

PROFESSIONAL DEVELOPMENT UPDATES

REMEMBER

- **Please send me your accomplishments for the June 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

LEADERSHIP WORKSHOPS

The next Leadership Consultation will be Wednesday June 20th from 9:00-10:30 am and will be held at EP12 in the 1st floor training room. All faculty are welcome to attend, even if they have not participated before.

FACULTY DEVELOPMENT SEMINARS

Details about the next seminar will appear in the June Kudos.

WRITING GROUPS: UPCOMING

The Writing Group offers a structured and supportive environment for people at all stages of the writing process from conceptualization of a writing project through the submission and revision process. Group members offer each other input and resources about potential writing outlets, possible collaborators or mentors for their writing efforts, and even ideas about what to cover. Participating in this group, which meets approximately every six weeks, helps hold people accountable for making progress on various writing projects and overcoming barriers to productivity (e.g., anxiety, time, perfectionism, procrastination, combination of all of the above).

The next writing group at EP12 will be held on Wednesday June 20 from 8:00-9:00am and will be held at EP12 in Room 330.

The VA hosts a writing group through VANTS to allow for maximum participation. The group meets the third Thursday of each quarter, with the next meeting occurring on June 21. If you would like to participate remotely, the conference call number is 1-800-767-1750 and the access code is 12330.

SPOTLIGHT: Joyce Cohen, DVM

Joyce Cohen is the Associate Director and Division Chief of Animal Resources at the Yerkes National Primate Research Center with an appointment of Assistant Professor in Psychiatry and Behavioral Sciences. As Associate Director, Joyce serves as the Attending Veterinarian for Yerkes on Emory's Institutional Animal Care and Use Committee. She has also been serving as Yerkes' Interim Associate Director of Pathology while the center conducts a nationwide search to fill the position.

Working with nonhuman primates has always been Joyce's primary interest and remains the most enjoyable aspect of her position. Although she does not get to work with the animals directly every day in her current roles, the impact of her work on the

welfare for the center's animals still gives her a great sense of accomplishment. For example, Joyce gets the opportunity to make a difference by designing new animal housing that incorporates more social opportunities and outdoor access for the monkeys and making retirement arrangements for chimpanzees who have contributed greatly to research advancements. The ability to enhance animal welfare, while contributing to and facilitating breakthrough discoveries, is a tremendously rewarding experience.

Joyce's journey to nonhuman primate medicine began long before veterinary school, when she considered a career in primatology. Fortunately, her psychology professors at The University of Pennsylvania introduced her to the field of laboratory animal medicine and Joyce realized she could combine interests in medicine, research, behavior and monkeys all in one career. After veterinary school, she completed an internship in emergency medicine and residency in laboratory animal medicine at Memorial Sloan Kettering Cancer Center/Weill Medical College of Cornell/Rockefeller University. After this fantastic exposure to a wide array of research, Joyce came to Yerkes to pursue her passion of working with nonhuman primates. The chance to work with chimpanzees is unique and quite a privilege that will always be a highlight of her career. Throughout her career at Yerkes, Joyce has had many opportunities to collaborate in research on infectious diseases, neuroscience and behavior, as well as engage in field work with potential impacts on conservation. She has especially enjoyed the opportunities to mentor and teach the veterinary residents enrolled in the ACLAM residency program. Every day brings a unique challenge in this career.

Joyce has been an active member of the Association of Primate Veterinarians, serving as an elected Trustee on the Board of Directors and several committees, including chairing the Website and Social Media Committee. In addition, she is the Incoming Chair for the Government and Regulatory Affairs Committee, including a joint appointment on the American College of Laboratory Animal Medicine Government Affairs Committee. The National Primate Research Centers (NPRCs) maintain formal collaborations via several working groups in which she participates, including the Breeding and Colony Management Consortium, the Genetics and Genomics Working Group and the Phenotype Mining and New Model Development Group. These consortiums allow the NPRCs to work together in developing best practices among all of the large primate research facilities.

Away from work, Joyce loves travelling. She finds it amazing to see the different cultures and geography around the world. Of course, she especially loves a trip when she gets to see wild monkeys! There is nothing better than exploring a new land with her family and seeing the world through her young daughter's perspective! When she is in Atlanta, and not bouncing around between gymnastics and soccer, Joyce enjoys walking her dog, running and sailing at Lake Lanier.

Joyce definitely sees herself at Yerkes for many years to come and looks forward to making continued contributions to the field of laboratory animal medicine. Improving

animal welfare will always be a goal of hers as will conducting and supporting critical research at Emory to improve both human and animal health worldwide!

WELCOME TO NEW FACULTY

None noted

THANK YOU TO FACULTY WHO ARE LEAVING

Laurie Vismara is leaving her position as Director of Early Emory Center for Child Development and Enrichment.

DIVERSITY CORNER

Ramadan – Ishrat Khan, MD, Assistant Professor, Atlanta VA. Ramadan is the 9th month of Islamic (Lunar) calendar. It is considered one of the holiest month for Muslims as they believe that the Holy book, Quran, was first revealed by God to prophet Muhammad (may peace be upon him) on a special night called “Laylat Al Qadr”, one of the last ten nights of Ramadan. Quran, decree upon adult healthy Muslims to fast during this month. Muslims believe that fasting cleanse the soul from impurities. They think of it an opportunity to practice self-discipline, sacrifice, and develop empathy for those less fortunate.

Muslims fast during this month for about 29–30 days depending on sighting of the moon. The annual observance of Ramadan is considered by Muslims one of the “five pillars of Islam”.

Ramadan usually begins when a moon sighting committee make an official announcement. People usually greet each other by saying ‘Ramadan Kareem’. This roughly translate to “Happy Ramadan”

Adult Muslims are required to fast every day during this month. During fasting, Muslims abstain from all sort of eating and drinking by mouth including medication. In addition, Muslims are required to refrain from smoking, sexual intimacy, hurtful speech and indecent behavior during the fasting hours of Ramadan. The duration of fasting starts before the beginning of dawn and ends with dusk, which can last for 11 to 16 hours, depending on the time of the year and the geographic location in the world. The Quran has made a clear exemption for the sick, elderly, travelers, children, expectant, or breastfeeding mothers and menstruating women not to fast during Ramadan. Those who travel or are unwell may fast on different days later.

During Ramadan, people start their day with a pre-dawn meal called” suhour” and they break their fast after sunset with a meal called “iftar”. Traditionally they use dates to break their fast. Muslims offer a special long prayer during Ramadan called” Taraweeh” after the regular midevening prayer that last for 1–2 hours. People usually offer this prayer in congregation in their place of worship called “masjid” where the person leading the prayer called “Imam” recites different chapters of the Quran during prayers each

night until the Quran is completed by the end of Ramadan. At the end of Ramadan there is a three-day celebration which is considered a public holiday in Muslim countries. Health care providers need to be aware of several situations that may arise while treating Muslim patients during Ramadan. They need to learn culturally sensitive approach in handling these situations.

Although people who are sick are exempted from fasting, Many Muslims still choose to fast during this month. This may complicate management of chronic diseases such as Diabetes, increase medication nonadherence, may result in refusal of necessary medical tests or examinations such as blood draw, oral, pelvic and genital examination. Healthcare providers treating Muslims patients should inquire about fasting during

Ramadan and offer education on the following.

Advice on Safe fasting given a particular medical condition: Clinician should use their medical judgement when advising patients about safe fasting given a particular medical condition, for example most people with well controlled diabetes should be able to fast, but if fasting is judged unsafe (such as brittle diabetes, kidney disease etc.), clearly communicate this. They may offer referral to Muslim Clergy if so desired by patients, to get spiritual advice on abstaining from fasting.

Medication intake: Patients' medication regimens should be examined with particular attention to timing of doses, to ensure adherence during the fast and to avoid complications. Switching medication to equivalent dosages that can be given once daily or transdermal patch can be an option.

Diabetes: The main concerns in fasting for patients with Diabetes are hypoglycemia, post prandial hyperglycemia, dehydration, and ketoacidosis. Therefore, education about physical activity, food consumption, and medication adjustment is crucial to prevent complications. Studies supports that dietary counseling and education of Muslim diabetic patients who choose to fast during Ramadan are associated with a significant reduction of acute complications. The International Group for Diabetes and Ramadan recommended (2015 guidelines) that Taraweeh prayers should be regarded as a physical exercise with the potential to induce dehydration and hypoglycemia. (I have included BMJ open Diabetes research and care, consensus guide reached by the International Group for Diabetes and Ramadan published in 2015). Individuals with diabetes are advised to drink plenty of water and to guard against hypoglycemia during Taraweeh prayers. Dates, a customary fruit that Muslims break their fast with, are regarded as having low glycemic index, but Moderation such as eating no more than three dates should be advised. Healthcare providers should advise individuals with diabetes about the risk of developing hyperglycemia after Ramadan. Eid al-Fitr festival is usually celebrated with sweets and there is a potential for high caloric intake. It is, therefore, important that healthcare providers emphasize the importance of resuming normal medication dosages and timing.

WELLNESS CORNER

Here are the monthly tips from the department's Wellness Committee:

June and July – Operation: Eat Right!:

- https://ga.vyond.com/videos/00WEEjYRhMHw?utm_source=linkshare&utm_medium=linkshare&utm_campaign=usercontent&ga=1

June 14th – Men's Health Month 5K

- <https://apps.hr.emory.edu/register/details.jsp?event=860>

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Starting July 1, Nadine Kaslow will take on a new leadership role at Grady, directing what will be an umbrella program for the NIA Project and Grady Trauma Project. The goal over the next year for Dr. Kaslow and leaders of the two projects is to develop an integrated program of research, training and clinical activities.

Michael Morrier has been appointed the new Director of Early Emory Center for Child Development and Enrichment.

Mark Rapaport was elected to a three-year term on the Emory University Hospital LHN Committee. The EUH LHN Committee oversees the fulfillment of the Emory Healthcare Network value proposition and facilitates physician recruitment and provider network composition with the LHN's geographic area.

Ann Schwartz has been appointed treasurer of the American Association of Directors of Psychiatric Residency Training, as well as a member of the organization's steering committee.

Education

Congratulations to Boadie Dunlop, Sarah Dunn, Ebrahim Haroon, Jennifer Holton, Brittany Lannert, Jeffrey Rakofsky and Martha Ward for their recognition for the 2018 School of Medicine Educator Appreciation Day.

Research

Felger JC, Haroon E, Patel TA, Goldsmith DR, Wommack EC, Woolwine BJ, Le NA, Feinberg R, Tansey MG & Miller AH. (Accepted). What does plasma CRP tell us about peripheral and central inflammation in depression? *Molecular Psychiatry*.

Johnson S, Goodnight B, Daboin I, Xhang H, Patterson B, & Kaslow NJ. (2018). Compassion-based meditation among African Americans: Self-criticism mediates changes in depression. *Suicide and Life-Threatening Behavior*, 48, 160-168. DOI: 10.1111/sltb.12347

Kully-Martens K, Pei J, Kable J, Coles CD, Andrew G, & Rasmussen C. (2018). Mathematics intervention for children with fetal alcohol spectrum disorder: A replication

and extension of the Math Interactive Learning Experience (MILE) program. *Research in Development Disabilities*, 78, 55-65. DOI: 10.1016/j.ridd.2018.04.018

Oberleitner R, Schwartz J, Morrier M, Rice C, Smith C, Martin B, Reischl U. Autism assessments with A.I. Presented at the annual convention of the International Society for Autism Research, Rotterdam, 2018 (poster presentation).

Sheila Rauch received a notice of intent for funding for her project Improving Function Through Primary Care Treatment of PTSD.

Jennifer Stevens was named a 2018 grant recipient by the University Research Committee and Georgia CTSA for her pilot investigation of neuroendocrine risk mechanisms for post-traumatic stress disorder in women.

Justine Welsh, Kallio Hunnicutt-Ferguson, Robert Taylor, Jeff Sands, Nael McCarty and Sidnee Paschal Young were granted funding by the Georgia Clinical & Translational Science Alliance for their study titled "Women's Recovery Group Adaptation for Young Adults Ages 18-25." The study will be funded by the Pilot Translational and Clinical Studies Program.

Welsh JW, Tretyak V, and Rappaport N. (2018). The Opioid Crisis and Schools: A Commentary. *Journal of School Health*, 88, 337-340. DOI: 10.1111/josh.12617.

Xiao C, Beitler JJ, Higgins K, Huynh LKN, Sudeshna P, Felger JC, Wommack E, Saba NF, Shin DM, Toby G, Bruner DW, and Miller AH. (Accepted). Associations among HPV, inflammation, and fatigue in head and neck cancer patients. *Cancer*.

Honors, Awards, Rankings

Robert Cotes was awarded the 2018 Provider of the Year Award from NAMI Georgia.

Challyn Malone was honored at Grady Memorial Hospital's festivities for Mental Health Awareness Month.

Michael Morrier was re-elected as President of the Georgia Division for Early Childhood, a subdivision of the Division for Early Childhood, a component of the Council for Exception Children.

Michael Morrier presented an invited address at the Department of Public Health's Maternal and Child Health Conference in Athens, GA. The presentation was titled "What is a Board Certified Behavior Analyst (BCBA) anyway?: Collaborating with BCBA's to implement adaptive behavior services under new Medicaid ASD guidelines.

Seth Norrholm has been elevated from Review Editor to Associate Editor for Frontiers in Behavioral Neuroscience.

Cathy Rice was awarded the Outstanding Achievement Award at the 2018 Autism Conference and Expo of Georgia.

Ann Schwartz graduated from the Emory University Academic Leadership Program, which is an eight-month program designed to strengthen academic leadership performance.

Justine Welsh joined the National Network of Depression Centers' Opioid Committee.

Jennifer Wootten was honored at Grady Memorial Hospital's festivities for Mental Health Awareness Month

Quality and Safety Initiatives and Capital Campaign Initiatives

None reported

Community Benefit Programs and Activities

None reported

Facilities

None reported

Emory in the Media

Greg Berns: (1) Science Friday - [What does Your Dog Really Think about You](#); (2) Psychology Today - [Jealous in dogs: Brain Imaging Shows They're similar to Us](#); (3) Wired - [Puppy Brain Scans Could Help Pick the Best Bomb Sniffers](#); and (4) E&T Magazine - [The Hunt for the Thylacine, Australia's Elusive Tasmanian Tiger](#).

Nadine Kaslow: (1) Dance Spirit - [How to Deal with Problematic Dance Partners.](#); (2) Atlanta Journal Constitution - [Public Suicides Traumatize Communities, Leave Unanswered Questions.](#); (3) Atlanta Journal Constitution - [Why Investigators Feel Certain CDC Researcher Killed Himself](#).

Sheila Rauch: (1) NBC News- [Sante Fe, Texas, Shooting Underscores How Americans No Longer Feel Safe](#).

Larry Young: (1) Spectrum' - [Monkey Study Bolsters Case for Brain Hormone's Role in Autism](#).

Other Accomplishments

Faculty Development Committee - Much appreciation goes to Erica Duncan, Adriana Hermida, Nori Lim, Diana Simeonova, Jennifer Wootten and Ray Young for their outstanding and long service on the Faculty Development Committee. They have all completed two terms on the committee.

Diversity and Inclusion Subcommittee – Much appreciation goes to Patrick Amar, Michael Armbruster, Kelsey Bohlke, Hayley Dixon, Dimy Fluyau, Stephanie Johnson,

Danzhao Wang, and Ray Young for their excellent service on the Diversity and Inclusion Subcommittee.

Justin Welsh participated in SAMHSA's Youth and Young Adult Resource Bank for Practitioners Expert Panel, May 21-22, Rockville, MD.

Jennifer Wootten was the moderator for a discussion of "Art and Health" at the Women's Giving Circle for the Woodruff Arts Center and also gave a talk and led a discussion about "What's New in Antidepressants" for the Georgia State Counseling Center staff.

ADJUNCT FACULTY KUDOS

Susan Chance was promoted to the rank of Adjunct Associate Professor.

Susan Reviere was promoted to the rank of Adjunct Associate Professor.

Beverly Stoute was appointed as a Child and Supervising Analyst at the New York Psychoanalytic Institute in New York City.

Beverly Stoute presented two papers: "Curiosity About Difference and What Happens to it: Development Aspects of Race Awareness" at the American Psychoanalytic Association Panel: African Americans and Psychoanalysis: What's Been Going on (and how can We Talk about It) and "Racial Socialization and Thwarted Mentalization" at the Boston Psychoanalytic Society and Institute: Annual Solange Skinner Conference: Race, Racism and Emancipation: Can We See Ourselves as We Are?

TRAINEE KUDOS

Sierra Carter will be joining Georgia State University's Psychology Department as the Next Generation Resilient Youth Faculty hire with tenure track to Assistant Professor.

Amanda Cook Maher will begin a postdoctoral fellowship in adult neuropsychology at the University of Michigan in September.

Courtney Crooks has been accepted into the Psychoanalytic Institute for the fall 2018 program, as well as voted in as a community member to the Atlanta Psychoanalytic Society.

Sarah Debrey was honored at Grady Memorial Hospital's festivities for Mental Health Awareness Month

Next year, Julie Fleming will complete a postdoctoral fellowship in pediatric neuropsychology (two-year program) at Cincinnati Children's Hospital Medical Center.

Oliver Glass has been named the new editor-in-chief of the American Journal of Psychiatry Residents' Journal.

Goodnight JRM, Ragsdale KA, Rauch SAM, Rothbaum BO. (In Press). Psychotherapy for PTSD: An Evidence-Based Guide to a Theranostic Approach to Treatment. *Progress in Neuropsychopharmacology & Biological Psychiatry*.

Jason Hall has been hired as a forensic psychologist at Georgia Regional Hospital after competition of his postdoctoral residency in psychology

Ali Pickover will be joining the PTSD Research and Treatment Team at Columbia University Medical Center/New York State Psychiatric Institute.

Paul Mangal accepted a two-year postdoctoral fellowship in neuropsychology at the San Francisco VA/University of California San Francisco.

Kait Proctor will be working as a psychologist in the Feeding Disorders Program under the leadership of Will Sharp at the Marcus Autism Center and the soon-to-be-opening Center for Advanced Pediatrics upon completed of her postdoctoral residency.

Jayme Puff will be joining Soublis Psychological full-time in private practice after graduation.

Andrew Sherrill and Barbara Rothbaum had their public statement on Returning Veterans and Veteran Health posted to the ADAA website.

Avante Smack will begin a postdoctoral fellowship at Kennedy Krieger Institute working in the Behavior Management Clinic.

Smack AJ, Herzhoff K, Tang R, Walker RL, & Tackett JL (2017). A Latent Class Analysis of Personal Values in Young Adults. *Collabra: Psychology*, 3.

Ashley Ware was awarded the Harley N. Hotchkiss Postdoctoral Fellowship and will begin a research fellowship at the University of Calgary with Dr. Keith Yeates next year.

Carly Yasinski and Barbara Rothbaum had their public statement on Sexual Violence and Trauma posted to the ADAA website.

STAFF KUDOS

Carolyn Knight was rewarded the Clerkship Coordinator Award from the medical student class of 2018.

Sonja M. T. Ziegler, MS, BCBA, and Michael J. Morrier, PhD, BCBA-D, had a poster presentation at the April 2018 Association of Professional Behavior Analysts Conference, titled Playing, Learning, and Growing Together: A Structured Outdoor Play Curriculum in an Integrated Preschool Setting.

Sonja M. T. Ziegler, MS, BCBA, and Michael J. Morrier, PhD, BCBA-D, had a poster presentation at the May 2018 International Society of Autism Research Conference in

Rotterdam, Netherlands, titled Increasing Social Interactions of Preschool Children with Autism Spectrum Disorder through Cooperative Outdoor Play.

PERSONAL UPDATES

Sandra Parks' son, Michael Stanford Parks, was put on SSgt (E-5) last June and is promotion eligible next June for (E-6). This month he graduated with his Associate's in Human Resources Management from the Community College of the Air Force and is in the process of resuming studies to complete his bachelor's degree in engineering.