## EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS SEPTEMBER 2024

#### REMEMBER

Please send me your accomplishments, program/team activities, and personal updates for the October 2024 Kudos

#### **SAVE THE DATES**

#### UPCOMING FACULTY DEVELOPMENT SEMINAR

The following are the dates for upcoming faculty development seminars, which will be held on **Zoom**:

- Wednesday October 9 from 9-10:30am Learn to Control Al Before it Controls You: Increased Efficiency in Research, Clinical Practice, and Education
- Wednesday November 20 from 9-10:30am Publishing for Faculty Focused on Teaching and/or Service

#### **WRITING GROUPS: UPCOMING**

The Faculty Writing Group is the first Wednesday of every month from 8:00-9:00am. However, there will not be a writing group in September. These meetings are on **Zoom**. This group is for faculty including adjunct faculty.

#### **SPOTLIGHTS**

### FACULTY SPOTLIGHT: Rebecca Woo, MD

Rebecca Woo sees patients in the Women's Mental Health Clinic and serves as a clinical consultant with PEACE for Moms, the state perinatal psychiatry access service. As part of PEACE for Moms' initiative to improve access to mental healthcare for pregnant and postpartum people in Georgia, she helped launch the Mothers and Babies program. Mothers and Babies is an evidence protocol developed at Northwestern University, that teaches expectant and new birthing parents skills to prevent postpartum depression. She has been facilitating Mothers and Babies skills groups since March of 2022. Last year they recruited other organizations in Georgia to train in the Mothers and Babies protocol, so they could facilitate groups for their own clients and patients.

In addition to clinical work with the residents and students on the Women's Mental Health elective, Rebecca gets to teach the reproductive mental health topics to the medical students and residents. Reproductive and sexual health are integral parts of health equity and mental health. In the didactic sessions they talk about ways things like sexual and gender expression, contraception and family planning and health education can show up as influences in a psychiatric setting.

Outside of Emory, Rebecca is part of the Sexual Health Alliance of Georgia (AKA "SHAG"), a group of counselors, physical therapists and medical professionals that work in the sexual health space. She is in the process of completing AASECT

certification for sex therapy and recently was certified as a sex educator. She works with the Lifeline for Moms network of perinatal psychiatry access programs across the country, programs like Emory's PEACE for Moms. Georgia has one of the highest maternal mortality rates in the country, many of the deaths are due to mental health conditions. She sits on the state maternal mortality review committee. The goal is to find ways to impact maternal health in a positive fashion and reduce the number of deaths in the months following the birth of a child.

When Rebecca made the shift from Ob/Gyn to psychiatry, her goal was to be the interface between the two disciplines. Even in the best situations, building a family can be filled with grief, anxiety, frustration and sadness. People often struggle under the weight of expectations of uninterrupted bliss and feel guilty because they aren't 100% happy 100% of the time. Underlying the social and emotional impact is role of sex hormones on neuropsychiatric function. Her role as a perinatal and reproductive psychiatrist integrates both her Ob/Gyn skills and her psychiatry skills into clinical care. It's an opportunity to support people in a unique phase of life. She loves teaching the residents and students to think about the role a patient's reproductive health might be playing in their mental health and take that perspective into their own practice. She feels privileged to be a part of someone's story.

In 2015, after eight years of practice, Rebecca retired from Ob/Gyn. She went back to training as a psychiatry resident at MCG. She completed training as a psychiatrist in 2020. Toby Goldsmith mentored her through her psychiatry education and hired her to work with her on PEACE for Moms, which went live in December 2020. She completed a year-long training program in sex education and sex therapy through the University of Michigan in the Spring of 2023.

Looking to the future, Rebecca would like to continue to develop educational programs to strengthen the role of psychiatrists in reproductive health care. Addressing patients' reproductive and sexual health - contraception, sexual side effects, STI testing - can be a small thing and seem unimportant when there are so many other pressing issues. But these issues impact their medication management, social determinants of health and interpersonal relationships in big ways.

Outside of work, Rebecca loves movies, musical theater, board games, culinary adventures and yoga. She has two Boston terriers, a cat and bearded dragon. Rebecca and her husband are both Georgia Tech alums, so they enjoy the proximity to old friends and alumni events like Georgia Tech Crew Alumni reunion. Her son is a freshman at UGA this year, and her older daughter is a junior at Decatur High School in the marching band flag corps. Her youngest is in middle school and dances at Dance Foundry. On weekends Rebecca is usually doing a combination of the above - walking her dogs to a DHS football game, helping out with the Glenn youth musical or heading to meet up with friends for dinner.

ADJUNCT FACULTY SPOTLIGHT: Sarah Juul, MD, MSc

Sarah Juul started her professional life as a medical student at Stanford, where she loved her "crunchy" California medical education that emphasized mutual respect, compassion and cooperation over competition. They didn't have grades and everyone, even the medical students, wore long white coats! She benefited from great bedside teachers who helped her hone her clinical intuition, and she learned to appreciate her emotional sensitivity as an asset in interactions with patients. Before medical school, Sarah had studied global health and infectious diseases at the London School of Hygiene and Tropical Medicine, so initially she planned to become an infectious disease doctor and work in global health. The light bulb went off during a lecture on cultural psychiatry in her pre-clinical years, and she changed course and never looked back! Stanford gave her opportunities for all kinds of learning experiences, and she was lucky to work on many different projects like narrative therapy with Bosnian refugees, gender-based violence and social determinants of health in South Africa and with the WHO in Geneva and studying the "common factors" of psychotherapy in a DBT trial for eating disorders.

After medical school, Sarah felt it was time to leave "The Farm" and came to Emory for residency after being promised by Bill McDonald, who was then the residency director, that it would be a great match for my disparate interests, and it was. She made lifelong friends with her tight-knit residency class and had an excellent Chief Resident as an intern, Sidney Hankerson, who inspired her to also be a Grady Chief as a PGY-4. Marina Demetrashvili was her psychotherapy supervisor all four years of residency, and Adriana Hermida was a wonderful mentor (and eventually, friend) while working in the geri-psych clinic at Wesley Woods. She kept a foot in the global health world with electives at the Carter Center with Thom Bornemann on training mental health workers to provide basic care in post-conflict Liberia. Kelly Skelton and others helped her learn about the importance of conducting psych evals for asylum seekers, something she continues to do to this day.

After residency, Sarah didn't go far, just moved next door from Tufts House to the Emory Clinic, where she was a junior faculty member in the Women's Mental Health Program with Jeff Newport. Jeff supported her plans to further develop as a psychotherapist, and with the help of Steve Levy, she was able to do a short course at the Anna Freud Center in London on a brief psychodynamic treatment for depression, with an idea of adapting and studying the treatment in postpartum depression. At the WMHP, Sarah benefited from years of data collected on women and babies in pregnancy and worked with colleagues in the Department of Psychology on her first (and only!) first-author publication looking at maternal cortisol and affect dysregulation in the postpartum. After Jeff left the WMHP, she was happy to be, as Toby puts it, the yin to Toby Goldsmith's yang, when she took his place as Director. Nadine was her faculty mentor and helped her immensely through early years as a new attending.

During residency, Sarah began to gravitate towards learning psychoanalysis, which she finds to be profoundly transformative, and it became her preferred way of understanding and being with patients. In 2015, she decided to start her own private practice, finding this a better match for her clinical style, but it was very hard to leave Emory, especially

her colleagues and the intellectual nourishment of a university setting. Sarah's psychoanalytic journey has included five years at EUPI, where she sharpened her thinking with help from classes on psychoanalytic theory and practice and supervision, especially valuing Wendy Jacobson's support during her time there. Psychoanalytic training has imbued her with an enjoyment of her own creativity in and out of clinical practice, appreciation for the uniqueness of each individual and understanding of the self-reflection and connection with the unconscious that is required to help others in a deep and meaningful way. She enjoys being able to use both her head and heart in clinical practice on a daily basis.

Currently, Sarah's connection with the department is primarily though teaching and training residents. While at EUPI, she co-taught a course on the History of Psychoanalysis together with Nisha Shah. She has fond memories of learning from Mickey Nardo on his porch in North Georgia, taking copious notes as he waxed poetically about the development of psychoanalytic thought and especially object relations theory that inspired the course at EUPI. This experience has morphed into a series of lectures for the residents on the History of Psychiatry, and it was great to consult with colleagues at Emory and programs around the country to shape the course. In the last few years, Sarah has also been happy to re-connect with her former coresident, Martha Ward, on the Global Mental Health Track for residents and has helped organize a Global Mental Health journal club with the aim of opening the community up to viewpoints far beyond our borders, inviting speakers from as far away as India and Zambia. The best part about teaching for Sarah is continuing to deepen her own knowledge and being invited to see well-worn topics in new and different ways by residents each time she teaches. She has been so pleased to be able to join the Adjunct Faculty workgroup and have another connection to Emory and the department, enjoying many familiar faces in our meetings and some new ones too. In her clinical practice, she is so grateful to have colleagues like Ann Schwartz, Jeff Rakofsky and Karen Hochman on speed-dial for psychopharmacology dilemmas.

Recently, Sarah has dipped her toes back in the waters of global mental health and have what can best be called a "hobby" in the field. After being part of a global mental health course in 2022 and 2023 through the Goa, India-based NGO, Sangath, she has been helping with a maternal depression project in rural Rajasthan. Many of her interests have coalesced around this project, both viewing maternal depression through a social and cultural lens, but also trying to bring concepts like mentalization to bear on the maternal bond in this resource-poor setting.

One thing people may not know but might have been tipped off by Sarah's funny-sounding last name, is she is proudly Danish-American. There are many aspects of Danish life and society that are a big part of her own life here in the US, including being a proponent for making "hygge" (kind of like coziness) part of one's everyday life! Another Scandinavian concept she ascribes to is "Jantelov," a social doctrine that sets limits on greed and excess and values togetherness and community over competition. She also highly values Danish ideals of self-sufficiency, work-life balance, protection of

the environment and of early life/childhood, gender equality and human rights. And if you're lucky, she might even teach you how to say, "rød grød med fløde!"

What is so clear to Sarah in writing this is how much she appreciates her connection with Emory, especially the people! (Maybe it takes a village to grow a psychiatrist?) She is immensely grateful for all Emory has given her and especially for the many people who have helped her along her path.

#### **STAFF SPOTLIGHT: Pauline Chandler**

Pauline Chandler is the Director of Patient Care Service Line for Brain Health for the following departments: Psychiatry, Sleep Centers, Rehabilitation and Neurology divisions. Her responsibilities are to oversee clinical operations, staff management and quality/safety/regulatory compliance. To ensure high-quality patient care, develop policies, drives improvement and supports the organization's success.

Outside of Brain Health, Pauline is an Adjunct Faculty for the Nell Hodgson Woodruff School of Nursing at Emory University. She is also a proud grandmother of six beautiful grandchildren with one on the way in January 2025. In addition, she has three French bulldogs that are her pride and joy and she enjoys spending as much free time with them as she can.

What Pauline most enjoys about her work is being a nursing leader. As a nurse leader, she can positively impact the lives of patients, colleagues and healthcare community. She can motivate and encourage Brain Health teams to achieve their full potential, as well as create new policies, mentor new nurses and drive positive changes in healthcare. At Brain Health, Pauline is learning a new world and that is exciting. She is creating new relationships, collaborating with supportive colleagues who make her smile and believing the work she does has an impact on the organization as well.

Pauline has had amazing opportunities during her tenor at Emory along with working with amazing colleagues. In 2018, she had clinical oversight in creating the Emory Proton Therapy Center. A year later, she ventured into the oncology world and was the Specialty Director and Director of Operations for Oncology Services at Emory Decatur. In February 2024, she accepted the role of Director of Patient Care Service Line at Brain Health. Also, in 2021 she achieved my Doctoral in Nursing Practice.

Pauline's future goals/plans are to obtain a Legal Nurse Certification. She is interested in the legal aspects of how nursing and the law coincide.

Outside of work, Pauline enjoys spending time with family and traveling. I am enthusiastic about learning and find solace in learning more about the world and my profession.

#### TRAINEE SPOTLIGHT: Danielle Currin, PhD

Danielle Currin is currently a postdoctoral fellow with Emory, based at Grady's outpatient clinic, where she works with populations with serious and persistent mental

illness. She is 50% with the Action in Recovery (AIR) Clinic, directed by Erica Marshall-Lee, and 50% with the Bipolar Clinic Research Program, directed by Dorian Lamis. Within each of these clinics, Danielle provides individual and group therapy services, as well as supervise trainees from master's and doctoral level programs. She also aids students in the AIR Clinic with the development and execution of community outreach projects such as food and clothing drives. Additionally, she is engaging in her own community outreach project in the form of psychology education in partnership with Emory's Urban Health Initiative (UHI). Within UHI, she is developing a brief psychology curriculum to present at a high school in the community through their chapter of the Health Career Collaborative.

Outside of Emory, Danielle is co-chair of the Georgia Psychological Association's (GPA's) Annual Meeting Planning Committee. Additionally, she serves as a liaison for GPA's graduate student association. She graduated with her doctoral degree from UCLA in June and is currently making her way through the licensure process.

Learning all the different ways that Danielle can give back to the community has been such an enriching part of her postdoctoral experience so far. This is true in terms of providing mental health services to the underserved in the city where she grew up, having a hand in training the next generation of practitioners and engaging in psychology education through publications, GPA involvement and community engagement. There's both immediate and long-term reward in doing such challenging work.

Danielle's most recent big milestone was in June, when she was rewarded with a PhD for six years (plus all the years before) of studying and training to be a psychologist. Another key highlight, which occurred during her internship year at Emory, was publishing a series of three blog posts to Psychology Today about technology in mental health care and having two of those marked as "essential reads" on the website.

Danielle's plan is to be fully licensed in the state of Georgia around or shortly after the time she completes her postdoc. She is hoping to stay in Atlanta and, if possible, within the Emory/Grady system. For the foreseeable future, her plan is to continue engaging in a combination of direct service (particularly for underserved populations and those living with SPMI), supervision of trainees, advocacy and community outreach. She is excited to see how that all comes together!

Outside of work, Danielle enjoys reading (her most recently finished book was Man's Search for Meaning by Victor Frankl), taking hikes with her dog Rose, volunteering at the Lifeline Community Animal Center, exploring her neighborhood of Decatur and visiting her grandmother in Hiram to eat Philly cheesesteaks and people-watch.

<u>MENTOR SPOTLIGHT: Mike Martin, PhD (written by Erin Elliott, with contributions from Kara Brendle, Miriam Hancock and Michelle Casimir)</u>

Mike's mentorship style is supportive, collaborative, developmental and collegial. He is very approachable, open, understanding, responsive and transparent. Mentees

describe their comfort with reaching out to him and knowing that he will reply. Mike's confidence, engaging manner and direct style of communication further adds to the helpfulness of his mentorship style.

Mike is enthusiastic, knowledgeable, committed to life-long learning and dedicated to training and the development of the psychology profession. He is a genuine advocate for his mentees and the field in general. He helps both new and seasoned employees manage expectations appropriately and maintains a positive outlook on VA Psychology and process improvement initiatives.

Mike is extremely knowledgeable about VA Health Care System system-level conversations, political dynamics and issues at the local and national level. Mike's sharing of this knowledge with mentees has been invaluable given the complexities that can emerge when navigating large health care systems, seeking professional growth opportunities and learning how to create positive changes for veterans, self and staff most effectively.

Mike is readily available and supportive around discussing workplace challenges, professional mentorship needs and career goals. Mike is able to identify unique opportunities for growth while helping mentees build and sustain connections. Several mentees have commented on how they especially appreciate Mike's honesty and willingness to sit with uncomfortable requests and discussions (e.g., change a role, leaving a clinic, etc).

Mike's mentorship has helped his mentees clarify paths to professional development goals and increase their confidence to pursue leadership and other professional opportunities. Several of Mike's mentees now hold institutional, regional and national leadership roles.

Here are two pieces of advice received from Mike that have been passed on to others:

- I've always remembered what he once told me about how he approaches therapy: "Follow the pain." I've incorporated that guidepost and language into my own clinical practice and supervision of trainees. And my own trainees have remarked on how useful they've found that one, simple guideline.
- "I don't think that is for you, let's talk about why."

# <u>PROGRAM SPOTLIGHT: Atlanta Veterans Affairs Health Care System Substance Abuse (Use Disorder) Treatment Program</u>

The Atlanta Veterans Affairs Health Care System (AVAHCS) Substance Abuse (Use Disorder) Treatment Program (SATP) is an outpatient program offering multiple levels of care to Veterans in the greater Atlanta area. SATP is a multi-site, interdisciplinary clinical team. SATP offers evidence-based medications and psychotherapies both in individual and group formats. Medically managed intensive outpatient treatment coupled with community contracted half-way house placement is offered in the SATP, and thousands of Veterans per year benefit from this level of care. SATP also has an Opioid Agonist Treatment Clinic and is the only one offered by VA in the region. SATP

providers serve as consult liaisons to inpatient medicine, inpatient surgery, emergency department and inpatient psychiatry. Outpatient providers are also able to consult with SUD specialists within SATP via electronic consultation. Therapeutic services are offered in-person as well as virtually.

The Veterans Health Administration (VHA) requires SUD treatment services. Over the years, SATP has grown with the need to offer evidence-based, patient-centered care.

SATP is unique in that many SUD programs offer one size fits all programming, whereas this program truly offers treatment plans individualized, and patient centered. Additionally, many community SUD programs are slowly coming around to the idea of offering evidence-based medications for opioid use disorder and alcohol use disorder. SATP on the other hand, routinely offers these medications as indicated. Another thing that separates SATP from others is the family feel of the diverse team. Diversity of training, backgrounds, identity and ideas is a strength allowing the program to continually look for opportunities to improve and meet the needs of the Veterans served, as well as the staff and trainees.

The SATP leadership team is top-notch. Natasha Whitfield, PhD, serves as Director, while Jennifer Casarella, MD, and Hilaire Shongo-Hiango, MD, serve as Medical Directors. Clinical Directors include Joy Reeves, PsyD, Pamela Eilender, PsyD, Kyle Lay, LCSW, and Mindy Mayers, LCSW. Approximately 80 staff make up the program including psychiatrists, psychologists, licensed professional mental health counselors, social workers, nurse practitioners, registered nurses, peer support specialists, vocational rehabilitation specialists and clerical staff. The sites of care for SATP include Joseph Maxwell Cleland Atlanta VA Medical Center in Decatur, Fort McPherson VA Campus in Atlanta, Oakwood VA Clinic in Flowery Branch, Pike County Clinic in Zebulon and Cobb County VA Clinic in Marietta.

SATP is a major training site for the Emory Addiction Psychiatry Fellowship Program, Emory School of Medicine and Morehouse School of Medicine. The AVAHCS offers a stipend to Addiction Psychiatry Fellows for their time training at the VA. Additionally, Yilang Tang, MD, services as the fellowship director and C. Rashad Smith, MD, is the associate program director. Many SATP psychiatrists and some SATP psychologists teach lectures for students training at Emory School of Medicine. SATP psychologists provide supervision for the therapy requirement of the fellowship program. In fact, psychologists and social workers routinely train within SATP from various academic affiliates, which is viewed as an important role in adequately training the field in hopes of making evidence-based therapies more available to those in need. SATP also collaborates with others by offering training opportunities to MH nurse practitioner residents, geriatric and palliative care fellows and pain providers and assists the facility with championing opioid overdose and naloxone distribution and harm reduction efforts.

SATP has the support of the AVAHCS leadership to conduct an annual retreat for staff. The focus of the retreat is on the personal health and well-being of the staff who have

chosen to commit themselves to the often difficult yet largely satisfying work of treating individuals with SUD.

For additional information about the Substance Abuse Treatment Program at the Atlanta Veterans Affairs Healthcare System, contact Natasha Whitfield via <a href="mailto:emailt

#### **NEW FACULTY**

**Donovan Ellis, PhD** – Donovan Ellis is a clinical psychologist and assistant professor in the Department of Psychiatry and Behavioral Sciences. He specializes in the treatment of anxiety, OCD and related disorders among diverse adults and dedicates substantial effort to supporting the Emory OCD and Anxiety Intensive Program and the new Clinic for Anxiety Resilience, Education and Support (CARES) program within Emory Brain Health. He is the Implementation Lead on projects integrating mobile mental health and digital therapeutics within CARES and contributes to several committees at Emory including the Diversity, Inclusion and Social Justice Committee (DISC) and Racial, Ethnic and Cultural Minority (RECM) Faculty committees in the Department of Psychiatry and Behavioral Sciences.

Donovan is fortunate to work with a wonderfully talented and compassionate team in the OCD IOP/CARES programs, collaborating on patient care, consultation, research and training. He describes their team-based care model as truly embodying the ethos of a community of therapists treating a community of patients. He also values the opportunity to supervise and mentor students and trainees across disciplines. Before joining the faculty, Donovan successfully completed his predoctoral internship at Duke University Medical Center, specializing in the Adult CBT/DBT track, and then completed his postdoctoral residency training in health service psychology at Emory. Donovan's goals for the future include continuing to mentor the next generation of mental health professionals while fostering a deep value for curiosity and empirical science, all woven through a social justice framework. He also hopes to start new skills groups serving adults with ADHD and related executive functioning difficulties.

Outside of Emory, Donovan supports various digital mental health start-up and committee initiatives through advising on clinical science and evidence-based practice. He is an inaugural member of the Equity and Action SIG for the International Society for Research in Internet Interventions. Donovan is passionate about leveraging a population health lens to promote early detection, primary prevention and work towards reducing health inequities through innovative, scalable technologies.

Beyond his professional roles, Donovan is in his happy place when he is spending quality time with loved ones, traveling and exploring the newest food or cuisine on his ever-growing "Things to Try in Atlanta" list. He is a self-described "Blerd" and voraciously consumes all things pop culture across mediums including TV/movies, videogames, anime, comics and podcasts. Say hello if you bump into him at your local Con.

Martha Fiskeaux, PsyD – Martha Fiskeaux completed her PsyD in clinical psychology at the Florida School of Professional Psychology at National Louis University. She completed her internship in health service psychology at the Bay Pines VA Healthcare System and postdoctoral fellowship in clinical psychology at Emory Healthcare Veterans Program. She specializes in providing treatment for posttraumatic stress disorder (PTSD), substance use disorders and other comorbid mental health disorders. She is passionate about providing evidence-based and culturally responsive care to underserved populations. Her research interests include exploring ways to expand access to care through massed delivery approaches. She joined the Emory University School of Medicine's Department of Psychiatry and Behavioral Sciences this fall as an assistant professor and licensed clinical psychologist at the Addiction Alliance of Georgia Wesley Woods Clinic. She provides outpatient therapy to adults and adolescents with substance use and other co-occurring mental health disorders.

Belinda McIntosh, MD – Belinda McIntosh returns to Emory's Department of Psychiatry after ten years. She completed her residency training at Emory and has worked in various public and private clinical settings, including Student Health at Emory and Georgia Tech, the Atlanta VA, Skyland Trail and private practice. She brings extensive clinical and teaching experience to her new position as an attending in Grady's Adult Outpatient Behavioral Health Program at Park Place. Her clinical and research interests are in the areas of psychotic disorders and community mental health. Belinda volunteers with statewide and national organizations committed to health equity, mental health and social justice. She serves on the Steering Committee of the Georgia Chapter of Physicians for a National Health Program and the Board of the Episcopal Community Foundation for Middle and North Georgia. She has also served on the Board of Directors of the Georgia Chapter of the American Foundation for Suicide Prevention and actively volunteers with AFSP.

#### **WELLNESS COMMITTEE**

#### The Wellness Committee is recruiting members!

If you have an interest in helping others make better lifestyle choices and create a culture of wellness, we need you! We're looking for members in the Department who are available to meet at least once a month.

Contact Elizabeth McCord <a href="mailto:emccor4@emory.edu">emccor4@emory.edu</a> and Charlotte Van Hale <a href="mailto:charlotte.frances.van.hale@emory.edu">charlotte.frances.van.hale@emory.edu</a> if interested.

#### **FACULTY KUDOS**

#### Research

Cohen S, Goldsmith DR, Ning CS, Addington J, Bearden CE, Cadenhead KS, Cannon TD, Cornblatt BA, Keshavan M, Mathalon DH, Perkins DO, Seidman LJ, Stone WS, Tsuang MT, Woods SW, Walker EF, Miller BJ. Sleep disturbance, suicidal ideation and psychosis-risk symptoms in individuals at clinical high risk for psychosis. Psychiatry Res. 2024 Nov;341:116147. doi: 10.1016/j.psychres.2024.116147. Epub 2024 Aug 20. PMID: 39197223.

Depew R, Lal A, Sivertsen E, Smith A, Johnson LS, Taylor EP Navigating the Ethical Challenges of Clinical Decision-Making for Patients with Mental Illness Presenting with Self-Inflicted Burns *Journal of Burn Care & Research*, 2024 doi:irae176

Hyatt CS, Reddi PJ, Sharpe BM, Michopoulos V, van Rooij SJH, House SL, Beaudoin FL, An X, Stevens JS, Zeng D, Neylan TC, Clifford GD, Linnstaedt SD, Germine LT, Bollen KA, Rauch SL, Haran JP, Lewandowski C, Musey PI, Hendry PL, Sheikh S, Jones CW, Punches BE, Kurz MC, Swor RA, Hudak LA, Pascual JL, Seamon MJ, Harris E, Pearson C, Peak DA, Merchant RC, Domeier RM, Rathlev NK, Sergot P, Sanchez LD, Bruce SE, Miller MW, Pietrzak RH, Joormann J, Pizzagalli DA, Sheridan JF, Smoller JW, Harte SE, Elliott JM, McLean SA, Kessler RC, Ressler KJ, Koenen KC, Maples-Keller JL. Longitudinal associations between five factor model and impulsive personality traits and PTSD symptoms: Findings from the AURORA study. Journal of Research in Personality, Volume 112, 2024, 104524, ISSN 0092-6566.

Ku BS, Yuan Q, Arias-Magnasco A, Lin BD, Walker EF, Druss BG, Ren J, van Os J, Guloksuz S. Associations Between Genetic Risk, Physical Activities, and Distressing Psychotic-like Experiences. Schizophr Bull. 2024 Aug 22:sbae141. doi: 10.1093/schbul/sbae141. Epub ahead of print. PMID: 39171674.

Maples-Keller JL, Michopoulos V. Virtual reality exposure therapy reduces inflammation and symptoms in social anxiety disorder: Is the future here already? Brain Behav Immun. 2024 Aug;120:32-33. doi: 10.1016/j.bbi.2024.05.032. Epub 2024 May 22. PMID: 38788965.

Palitsky R, Kaplan DM, Perna J, Bosshardt Z, Maples-Keller JL, Levin-Aspenson HF, Zarrabi AJ, Peacock C, Mletzko T, Rothbaum BO, Raison CL, Grant GH, Dunlop BW. A framework for assessment of adverse events occurring in psychedelic-assisted therapies. J Psychopharmacol. 2024 Aug;38(8):690-700. doi: 10.1177/02698811241265756. Epub 2024 Jul 31. PMID: 39082259.

Sherrill AM, Mehta M, Patton SC, Sprang Jones K, Hellman N, Chrysosferidis J, Yasinski CW, Rothbaum BO, Rauch SAM. Effectiveness of the massed delivery of unified protocol for emotional disorders within an intensive outpatient program for military service members and veterans. Psychol Serv. 2024 Aug;21(3):649-657. doi: 10.1037/ser0000833. Epub 2024 Jan 11. PMID: 38206861.

Sitar SI, Yarbrough CR, Mataczynski MJ, Peralta AM, Kan M, Crawford ND, Kee C, Young HN, Welsh JW. Qualitative Assessment of Barriers to Buprenorphine Access: The Role of Pharmacies. Subst Use Misuse. 2024 Aug 18:1-9. doi: 10.1080/10826084.2024.2392545. Epub ahead of print. PMID: 39155479.

Spencer SD, Petersen JM, Schneider RL, Guzick AG, & McGuire JF. (2024). Clinical considerations for integrating ethical principles of beneficence in the development of

evidence-based interventions: The case of pediatric misophonia. Research on Child and Adolescent Psychopathology.

#### Honors, Awards, Rankings

The following faculty members were recognized on the 2024 SOM Researcher Appreciation Day:

- Mandy Bekhbat
- David Goldsmith
- Rachel Hershenberg
- Benson Ku
- Sanne van Rooij
- Zhexing Wen

Jordan Cattie obtained her board certification in clinical psychology through the American Board of Professional Psychology.

John Constantino was awarded the Ruane Prize for outstanding achievement in child and adolescent psychiatric research from the Brain and Behavior Research Foundation.

Zachary Johnson received an NIH grant NIH/NIGMS R35 GM155357 (R01 equivalent) for "Cellular, neurogenomic and neuroendocrine mechanisms underlying variation in social behavior."

Ann Schwartz was awarded Distinguished Fellow Member in the Association for Academic Psychiatry.

Jennifer Stevens received the 2024 Mid-Career Innovation Award from the International Society of Traumatic Stress Studies.

#### Education

Raml D, Kerlek A, Russo R, Klapheke M, Thomas L, Escamilla K, Rakofsky JJ. <u>The Pilot of the Psychiatry Standardized Letter of Recommendation in the 2024 Match</u>. Acad Psychiatry (2024).

#### **Presentations**

Armani M, Miller LJ, Holton J, & Celano M. (September, 2024). *Psychiatrists' Role in PCIT Sustainability.* (Poster). PCIT International Biennial Convention, Knoxville, TN.

Andrea Crowell presented a workshop at AAP, "Navigating the Hybrid: Resident education in the 'post' Covid era."

Kallio Hunnicutt-Ferguson (1) presented to the Southeast Georgia Council on Alcohol and Drugs, as well as to Region 11 DFCS Supervisors in Southeast Georgia on Prenatal exposure to alcohol and other substances and impact on child development (2) served as a panelist for the Reproductive and Maternal Health Panel as part of the

Georgia Reproductive and Maternal Justice Summit, advocating for Black Women's health and rights.

Miller LJ, Celano M, & Girard E. (September, 2024). *Using the PCIT-Toddler framework for Parent-Child Reunification*. Clinical case presentation, PCIT International Biennial Convention, Knoxville, TN.

Perez A, Kable J, & Celano M. (September, 2024). *Tailoring PCIT for Children with Prenatal Alcohol Exposure*. Clinical case presentation, PCIT International Biennial Convention, Knoxville, TN.

Perez A, Stewart L, Armani M, Miller LJ, & Celano M. (September, 2024). *Does PCIT Improve the Coparenting Alliance?* (Poster). PCIT International Biennial Convention, Knoxville, TN.

Stewart L, Armani M, Miller LJ, Perez A, & Celano M. (September, 2024). *Simultaneous PCIT with Twin Siblings and Two Therapists*. Clinical case presentation, PCIT International Biennial Convention, Knoxville, TN.

#### **ADJUNCT FACULTY KUDOS**

Hamid Mirsalimi was elected as a Fellow of the Society of Couple and Family Psychology, Division 43 of the American Psychological Association.

#### **TRAINEE KUDOS**

Kinnari Ruikar presented an Educators' Showcase at the AAP Annual Meeting, "Teaching trainees about an ideal crisis care continuum: A case-based learning activity."