# 'EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS JULY 2020

#### REMEMBER

Please send me your accomplishments and personal updates for the August 2020 Kudos

### **SAVE THE DATES**

### **LEADERSHIP CONSULTATIONS**

The next leadership consultation will be held at a time TBD when the shelter-in-place recommendations are over. These peer consultations are valuable to any faculty member in a leadership role or aspiring to such roles.

## **FACULTY DEVELOPMENT SEMINARS**

Below is the information on the faculty development seminars for 2020. We are sending all the information in advance in hopes that people can clear their schedules. All seminars are from 9:00-10:30am and will be virtual this year.

- September 30, 2020 Erotic Transference Stefanie Speanburg, Lauren Schmidt, Patrick Amar, Negar Fani
- December 9, 2020 How to Get Promoted: Service Portfolio Nadine Kaslow, Andrew Furman, Marianne Celano

### WRITING GROUPS: UPCOMING

The Writing Group is the 1<sup>st</sup> Wednesday of every month from 8:00-9:00am at EP12 in Room 554 (unless noted otherwise). The next meeting is Wednesday, August 5, 2020 and will be on Zoom -

https://zoom.us/j/6213030759?pwd=T0hpY056a0N1RFdvWjFlQ3d4UU1vZz09

### **CE WORKSHOP SCHEDULE**

 Friday October 6, 2020, 09:00-12:00pm - Ethics of Pain Management and Opioid Prescribing in Youth and Adults – Jennifer Steiner, PhD, Monica Agoston, PsyD, Boris Spektor, MD

### SUPPORTING OUR EMPLOYEES

### **Emory Together Hardship Fund**

The <u>Emory Together Hardship Fund</u> for Staff and Faculty was created to assist university staff and faculty members who are experiencing a temporary financial hardship. The information below applies only to staff and faculty. If you are an Emory student looking for financial assistance, please apply on the Student <u>Emory Together Fund website</u>.

## **Employee Emergency Fund**

Grady's created an Employee Emergency Fund to provide financial support when our employees face serious and unexpected challenges. As a result of COVID-19, we have temporarily updated the policy, including waiving the 90-day waiting period for new employee eligibility. Qualifying COVID-19 related hardships include childcare, caring for a sick family member, and paying for groceries or rent. View the temporary addendum to the policy here. All applications are confidential. PLEASE NOTE: applications may take up to one week to process. If you wish to contribute the employee emergency fund, please visit https://www.gradyhealthfoundation.org/employee.

## Federal Employee Education and Assistance Fund

The Federal Employee Education and Assistance Fund (FEEA) is the only independent, nonprofit 501c3 organization devoted solely to providing emergency financial assistance and scholarships to our dedicated civilian federal and postal public servants and their families. FEEA also has a for-profit subsidiary, FEEA Childcare Services, which administers childcare subsidy programs on behalf of a number of federal agencies.

# RACIAL ETHNIC AND CULTURAL MINORITY SUBCOMMITTEE

None reported

## **DIVERSITY AND INCLUSION SUBCOMMITTEE**

None reported

## **SPOTLIGHTS**

## **FACULTY SPOTLIGHT: Lauren Gensler, MD**

Lauren Gensler serves as a psychiatrist in the Grady Psychiatric Emergency Room and as an Inpatient Internal Medicine attending. She supervises residents in both her roles, and enjoys teaching. Lauren is the coordinator for the Psychiatry elective for Internal Medicine residents, and is responsible for coordinating schedules and clinical experiences for the residents. She also serves as a resident coach, providing career advice and support to new residents. Recently, she has been part of Emory groups regarding COVID-19 including Caring Communities and the General Medicine COVID-19 Work Group. At Grady, Lauren serves on the Pharmacy and Therapeutics Committee as one of the psychiatry representatives. However, most of her time is spent clinically with patients.

Outside of Emory, Lauren is a member of the Association of Medicine and Psychiatry, the American Medical Association, and the Society of General Internal Medicine.

Lauren is passionate about medical education, and enjoys interacting and teaching medical students and residents. She especially enjoys discussing clinical decision making and improving resident and medical student's evaluation of patients. She also enjoys the diversity and variety of her work as her clinical time is evenly split between Psychiatry and Internal Medicine. Lauren attempts to integrate physical and mental health as much as possible to take care of the whole patient.

Key highlights of Lauren's career include developing and implementing the Psychiatry elective for Internal Medicine, giving didactics for residents, and working with medical students and residents to present and publish case reports. Prior to her current position, Lauren completed Medical School and Residency in Internal Medicine/Psychiatry at Emory University.

Lauren's plans for the future include continuing clinical education and service as well as promoting more mental and physical health integration.

Lauren is married, and lives in Decatur with her husband, two kids, and dog. She enjoys spending time with her family, reading books, and sewing. Since COVID-19 she has also started baking new treats and trying new art projects with her kids.

## STAFF SPOTLIGHT: Veronica Motley

Veronica Motley is a Licensed Professional Counselor with over seventeen years of culturally informed clinical experience. She has spent the last fourteen years in service of individuals living with HIV/AIDS as a mental health clinician at the Emory University School of Medicine Division of Infectious Diseases at Emory University Hospital Midtown and at the Grady Ponce de Leon Center for Well Being. She provides individual and group psychotherapy with specialties in the resolution of trauma; treatment of depression, anxiety, and posttraumatic stress disorder; HIV; interpersonal psychotherapy; issues related to grief and loss; LGBTQ issues; addiction and the development of a nurturing and supportive relationship with the self. Outside of her role at Emory, she is a board-certified Professional Counselor Supervisor. She teaches masters level courses and provides individual psychotherapy, couples counseling, consultation, and clinical supervision to counseling program graduates who are pursuing licensure as associate professional counselors or licensed professional counselors in the state of Georgia.

Career highlights include completing a doctoral degree in Counselor Education and Supervision, founding two support groups for women living with HIV/AIDS and presenting at local, regional, and national conferences. She has facilitated psychoeducation, team building, and emotional intelligence workshops for the African-American Outreach Initiative, Emory Hospital Midtown, Emory Brain Health Center and Grady IDP staff. In addition, she is a member of the Emory Lupus Advisory Research Council, the Licensed Professional Counselors Association of Georgia, the National Board of Certified Counselors, the American Counselors Association and the Association for Counseling Education and Supervision. She was named Doctoral Student of the Year and was recently nominated for the University of Alabama at Birmingham College of Arts and Sciences Distinguished Black Alumni Award. In 2013. she presented a national webinar on supervision feedback sponsored by Education Management Solutions. She is lead author and researcher for a study published in Counselor Education and Supervision, the flagship journal for counselor educators and supervisors. The study titled Evaluating Corrective Feedback Self-Efficacy Changes Among Counselor Educators and Site Supervisors received competitive grant funding

from the Southern Association for Counselor Education and Supervision and has been cited in 27 studies to date.

Interests outside of the workplace include playing piano, rearing two dogs - Monk and Flo-Jo, composting, fitness, baking and gardening. She admits that her most rewarding interest is jazz music. She was a professional vocalist in Fairbanks, Alaska and with the Birmingham Heritage Big Band before moving to Atlanta where she continues to sing, produce, and compose music. She and her partner Gary co-founded a quarterly Jazz Vespers service designed as an outreach initiative which has served the community for 14 years. She is a member of Broadcast Music International (BMI) and several of her compositions have charted on jazz radio stations throughout the US and Canada. She further indulges her love of music by attending concerts and performing with artists and in settings ranging from the LaGrange Symphony Orchestra to, most recently, the 2019 Atlanta Jazz Festival.

Veronica loves being a psychotherapist because she has found no better way to do work that is meaningful and transformative for others while simultaneously transforming, supporting and facilitating her own personal growth and transformation. "Learning life lessons from patients such as resilience, patience, and self-discovery is a gift." Her goals are to pursue emotional intelligence certification and to continue to cultivate expertise in all aspects of the very full life she has been granted.

### TRAINEE SPOTLIGHT: Lauren V. Stice, PhD

Lauren is currently finishing her Emory postdoctoral psychology residency at Grady Hospital, where she works on the Adult Inpatient Psychiatric Units and at the Nia Project, an outpatient program that provides empowerment-focused and culturally-relevant therapy to individuals with a history of suicide and/or intimate partner violence. On the inpatient units, Lauren runs therapy groups, provides patient consultations, and supervises trainees. At the Nia project, Lauren is a senior clinician who provides therapy and supervision and is also involved in team leadership, developing and implementing new initiatives, and helping with research coordination. Lauren has training and expertise in numerous therapy modalities, including Dialectical Behavior Therapy, Motivational Interviewing, Cognitive Behavioral Therapy, and Acceptance and Commitment Therapy, which comes in handy with the variety of patients she works with across settings.

In addition to her day-to-day responsibilities, Lauren has been invited to lead several inservice trainings to colleagues at Emory's Wesley Woods Adult Inpatient Unit and Grady's Behavioral Health Outpatient Center. Lauren is also a founding member of Emory's Caring Communities initiative, an interprofessional group of mental health professionals who mobilized in the face of COVID-19 to provide communities with support, guidance, and compassion. Lauren has developed a number of COVID-19 wellness guides and regularly leads support groups. She also worked closely with faculty to publish a paper in *American Psychologist* last month which proposed a framework, modeled after Emory's Caring Communities initiatives, for managing the behavioral health impacts of the pandemic.

Prior to joining Emory for postdoc, Lauren completed her PhD at the University of Georgia (UGA) Clinical Psychology Program in Athens and her doctoral internship at the Medical College of Georgia/Charlie Norwood VAMC consortium site in Augusta. Lauren is most proud of the wonderful relationships she has developed and maintained with peers and other colleagues over the last seven years. Other highlights of Lauren's career are the experiences she has had working with a vast range of different patient populations (e.g., Veterans, incarcerated women, children with autism, adults with substance use disorders, families and couples, adults with serious mental illness, individuals with personality pathology, patients with chronic suicide and self-harm behaviors). Working with so many different patients in diverse, interprofessional settings has prepared her to work in dynamic and fast-paced settings, and to take on any number of clinical roles.

What Lauren enjoys most about her work is helping patients understand themselves and their life stories in new and validating ways. Lauren is also passionate about mentoring and training. She seeks to create a warm and open environment for helping supervisees develop their skills and their own unique professional identities, and she and hopes to maintain supervisory roles throughout her career. Lastly, as previously mentioned, Lauren highly values relationships with colleagues and getting to know and connect with the people she works with. Working in mental health is rewarding but also challenging. Having a network of colleagues to support and to consult or just check in with after difficult patient experiences helps Lauren stay to centered and self-reflective.

After postdoc, Lauren plans to begin a career at the Atlanta VA. There, she will be working as a staff psychologist at the main VA campus in Decatur. She will be stationed in the "walk-in" clinic as part of the acute mental health service. She looks forward to being the initial mental health point-of-contact for Veterans who need mental health services but are not yet linked up with an appropriate provider. In her role at the Atlanta VA, Lauren hopes to remain involved with mentorship and training. Lauren will also be pursuing an Emory faculty appointment so that she can maintain close involvement with the Emory Department of Psychiatry and Behavioral Sciences.

Outside of the workplace, Lauren is an avid soccer and UGA football fan. Lauren and her spouse, Phil, enjoy attending Atlanta United games (pre-COVID) and making regular trips to Athens to cheer on the dawgs and catch up with old friends. Lauren and Phil bought a fixer-upper in the Edgewood neighborhood a couple years ago and can often be found working on construction and renovation projects around the house. Their current project involves building a home office in the basement, as Lauren and Phil are making room for their first child, a baby girl, who is due in October. Lauren and Phil also own and run a small wine distribution company, Specialty Wines, and are always interested in meeting up with friends, family, and colleagues over a good meal and a bottle (or two) of wine.

### **FACULY COMINGS AND GOINGS**

### WELCOME NEW FACULTY

**Dr. Brian Cooke** and his family just moved to Atlanta from Gainesville, Florida. He went to medical school at Saint Louis University and residency at the University of Maryland/ Sheppard Pratt. He then completed a forensic psychiatry fellowship at Yale. Brian was on the faculty at the University of Florida College of Medicine for the past 10 years. While on faculty, he had roles in the adult and forensic divisions. Brian also expanded his role in medical education serving as weekly small group leader and a course director for the first-year medical students' longitudinal course Introduction to Clinical Medicine. His wife is a radiologist who specializes in breast imaging, working at Piedmont Hospital. Their sons will join the seventh and fourth grades at Lovett. At Emory, Brian will work in the adult clinic and assisting in directing the forensic fellowship.

Carolina Medeiros da Frota Ribeiro is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences. She completed her General Psychiatry Residency at Emory in 2020 and now serves as an attending physician in Grady Hospital's Psychiatric Emergency Services (PES). She is also a faculty member of the Diversity and Inclusion Subcommittee (DISC). Originally from Brazil, Carolina completed her medical training at the Federal University of Ceara in her hometown Fortaleza where she worked with underserved populations throughout her training. After medical school, she moved to the United States to start her residency at Emory University where she had clinical training in a variety of settings, developed psychotherapeutic skills, and dedicated time to the research track studying the impact of inflammation on depression. She was most fascinated by her experience at Grady Memorial Hospital where she eventually returned to serve as one of the chief residents in her final year. During her last year in residency a turbulent one for Grady where a major flood and a global pandemic occurred - she was inspired by how employees, faculty, and residents at Grady are committed to their mission to serve the community even during challenging times. She is excited to join the PES team as a colleague and be able to collaborate with other services and specialties to deliver excellent patient care. She also greatly enjoys teaching and is excited to incorporate clinical teaching and supervision into her work with residents and students. Outside of work, Carolina enjoys reading, taking barre classes, running on the Beltline, listening to records, and having game night with friends.

# THANK YOU TO FACULTY WHO ARE LEAVING

None reported

FACULTY DEVELOPMENT COMMITTEE UPDATES

None reported

**DIVERSITY CORNER** 

None reported

WELLNESS CORNER

Wellness during the COVID-19 Pandemic:

Check out <a href="https://wellness.emoryhealthcare.org/covid">https://wellness.emoryhealthcare.org/covid</a> for a number of resources promoting wellbeing during COVID-19.

# FACULTY KUDOS

# <u>Major Leadership Appointments, Activities and Achievements</u> None reported.

## **Education**

Rakofsky JJ, Talbot TB, Dunlop BW. (202). A virtual standardized patient-based assessment tool to evaluate psychiatric residents' psychopharmacology proficiency. *Academic Psychiatry*. DOI: 10.1007/s40596-020-01286-x

Russo RA, Dallaghan GB, Balon R, Blazek MC, Goldenberg MN, Spollen J, Rakofsky JJ. (2020). Millennials in psychiatry: Exploring career choice factors in Generation Y psychiatry interns. *Academic Psychiatry*. DOI: 10.1007/s40596-020-01272-3

Silberman EK, Ramesh S, Adler D, Sargent J, Moore, T & Blanco M. (2020). Assessing Residents' Skills in Psychiatric Reasoning: the Tufts Test of Formulation and Treatment Planning. *Academic Psychiatry*. DOI: <u>10.1007/s40596-020-01234-9</u>

## Research

Booker J, Fivush R, Graci M, Heitz H, Hudak L, Jovanovic T, Rothbaum BO, Stevens JS. (2020). Longitudinal changes in trauma narratives over the first year and associations with coping and mental health. Journal of Affective Disorders, 272, 116-124.

Brown LC, Murphy A, Lalonde C, Subhedar PD, Miller AH, & Stevens JS. (2020). Post-traumatic stress disorder and breast cancer: Risk factors and the role of inflammation and endocrine function. *Cancer*, *126*, 3181-3191.

Duval ER, Sheynin J, King AP, Phan KL, Simon NM, Martis B, Porter KE, Norman SB, Liberzon I, Rauch SAM. (advance publication online, 19 April 2020). Neural function during emotion processing and modulation associated with treatment response in a randomized clinical trial for posttraumatic stress disorder. *Depression and Anxiety*. 19 April 2020. DOI: 10.1002/da.23022

Jovanovic T, Stenson AF, Thompson, N, Clifford A, Compton A, Minton S, van Rooij SJF, Stevens JS, Lori A, Nugent N, Gillespie CF, Bradley B, Ressler KJ. (202). Impact of ADCYAP1R1 genotype on longitudinal fear conditioning in children: interaction with trauma and sex. *Neuropsychopharmacology*. DOI: 10.1038/s41386-020-0748-2

Kaslow NJ, Dunn SE, Henry T, Partin C, Newsome J, O'Donnell C, Wierson M, & Schwartz AC. (2020). Collaborative patient- and family-centered care for hospitalized individuals: Best practices for hospitalist care teams. *Families, Systems, & Health, 38*, 200–208. DOI: 10.1037/fsh0000479

Katrinli S, Stevens JS, Wani AH, Lori A, Kilaru V, & Smith, AK. (in press). Evaluating the impact of trauma and PTSD on epigenetic prediction of lifespan and neural integrity. *Neuropsychopharmacology*.

Kessler RC, House SL, Beaudoin FL, An X, Stevens JS, & Ressler KJ. (in press). Socio-demographic and trauma-related predictors of PTSD within eight weeks of a motor vehicle collision in the AURORA study. *Molecular Psychiatry*.

Mehta ND, Stevens JS, Li Z, Gillespie CF, Michopoulos V, & Felger JC. (in press). Inflammation, reward circuitry and symptoms of anhedonia and PTSD in trauma-exposed women. *Social Cognitive and Affective Neuroscience*.

Morey RA, Garrett ME, Stevens JS, Clarke EK, & Ashley-Koch AE. (in press). Genetic predictors of hippocampal subfield volume in PTSD cases and trauma-exposed controls. *European Journal of Psychotraumatology*.

Schultebraucks K, Shalev A, Michopoulos V, Grudzen CR, Shin SM, Stevens JS, & Galatzer-Levy IR. (in press). A validated predictive algorithm of posttraumatic stress course following Emergency Department admission. *Nature Medicine*.

Stevens JS. (2020). A grim scorekeeper of biological aging. *Science Translational Medicine*.

Stevens JS. (2020). Brain structural changes in sync with the cycle. *Science Translational Medicine*.

Stevens JS. (2020). Longitudinal risk for PTSD and chronic pain: Shared circuitry in the midbrain? *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*.

Stevens JS. (2020). The neural circuit model in psychiatry pays off. *Science Translational Medicine*.

Tripp JC, Norman SB, Kim HM, Venners MR, Martis B, Simon NM, Stein MB, Murray, Allard CB, Rauch SAM. (2020). Residual symptoms of PTSD following Sertraline plus enhanced medication management, Sertraline plus PE, and PE plus placebo. *Psychiatry Research*, 291. DOI: 10.1016/j.psychres.2020.113279

Vierthaler JM & Elliott EC (advanced online, 16 July, 2020). A shared lived experience of a psychologist battling a mental health crisis. *Psychological Services*. DOI: <a href="http://dx.doi.org/10.1037/ser0000489">http://dx.doi.org/10.1037/ser0000489</a>

Xia L, Jiang, Rakofsky J, Zhang Y, Zhang K, Liu T, Liu Y, Liu H, Tang YL. (2020). Cigarette smoking, health-related behaviors and burnout among mental health professionals in China: A nationwide survey. *Frontiers in Psychiatry*. DOI: 10.3389/fpsyt.2020.00706

## Honors, Awards, Rankings

Faculty awards presented at the 2020 Psychiatry and Behavioral Sciences Graduation:

- Boadie Dunlop Miles Crowder Excellence in Teaching Award
- Lauren Schmidt Medical Student Faculty Teaching Award
- Lauren Gensler General Psychiatry PGY-1 Teaching Award
- Heather Greenspan General Psychiatry PGY-2 Teaching Award
- Sarah Debrey General Psychiatry PGY-3 Teaching Award
- Nadine Kaslow General Psychiatry PGY-4 Teaching Award
- Kallio Hunnicutt-Ferguson OPTP Supervisor Award
- Douglas Lee Child & Adolescent Psychiatry Excellence in Teaching Award
- Kim Dobson-Callahan Supervisor Appreciation Award
- Kindell Schoffner Children's Healthcare of Atlanta Excellence in Teaching Award
- Suzanne Penna Dr. Anthony Y. Stringer Award for Excellence in Neuropsychology Teaching
- Rachel Ammirati Dr. Carol L. Webb Award for Excellence in Teaching at Grady Health System

Marianne Celano, Marietta Collins, and Ann Hazzard's book entitled Something Happened in Our Town made it on to the New York Times bestseller list.

Scott Firestone was included in the 2020 Atlanta Magazine issue of "Top Doctors."

Toby Goldsmith was included in the 2020 Atlanta Magazine issue of "Top Doctors."

Karen Mechanic was included in the 2020 Atlanta Magazine issue of "Top Doctors."

Andrew Miller was included in the 2020 Atlanta Magazine issue of "Top Doctors."

Carrie Poline was included in the 2020 Atlanta Magazine issue of "Top Doctors."

Karen Rommelfanger was promoted to the rank of Associate Professor.

Sanne van Rooij was awarded a Travel Award for the American College of Neuropsychopharmacology Annual Meeting in December.

Liza Zwiebach has been invited to join the Georgia Suicide Prevention Task Force, a group of high-level decision makers representing a wide variety of agencies, organizations and industries that have a crucial role to play in preventing suicide.

### **Presentations**

Burke Garrett conducted an online presentation with the Anxiety and Depression Association of America on "Healing Invisible Wounds."

Jeffrey Rakofsky presented "The Treatment of Bipolar Depression: From Pills to Words" as part of the American Psychiatric Association/SAMHSA sponsored SMI Advisor Webinar Education series.

## **Quality and Safety Initiatives and Capital Campaign Initiatives**

None reported

## **Community Benefit Programs and Activities**

None reported

#### **Facilities**

None reported

## **Emory in the Media**

Emory Healthcare Veterans Program (1) Emory Health Digest – Long Road Home.

Melanie Bliss (1) Atlanta Business Chronicle – <u>Employers can Help Workers Manage</u> Anxiety: 'A Lot of Us Suffer in Silence.

Negar Fani (1) Atlanta Journal Constitution – Stay Calm and Cook on.

Eugene Farber (1) Psychology Today – Thirty-Nine Years Ago in June.

Susi Hupp (1) Psychology Today – <u>You Have Cancer: Finding Hope with a New Cancer</u> Diagnosis during COVID-19.

Barbara Rothbaum & Sheila Rauch (1) OUPblog – Five Questions about PTSD.

# Other Accomplishments

None reported

### **ADJUNCT FACULTY KUDOS**

Bliss, MJ. (2021). Health and Mental Health Consequences from Sexual Trauma Victimizations. In: Geffner R., White J.W, Hamberger L.K., Rosenbaum A., Vaughan-Eden V., Vieth V.I. (eds). *Handbook of Interpersonal Violence and Abuse Across the Lifespan: A project of the National Partnership to End Interpersonal Violence Across the Lifespan (NPEIV)*. New York: Springer Nature.

#### TRAINEE KUDOS

Trainee awards presented at the 2020 Psychiatry and Behavioral Sciences Graduation:

- David Thylur Medical Student Resident Teaching Award
- Diana Woodall PRITE Award
- Brandi Burke Resident Recognition
- Jesse Fredeen Resident Recognition
- Brittany Friend Resident Recognition
- Wellborn Fellowship Scholars

- Trygve Dolber Wellborn Fellowship Scholar Global Health
- Umair Janjua Wellborn Fellowship Scholars Emory Executive Coaching Program
- Eric Stanshine Wellborn Fellowship Scholars Emory Executive Coaching Program
- Joseph Vinson Wellborn Fellowship Scholars Existential-Humanistic Therapy
- Benson Ku General Psychiatry Research Award
- David Thylur Medical Student Resident Teaching Award
- Elsa Friis-Healy Richard Morrell Community Service Award

Au J, Martinez de Andino A, Mekawi Y, Silverstein MW, & Lamis, DA. (2020). Latent class analysis of bipolar disorder symptoms and suicidal ideation and behaviors. *Bipolar Disorders*. doi: 10.1111/bdi.12967

Khoo ATT, Kim PJ, Kim HM, Je HS. Neural circuit analysis using a novel intersectional split intein-mediated split-Cre recombinase system. *Mol Brain*. 2020;13(1):101. Published 2020 Jul 2. doi:10.1186/s13041-020-00640-2

Mekawi Y, Hyatt CS, Maples-Keller J, Carter S, Michopoulos V, & Powers A. (in press). Racial discrimination predicts mental health outcomes beyond the role of personality traits in a community sample of African Americans. *Clinical Psychological Science*.

Mekawi Y, Watson-Singleton N, Dixon D, Fani N, Michopoulos V, & Powers A. (In press). Validation of the Difficulties with Emotion Regulation Scale in a Sample of Trauma-Exposed Black Women. *Journal of Clinical Psychology*.

Benson Ku has been selected for the second cohort (2020-2022) of the School of Medicine Medical Innovation Track, and also received Honorable Mention recognition from the National Institute of Mental Health Intramural Research Program's PGY-4 Psychiatry Residency Program and NIMH Clinical Fellowship.

### STAFF KUDOS

Jill Mast received the prestigious DAISY Award - DAISY is an acronym for Diseases Attacking the Immune System. The DAISY Award was established by the DAISY Foundation in memory of J. Patrick Barnes who died at 33 of ITP, an auto-immune disease. The Barnes Family was awestruck by the clinical skills, caring and compassion of the nurses who cared for Patrick, so they created this national award to say thank you to nurses everywhere.

Shout Out to Charlye Garner - going above and beyond to do her part for the clinic, taking over the nursing responsibilities for people who are furloughed, assuming additional roles to assist with front desk administrative support, and managing difficult parents

Shout Out to Lisa Page – being a real COVID hero, showing up for work tirelessly, adapting to the needs of telemedicine, delivering day in and day out on millions of tasks,

and being a champion who clearly and calmly communicates with frustrated families and protects her team from so much like a fortress would

# **PERSONAL UPDATES**

None reported.