people can clear their schedules. All seminars are Wednesdays from 9:00-10:30am and will be virtual this year.

- Wednesday October 7, 2020 Effective Strategies for Online Teaching https://zoom.us/j/98728543321
- The December promotion-focused seminar has been moved to January 6, 2021.

WRITING GROUPS: UPCOMING

The Writing Group is the 1st Wednesday of every month from 8:00-9:00am at EP12 in Room 554 (unless noted otherwise). The next meeting is Wednesday, October 7, 2020 and will be on Zoom -

https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFlQ3d4UU1vZz09

CE WORKSHOP SCHEDULE

Friday October 6, 2020, 09:00-12:00pm - Ethics of Pain Management and Opioid Prescribing in Youth and Adults – Jennifer Steiner, PhD, Monica Agoston, PsyD, Boris Spektor, MD

DIVERSITY AND INCLUSION SUBCOMMITTEE

Rosh Hashanah – Stephanie Freitag, MS, Psychology Intern – Rosh Hashanah is a Jewish holiday that is considered our New Year. It is one of the holiest and most special days of the Jewish calendar. In temple, we blow an instrument made of a horn's ram called the shofar to welcome the New Year. We eat delicious traditional foods such as apples and honey in anticipation of the hope and joy that a new year will bring. Most importantly, we gather with family to tell stories and enjoy the company of our loved ones. Growing up, Rosh Hashanah was always one of my favorite holidays because it serves as a reminder to reflect as well as look forward to exciting new beginnings with our family and friends.

Yom Kippur – Betsy Gard, PhD, Adjunct Professor – Yom Kippur is the holiest religious day in the Jewish faith. It is also called the Day of Atonement. It marks the 10th day following the Jewish New Year. For sins, hurts, injuries, and sins of omission

and commission against others, you must go and atone and make amends directly to those you have wronged, but for the sins against God and the principles of faith, you make atonement on the "Sabbath of Sabbaths." Yom Kippur was a day from childhood on marked by fasting, praying, inward contemplation, and sincere self -reflection, and identifying what I needed to change in the year ahead. I always cry on Yom Kippur and I also feel a sense of cleansing and healing when the Shofar blows at the end of the day, as if blasting away the wrongs I have committed in the past. I emerge hungry and for change and with sincere intent to do better and to be better.

International Peace Day - Naadira Upshaw, PysD, Assistant Professor - "Peace does not mean an absence of conflicts; differences will always be there. Peace means solving these differences through peaceful means; through dialogue, education, knowledge; and through humane ways." —Dalai Lama The United Nations General Assembly dedicated September 21st as International Peace Day with the goal of promoting and encouraging the observation of peace and 24 hours of non-violence. They noted a desire to "commemorate and strengthen the ideals of peace both within and among all nations and peoples." Since the day's inception in 1981, nations around the world have observed this date for "all humanity to commit to peace above all differences and to contribute to a culture of peace." Given all of the current turmoil, discord, and blatant acts against humanity and decency around the world, the intentional observation of a day of peace is a good moment for all of us to take pause. While it may seem overwhelming to reflect on the innumerable conflicts in the world, our efforts may be well-suited to be thoughtful about how we can promote peace within our own relationships, workplaces, and communities. Take a moment to pause today and consider, what opportunities do I have to promote goodwill and peace for myself and those around me today?

National Hispanic Heritage Month – Alejandra Grullón, MD, Clinical Research Coordinator - National Hispanic Heritage Month originally began in 1968, and has since expanded into a month-long celebration between September 15 – October 15. These dates are significant, as anniversaries of independence for 7 Latin American countries fall between September 15-18: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua, Mexico and Chile. National Hispanic Heritage Month highlights the rich cultures and contributions of Americans with heritage from Latin America, the Spanish speaking Caribbean, and Spain, also referred to as the Latino or Latinx community. In 2019, the US Hispanic population reached 60.6 million, or 18.5% of the population, becoming the largest ethnic or racial minority group in the US. Unlike other minority groups identified by the US census, being Latinx is a culture and ethnicity and is inclusive of all races. As a Latina with both Dominican and Argentinian heritage, I have always had pride in my Latin roots, as well as an awareness of the incredible diversity that exists in the culture, food, music, and history that comes from Spanishspeaking countries. Until moving to the US, I had never celebrated or identified with specifically being Latinx. However, my pride and identification with this label has flourished since living in this country. I greatly value the "space" to highlight the incredible culture and diversity among descendants of Latin American heritage. I hope that through the many programs, organizations, and exhibits featured during this month, individuals are able to explore and expand their knowledge beyond what you perceive it means to be Latinx.

SPOTLIGHTS

FACULTY SPOTLIGHT: Susan McCarthy Furman, PhD

Susan McCarthy Furman, PhD, is an Adjunct Associate Professor in the Department of Psychiatry and Behavioral Sciences. The framework of Susan's practice is evidence-based, warm, collaborative and appreciative of identity, culture, context, development and clinical concerns. She offers contemporary Cognitive Behavior Therapy to preteens, adolescents and adults that is solution and strength-oriented to address challenges including mood, anxiety, health, relationships, grief, loss, trauma, work-life balance, as well as educational and professional achievement. Additionally, Susan provides consultation and comprehensive psychological assessment to identify learning, attentional and/or emotional challenges to guide educational and treatment planning. With a strong commitment to affordable and accessible services, she accepts some health insurance plans and offer telehealth. Half of her practice is the richly rewarding work of supervising graduate and post-graduate trainees at the low-cost Georgia State University Psychology Clinic and Emory University School of Medicine's Department of Psychiatry and Behavioral Sciences Outpatient Training Program.

When Susan made the hard decision to return to the GSU Psychology Clinic, and leave the department as a faculty member, the option to continue as adjunct and a resident supervisor was presented and deeply appreciated as she values being part of the Department of Psychiatry and Behavioral Sciences. Supervising within the low-cost OPTP under the leadership of Dr. and Mrs. Levy was and continues to be enriching, now led by Drs. Crowell and Cattie.

Susan most enjoys maintaining rewarding professional relationships with inspiring colleagues like her mentors, Drs. Keith Wood and Glenn Egan, as well as the many other talented colleagues like Phyllis Rosen and the wealth of psychiatrists and psychologists who foster her growth. The greatest reward is being exposed to the talented residents who are passionate about their training and moving forward to improve mental health treatment and training.

It has been an honor for Susan to be within Dr. Kaslow's first post-doctoral fellowship cohort at Emory and to continue benefiting from her influence. And, it is always a sweet surprise sharing her life with talented psychiatrist and analyst, Andrew Furman and their now grown children. She hopes it is abundantly clear how enriched her life is from her Emory affiliation, thank you all.

TRAINEE SPOTLIGHT: Benson Ku, MD

Benson Ku is a third-year general psychiatry resident who is on the Research Track. Within the department, he serves on the DISC and as a GMEC/GPPA Co-Representative. Outside the department, he is on the Medical Innovations Track in the School of Medicine.

Benson is on the GPPA Board of Trustees and serves as a liaison between Emory psychiatry residents and GPPA. He also volunteers as an Alumni Representative at the Boys' Club of New York, a non-profit community organization that helps students from socioeconomically disadvantaged backgrounds succeed in school and transition to boarding school. He has been a speaker at spring retreats, graduation ceremonies and recently was invited to give words of encouragement during the COVID-19 pandemic.

There are many things Benson enjoys about being at Emory. He is proud of being part of an amazing and supportive residency program. He has learned a lot from his coresidents and faculty, who have inspired him both personally and professionally. Benson has enjoyed synthesizing what he has been learning at various clinical sites and pursuing specialized clinical, research and advocacy interests. During residency, he has had the privilege to train at Grady and work with other healthcare providers in multidisciplinary teams to care for and learn from individuals living in underserved communities, which has opened his eyes to how patient mental health can be shaped by various social, economic and physical environments. And as Benson continues to provide care for patients with serious mental illnesses from diverse backgrounds, he has been developing a deeper appreciation of how responsible mental health treatment requires more than just making the correct diagnosis and providing effective psychotropic medications, but also addressing multiple levels of interacting factors, including living situations, social networks and what makes patients' lives meaningful. Inspired by these clinical experiences. Benson is grateful to work with experts in public health, psychiatry and psychology to conduct research in public health policy, healthcare utilization and biopsychosocial predictors of development of psychosis in hopes of developing early intervention strategies and technologies that have implications for recovery and prevention.

After graduating from Columbia University, Benson worked as a Clinical Analyst at Bronx-Lebanon Hospital. Then, he went to medical school at Zucker School of Medicine at Hofstra/Northwell, where he sought mentorship from Dr. Michael Compton. They saw patients together and conducted research in schizophrenia. Their research culminated in a First Prize Award at the Annual Northwell Academic Poster Competition, first-author publication in *Schizophrenia Research*, and graduation with Distinction in Research Award.

Interested in learning more about the social determinants of mental health, Benson came to Emory for residency training, where he has been fortunate to have excellent mentors (Dr. Benjamin Druss, Dr. Elaine Walker and Dr. Andrew Miller). With their excellent guidance and support, he has published several research articles, been invited as a speaker at national psychiatry conferences and most recently was awarded the A Ω A Postgraduate Fellowship Award to conduct research titled, "Impact of Residential Instability on Conversion to Psychosis in Adolescents at High Risk: A nationwide, multi-site, longitudinal, case-control study."

Benson hope to obtain a K Award by the end of residency. After completing residency, he plans to stay in Atlanta and hopefully work as an Emory faculty psychiatrist at Grady

and continue research in early psychosis in hopes of discovering early intervention strategies that have implications for recovery and prevention.

Outside of work, Benson enjoys spending time with his friends and family. To wind down after work, he likes to play piano and listen to jazz. He enjoys watching films, especially those directed by Stanley Kubrick and Charlie Kaufman. On weekends, he likes road trips, trail running and exploring new places to hike.

FACULY COMINGS AND GOINGS

WELCOME NEW FACULTY

Joseph Vinson - Joseph is from Dallas, GA, received his undergraduate degree in Biology and Cross-Cultural Studies from Toccoa Falls College, received his medical degree from the Medical College of Georgia (more specifically, the Augusta University/University of Georgia Medical Partnership in Athens, GA), and just finished his psychiatry residency training here at Emory. In residency, he was one of the Emory Ambulatory/OPTP Chief Residents, was on the Psychotherapy Track, and completed the Core Program at the Emory University Psychoanalytic Institute.

His time at Emory will be divided between Adult Outpatient at Emory, Emory Transplant Center, and consults at Emory Saint Joseph's Hospital. He is also very excited to be an OPTP supervisor and to be the module leader for the new Team-Based Learning module in the residency didactic curriculum. His primary interest is in trying to integrating things: psychotherapy with psychopharmacology, various psychotherapy approaches with each other, psychiatry with other fields (e.g., other healthcare providers, religion/spirituality, humanities and the arts), and education in all of its forms.

His even more primary interest is in trying to help his 18-month-old son Noah integrate things in the world ("rock" is this hard and grey thing, what this funny-looking chair does, and what Led Zeppelin sounds like...make sense?). His wife Kalie is an OB/GYN at a group based at Northside Hospital, and they live in Brookhaven. Joseph enjoys philosophy, cinema, playing soccer and supporting Atlanta United, and has a deep appreciation for certain Spotify playlists and YouTube channels.

WELLNESS CORNER

Wellness during the COVID-19 Pandemic:

Check out https://wellness.emoryhealthcare.org/covid for a number of resources promoting wellbeing during COVID-19.

The wellness committee enjoyed an outdoor art event this month, painting with coffee at Refugee Coffee in the Clarkston (masks, fans, and screening, of course). The artist, @teresa_afternoon, led us in creation of unique depictions of coffee mugs. Hopefully we all can continue to find ways to incorporate art into our wellness routines, especially given the wonderful resources in ATL! Consider a walking tour in search of the amazing wall art that decorates so many of our buildings (veggies in Morningside).

https://www.artsatl.org/ https://high.org/ https://www.museumofdesign.org/ https://callanwolde.org/

October is the time to Refresh from Stress with Healthy Emory, sign up today! http://www.fsap.emory.edu/refreshfromstress/

Healing Through Art, the Emory community coming together to express and process our experiences of grief and loss.

Steps to participate:

- 1. Create your representation of grief, loss, or change, and/or where you may be finding hope. Your choice of expression can come in various forms. You could create a photograph, a drawing, a collage, a painting, a poem, or a song.
- 2. Submit your art by uploading it here: http://bit.ly/EmoryHealingThroughArt.

You can also see the live gallery here: https://www.instagram.com/emory_hta/
For questions, please contact religiouslife@emory.edu.

FACULTY KUDOS

Education

Jeffrey Rakofsky is working with the Association for Directors in Medical Student Education in Psychiatry through the following roles: executive council, program, committee co-chair of the research committee, and co-leading a taskforce looking at redesigning the psychiatry contribution to the Medical Student Performance Evaluation document that goes to residency program directors as part of students' application.

Research

Chen Z, Tang YL, Xu Y. Classification of Mental Disorders. In: Textbook of Psychiatry, edited by Lu L and Ma X. People's Health Publishing House, Beijing, China, 2020

Dou J, Su P, Xu C, Wen Z, Mao Z, Li W. (2020) Targeting Hsc70-based autophagy to eliminate amyloid β oligomers. Biochem Biophys Res Commun. 2020 Feb 10. pii: S0006-291X(20)30282-5. doi: 10.1016/j.bbrc.2020.02.016. (PMID: 32057360)

Ellis JK, Walker EF and Goldsmith DR (2020) Selective Review of Neuroimaging Findings in Youth at Clinical High Risk for Psychosis: On the Path to Biomarkers for Conversion. Front. Psychiatry 11:567534. doi: 10.3389/fpsyt.2020.567534

Geng F, Jiang F, Rakofsky J, Liu T, Liu H, Tang YL. Psychiatric inpatient beds for youths in China: data from a nation-wide survey, BMC Psychiatry, 2020, 20:398 https://doi.org/10.1186/s12888-020-02802-x

Hermida AP, Dhingra A, Chapman H, Lunceford A, Janjua U, Job G, Riva-Posse P, Tan A, McDonald W. Electroconvulsive Therapy for the Treatment of Late-life Bipolar

Disorder. The American Journal of Geriatric Psych. April 2020. Volume 28, Issue 4, S143-S144

Hermida AP, Goldstein FC, Loring DW, McClintock SM, Weiner RD, Reti IM, Janjua AU, Ye Z, Peng L, Tang YL, Galendez GC, Husain MM, Maixner DF, Riva-Posse P, McDonald WM; National Network of Depression Centers ECT Task Group. ElectroConvulsive therapy Cognitive Assessment (ECCA) tool: A new instrument to monitor cognitive function in patients undergoing. J Affect Disord. Volume 269, 15 May 2020, Pages 36-42 PMID: 32217341

Pritchett CM, Job GP, Hermida AP. Ultrabrief right unilateral ECT and catatonia: a case series and literature review The American Journal of Geriatric Psych. April 2020 Volume 28, Issue 4, S88

Hermida AP, Petrides G, Lapid M, Nykamp L, Chapman H, McDonald W, Riva-Posse P, Lunceford A, Sanghanai S, Seiner S, Harper D, Rahman A, Kilpatrick E, Sutor B, Johnson E, Walton M, Mueller M, Knapp R, Dillon C, Forester B. Treatment Parameters and Rationale for the use of Electroconvulsive therapy for the Management of Treatment Refractory Agitation in Alzheimer's disease. The American Journal of Geriatric Psych. April 2020. Volume 28, Issue 4, S144-S145 DOI:https://doi.org/10.1016/j.jagp.2020.01.177

Ho MF, Zhang C, Zhang L, Wei L, Zhou Y, Moon I, Geske JR, Choi DS, Biernacka J, Frye M, Wen Z, Karpyak VM, Li H, Weinshilboum R. (2020) TSPAN5 influences serotonin and kynurenine: pharmacogenomic mechanisms related to alcohol use disorder and acamprosate treatment response. Mol Psychiatry. 2020 Aug 4. doi: 10.1038/s41380-020-0855-9. (PMID: 32753686)

Inglis GAS, Zhou Y, Patterson DG, Scharer CD, Han Y, Boss JM, Wen Z*, Escayg A*. (2020) Transcriptomic and epigenomic dynamics associated with development of human iPSC-derived GABAergic interneurons. Hum Mol Genet. 2020 Jul 16:ddaa150. doi: 10.1093/hmg/ddaa150. (PMID: 32794569) (*Corresponding authors)

Lu L, Liu X, Huang WK, Giusti-Rodríguez P, Cui J, Zhang S, Xu W, Wen Z, Ma S, Rosen JD, Xu Z, Bartels CF, Kawaguchi R, Hu M, Scacheri PC, Rong Z, Li Y, Sullivan PF, Song H, Ming GL, Li Y, Jin F. (2020) Robust Hi-C Maps of Enhancer-Promoter Interactions Reveal the Function of Non-coding Genome in Neural Development and Diseases. Mol Cell. 2020 Jun 20:S1097-2765(20)30392-0. doi: 10.1016/j.molcel.2020.06.007. (PMID: 32592681)

McEachin ZT, Gendron TF, Raj N, García-Murias M, Banerjee A, Purcell RH, Ward PJ, Todd TW, Merritt-Garza ME, Jansen-West K, Hales CM, García-Sobrino T, Quintáns B, Holler CJ, Taylor G, San Millán B, Teijeira S, Yamashita T, Ohkubo R, Boulis NM, Xu C, Wen Z, Streichenberger N; Neuro-CEB Neuropathology Network, Fogel BL, Kukar T, Abe K, Dickson DW, Arias M, Glass JD, Jiang J, Tansey MG, Sobrido MJ, Petrucelli L, Rossoll W, Bassell GJ. (2020) Chimeric Peptide Species Contribute to Divergent

Dipeptide Repeat Pathology in c9ALS/FTD and SCA36. Neuron. 2020 May 3:S0896-6273(20)30280-4. doi: 10.1016/j.neuron.2020.04.011. (PMID: 32375063)

Ni C, Jiang W, Wang Z, Wang Z, Zhang J, Zheng X, Liu Z, Ou H, Jiang T, Liang W, Wu F, Li Q, Hou Y, Yang Q, Guo B, Liu S, Li S, Yang E, Zhu XH, Huang X, Wen Z, Zhao C. (2020) LncRNA-AC006129.1 reactivates a SOCS3-mediated anti-inflammatory response through DNA methylation-mediated CIC downregulation in schizophrenia. Mol Psychiatry. 2020 Feb 3. doi: 10.1038/s41380-020-0662-3. (PMID: 32015466)

Qian X, Su Y, Adam CD, Deutschmann AU, Pather SR, Goldberg EM, Su K, Li S, Lu L, Jacob F, Nguyen PTT, Huh S, Hoke A, Swinford-Jackson SE, Wen Z, Gu X, Pierce RC, Wu H, Briand LA, Chen HI, Wolf JA, Song H, Ming GL. (2020) Sliced Human Cortical Organoids for Modeling Distinct Cortical Layer Formation. Cell Stem Cell. 2020 Feb 28. pii: S1934-5909(20)30055-2. doi: 10.1016/j.stem.2020.02.002. (PMID: 32142682)

Sarouphim K M, & Kassem S. (2020). Use of the portage curriculum to impact child and parent outcome in an early intervention program in Lebanon. *Early Years*. Advanced online publication. https://doi.org/10.1080/09575146.2020.1818186

Stubbs KR, Smith CR, Tang Y. The role of cotinine in monitoring smoking cessation in psychiatric patients. Current Psychiatry, 2020, in press

Honors, Awards, Rankings

The Emory Healthcare Veterans Program welcomed Second Lady Karen Pence and a team from the VA and DOD for a tour.

Jennifer Felger received the Emory School of Medicine Researcher Appreciation Day Recognition. She also was awarded a NIH/NIMH grant for *Dopaminergic Therapy for Inflammation-Related Anhedonia in Depression.*

Jessica Maples-Keller was named the Emory BIRCWH Program's 2020 BIRCWH Scholar.

Yilang Tang was recently promoted to be an Associate Editor for Frontiers in Psychiatry.

Sanne van Rooij received the Emory School of Medicine Researcher Appreciation Day Recognition.

Zhexing Wen received the Emory School of Medicine Researcher Appreciation Day Recognition. He also received several grants including an RO1 from the NIH/NIA, an R21 from the NIH/NIMH, an Emory SOM I3 Research Award, an MC3M Grant from the Marcus Foundation/Georgia Tech, and a WHSC Synergy Award.

Aliza Wingo received the Emory School of Medicine Researcher Appreciation Day Recognition.

Presentations

Telsie Andrews Davis and Andrew Burns participated in the Emory School of Medicine's Racial and Social Justice Webinar Series titled "Racial Trauma."

Boadie Dunlop presented an "Overview of Pharmacogenomic Testing for Major Depressive Disorder" the 2020 ASCP virtual meeting.

Michael Martin participated in a Virtual Conference sponsored by AVAPL and The VA Section of Division 18 titled Affirming the Community: Addressing Racial Injustice in VA Psychology.

Dejuan White was the special guest for "Morning Coffee Convos: Black, Indigenous and People of Color Mental Health Awareness," hosted by The Injury Prevention Research Center at Emory, Organization of Latin America and Emory Mental Health Alliance.

Keith Wood is presenting at Grady's Medical Ethics Ground Rounds on Racism in Union: Emory's School of Medicine and Grady Memorial Hospital's Racial History.

Community Benefit Programs and Activities

ABHA - Voting Project - #iVoteABHA - The Atlanta Behavioral Health Advocates (ABHA) are implementing a new project called "iVote ABHA," to keep Congressman John Lewis' legacy alive - "The vote is the most powerful nonviolent tool we have." The goal of this project is to create nonpartisan videos that promote voting, particularly among communities that often do not feel empowered to vote. Please take a moment to watch the videos and share them on social media! Check them out on our website - http://psychiatry.emory.edu/about/abha/voting-project.html

Emory in the Media

Emory Healthcare Veterans Program (1) CBS Atlanta – <u>Second Lady Karen Pence to visit Emory Healthcare on Wednesday</u>. (2) NBC Atlanta – <u>Second Lady Karen Pence Visits Atlanta to Highlight Mental Health for Veterans</u>.

Marianne Celano (1) Psychotherapy Networker – <u>Can Therapists Help Parents Raise</u> <u>Antiracist Kids?</u>.

Nadine Kaslow (1) Fox 5 Atlanta – <u>Shuttered by Pandemic, Atlanta Comedy Group</u>
<u>Finds Laughter, Connection Online</u>. (2) Your Fantastic Mind – <u>COVID-19 – The Kleffner</u>
<u>Family</u>. (3) ABC News – <u>Latino Nurses Push Through COVID-19 Burnout, Sleepless</u>
<u>Nights and Lost Loved Ones</u>.

Mark Rapaport (1) Your Fantastic Mind – <u>Importance of Positive Psychology</u>.

Sheila Rauch (1) Your Fantastic Mind – COVID-19 Mental Health Guide.

Justine Welsh (1) Your Fantastic Mind – COVID-19 and Increased Substance Use.

ADJUNCT FACULTY KUDOS

Melanie Bliss received the Berry College Alumni Association Distinguished Service Award for 2020. She also gave an invited presentation entitled Collective Post-traumatic Stress in 2020 at the Central Presbyterian Church.

Stoute, B.J. (published online 15 September 2020). Racism: A challenge for the therapeutic dyad. *American Journal of Psychotherapy*. DOI: 10.1176/appi.psychotherapy.20200043

Beverly Stoute was elected Co-Chair and Rachel Maree as member, of the historic APsaA initiative, "The Holmes Commission on Racial Equality" to create a path toward change for psychoanalytic clinicians.

TRAINEE KUDOS

Bite-Sized Teaching Presentations:
Presenter #1: Philip Bowers, MD

Title: Now You See Me: A Reminder for the Importance of Cultural

Assessments in Psychiatry

Coach: Ann Schwartz, MD

Presenter #2: Chance Ortego, MD

Title: Treatment-Resistant Psychiatric Manifestations of Cushing's

Disease

Coach: Heather Greenspan, MD

Presenter #3: Bradley Rosenkrantz, MD

Title: Brain on Fire: A Case of Anti- NMDA Receptor Encephalitis

Coach: Ann Schwartz, MD

Ashley Subler was selected as the recipient of the Resident Recognition Award due to excellence in leadership, teaching, and clinical care. Nominator comments included:

- "Ashley is an amazing advocate for the residents to the leadership and accountable to us whenever we need help on the inpatient service. She has organized teaching and research discussions even during the pandemic."
- "Asley has been extremely supportive of the residents in her role as Emory chief and is always available if we need help. She has worked to ensure medical students get exposure to various aspects of psychiatry if they are interested and has done a good job of organizing specific times for teaching each week."
- "I've been impressed with Ashley in the chief role, particularly with handling considerations around clinical issues, including COVID and the changes that have occurred at Wesley Woods. She can liaison between the residents and leadership in a balanced and thoughtful way. She discusses issues in fact and addresses stakeholders directly. In addition, she has been thoughtful in developing a back-up system in the event of resident illness."

Benson Ku was awarded a 2020 AΩA Postgraduate Fellowship.

Mekawi Y, Watson-Singleton N, Kuzyk E, Dixon D, Carter S, Bradley B, Fani N, Michopoulos V, & Powers A. (In press). Racial discrimination and posttraumatic stress: Examining emotion dysregulation as a mediator in an African American community sample. *European Journal of Psychotraumatology*.