

## PROFESSIONAL DEVELOPMENT UPDATES

### **REMEMBER**

- **Please send me your accomplishments for the August 2018 Professional Development Update**
- **We are now seeking personal, as well as professional updates – See personal updates in this Kudos.**

### **LEADERSHIP WORKSHOPS**

The next leadership consultation will be held on Wednesday October 24, 2018 from 9-10:30am.

### **FACULTY DEVELOPMENT SEMINARS**

The next faculty development seminar will be held Wednesday October 3, 2018 from 9:00-10:30am at EP12 in Training Room 1 – 1<sup>st</sup> floor. Nadine Kaslow, Bill McDonald, and Mar Sanchez will lead a panel discussion about evaluating trainees and giving them feedback.

### **WRITING GROUPS: UPCOMING**

The next Writing Group at EP12 will be held on Wednesday August 1, 2018 from 8:00-9:00am at EP12 Room 525.

### **SPOTLIGHT: Joe Bishop, MD**

Joe Bishop is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences and Attending Psychiatrist at the Atlanta VA Healthcare System. During his 25-year tenure, he has provided teaching and clinical supervision to psychiatry residents, medical students and other allied health professionals during their clinical rotations. He coordinated the clinical case conference at the VA for many years. He gave lectures on evaluation and treatment of mood disorders as part of didactic series for resident psychiatrists. He currently provides clinical supervision and teaching to third year psychiatry residents during their outpatient clinical rotation at the VA.

During his tenure at the VA Health Care System in Atlanta, he has served as an inpatient attending and team-lead of a multi-disciplinary treatment team. He currently serves as Medical Director for the outpatient general mental health clinics located at the main hospital and AVC clinic location on Arcadia Drive. In addition to supervisory roles, he has participated in mental health service line and hospital committees on clinical operations, performance improvement and preparation for joint commission, and other VA regulatory surveys. He has been a long-standing member of the hospital medical records committee, serving as co-chair from 2008 until present. He has also participated in several focused quality management improvement activities at the hospital and mental health service line level.

Joe has a particular interest in the care of patients with serious mental illness. He is working with other leadership to expand the integration of primary care and mental

health clinics in a collaborative care model through expansion of behavioral health interdisciplinary treatment teams. He works to expand recovery-oriented services to veterans through expanded treatment service offerings and community integration. He has been working to increase the offering of clozapine therapy for veterans who may need and/or benefit. He is also working to expand use of telehealth services at the VA.

Joe enjoys traveling and cooking and film, while participating for many years in the Key Cinema Club. He enjoys attending the film series sponsored by the Emory Psychoanalytic Society. He is also a member of the Georgia and National Trust for Historic Preservation.

### **WELCOME TO NEW FACULTY**

Marsha Stern is joining faculty in the newly-established integrated behavioral health clinic at Grady. Marsha completed medical school and a master's in public health at Tulane University in New Orleans. She finished combined residency last month in internal medicine and psychiatry here at Emory. Her interests are in integrated care and improving health outcomes in patients with co-morbid diagnoses. She believes integrating medical and psychiatric services will help to close the gap in outcome disparities among patients with mental illness.

### **THANK YOU TO FACULTY WHO ARE LEAVING**

None noted

### **DIVERSITY CORNER – Americans with Disabilities Act (ADA)**

**LGBT Pride Month: Pride Reflection** (Patrick Amar, MD, Assistant Professor, Grady Health System. This is something that did not come easily for me --pride in being a member of the LGBTQ community and pride in myself. I remember feeling all alone as a boy. I could not tell others about my identity for fear they would hate me and I had no role models of anyone who was openly gay – really not one single person. There were a few teachers who were rumored to be gay but no one who would say so. The only portrayals of gay men were the very silly and frankly offensive Jack on Three's Company and an occasional pedophile on a TV series. There was no Will and Grace yet. I thought there was no way to live a fulfilling and meaningful life as gay man. One turning point in my life came when I saw the movie The Sum of Us with Russel Crowe portraying a young gay man and his father both looking for someone to date. I was amazed at the openness and acceptance with which the father and son dealt with the son's homosexuality. Russel played soccer and was not silly at all. He was honest, caring, and thoughtful. I could actually identify with him. It was exhilarating to see the movie. I felt empowered to be visible and known. Maybe, just maybe, I could actually be my authentic self – not a freakish silly character but not a conforming “normal” person either. If I was going to live my life as a gay man I was going to have to break from expectations and not conform to societal norms. Thank goodness for some caring friends and a good psychoanalyst to help me find my way to pride in being a gay man and in being myself. I think there is a lesson in this for all of us. We all have aspects of ourselves and of our story that can bring up shameful feelings. None of us conforms to society norms completely. We are unique people on a unique path in life and that

makes us all pretty special. We in mental health are very aware of this. We have the privilege of helping people along their unique journey in life. We help people become comfortable with who they are by helping them understand themselves, becoming aware of what they are thinking and feeling, and helping them weave together their unique story. It's at the very heart of the therapeutic relationship. So, this month of PRIDE celebrate your patients! Celebrate you! Celebrate the people you love! Happy Pride!

**Americans with Disabilities Act** (Erica Lee, PhD, Assistant Professor, Grady Health System). July 26<sup>th</sup> is the anniversary of the Americans with Disabilities Act (ADA). In 1990, President George H.W. Bush signed the ADA into law, making discrimination against people with disabilities by employers, educational institutions, transportation providers, public and commercial facilities, telecommunication and state and local government agencies illegal. It was divided into five sections outlining the provision of civil rights protections for individuals with physical, mental, mobility, cognitive, speech and intellectual disabilities. The ADA facilitated many quality-of-life improvements by holding relevant public and private agencies accountable via implementing reasonable accommodations and eliminating a number of barriers many individuals experienced. The Americans with Disabilities Amendments Act (ADAAA) was signed into law in 2008 and expanded the law by making significant changes to the definition of disability.

## **WELLNESS CORNER**

Here are the monthly tips/information from the department's Wellness Committee:

What's in Season? (And Why Does it Matter?) There are many benefits to eating your favorite fruits and vegetables when they're in season. <https://georgiaorganics.org/for-eaters/seasonality>

Dirty Dozen: 2018 Shopper's Guide to Pesticides in Produce.  
<https://www.ewg.org/foodnews/dirty-dozen.php>

We Grow Food – and Food for Thought: The Oxford College Organic Farm.  
<https://oxford.emory.edu/offices-and-services/organic-farm.html>

## **FACULTY KUDOS**

### **Major Leadership Appointments, Activities and Achievements**

Marianne Celano was elected to the Board of Directors of the American Board of Couple and Family Psychology, one of the specialty boards associated with the American Board of Professional Psychology.

### **Education**

Bearss, K, Johnson, C.R., Handen, B.L., Butter, E., Lecavalier, L., Smith, T. & Scahill, L. (2018). *Parent training for disruptive behavior*. New York, NY: Oxford University Press. ISBN: 9780190627812.

Telsie Davis provided a two-day experiential cultural equity training for the faculty/staff/trainees of Vanderbilt University's Counseling Center.

Grus, C. L., Shen-Miller, D. S., Lease, S. H., Jacobs, S. C., Bodner, K. E., Van Sickle, K. S., Veilleux, J.C., & Kaslow, N.J. (2018). Professionalism: A competency cluster whose time has come. *Ethics & Behavior*, 28, 450-464. doi: 10.1080/10508422.2017.1419133

Kaslow, N. J., Grus, C. L., Allbaugh, L. J., Shen-Miller, D. S., Bodner, K. E., Veilleux, J. C., & Van Sickle, K. (2018). Trainees with competence problems in the professionalism domain. *Ethics & Behavior*, 28, 429-449. doi: 10.1080/10508422.2018.143889

Noriel Lim was interviewed in Care for Your Mind on [Why and How to Provide Culturally-Competent Care](#).

Mar Sanchez and Jennifer Felger served as faculty in the Emory-Tibet Science Initiative (ETSI) this June 2018 in India. The ETSI is an educational program specifically designed to teach modern science to Tibetan monastics. This program reflects a collaboration between His Holiness the Dalai Lama, Emory University and the Library of Tibetan Works and Archives. For the past 4 years, Emory faculty have travelled to India to teach Neuroscience at three participating monasteries. This year, Dr. Sanchez and Dr. Felger helped to design and teach the 5<sup>th</sup> year Neuroscience curriculum on "Mind/Body and Internal Regulation," at the Gaden and Sera Monasteries, respectfully.

### **Research**

Celano M, NeMoyer A, Stagg A, Scott N (2018). Predictors of treatment completion for families referred to trauma-focused cognitive behavioral therapy after child abuse. *Journal of Traumatic Stress*, 31, 454-459. DOI: 10.1002/jts.22287

Loucks L, Yasinski C, Norrholm SD, Maples-Keller J, Post L, Zwiebach L, Fiorillo D, Goodlin M, Jovanovic T, Rizzo, AA, Rothbaum Bon (Available online 18 June 2018). You can do that?!: Feasibility of virtual reality exposure therapy in the treatment of PTSD due to military sexual trauma. *Journal of Anxiety Disorders*. DOI: 10.1016/j.janxdis.2018.06.004

Norman SB, Haller M, Kim HM, Allard CB, Porter KE, Stein MB, Venners MR, Authier CC, Rauch SAM, the Progress team (2018). Trauma related guilt cognitions partially mediate the relationship between PTSD symptom severity and functioning among returning combat veterans. *Journal of Psychiatric Research*, 100, 56-62. DOI: 10.1016/j.jpsychires.2018.02.003

Roman KM, Wilson ME, Michopoulos V. (Available on line 19 July 2018). Social status predicts response to dietary cycling in female rhesus monkeys. *Appetite*. DOI: 10.1016/j.appet.2018.07.019. PMID: 30032952

### **Honors, Awards, Rankings**

Jenna Delventura received Faculty Development Funds to participate in the Mindfulness-Based Stress Reduction Training for clinicians at the UC San Diego Center for Mindfulness.

Negar Fani received Faculty Development Funds to be used to attend the American College of Neuropsychopharmacology conference.

Chanda Graves received Faculty Development Funds to be used for her participation in WHEA.

David Goldstein received K23 grant funding from the National Institute of Mental Health for Impact of Inflammation on Reward Circuits, Motivational Deficits and Negative Symptoms in Schizophrenia.

Jennifer Holton received Faculty Development Funds to be used for her attendance at the AAMC Early Career Women Faculty Leadership Development Program.

Kallio Hunnicutt-Ferguson received Faculty Development Funds to be used to completed a Trainer Certification Course in the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders.

Ishrat Khan passed the Geriatric Psychiatry/Psychosomatic medicine combined MOC exam.

Regina Koepp was selected to serve a four-year term on the GPA Ethics Committee, named a member of the Geriatric Mental Health Field Advisory Committee Veterans Affairs Central Office and selected to serve on the Diversity and Inclusion Subcommittee for the Department of Psychiatry and Behavioral Sciences.

Loren Post received Faculty Development Funds to be used towards attendance at the AAMC Early Career Women Faculty Leadership Development Seminar.

Ann Schwartz was promoted to the rank of Professor of Psychiatry and Behavioral Sciences, Clinical Track, effective September 1.

Melissa Smith has been selected to participate in the Emory University School of Medicine 2018 Health Services Research Course.

Jennifer Steiner received board certification in Clinical Health Psychology through the American Board of Professional Psychology.

### **Quality and Safety Initiatives and Capital Campaign Initiatives**

None reported

### **Community Benefit Programs and Activities**

Jordan Cattie, with OCD Georgia, is developing a toolkit to increase effective referrals from community resources and a companion guide for NAMI related to OCD.

Kelly Coffman serves on the Fulton County Criminal Justice and Mental Health Task Force. They are in the planning phase related to reducing rates of incarceration for individuals with serious and persistent mental illness.

Jennifer Holton joined the Board for the Georgia Council for Child and Adolescent Psychiatry.

Kallio Hunnicutt-Ferguson and Justine Welsh have started a group for young women with substance abuse problems at EP12 through their CTSA grant.

Julie Kable serves on Georgia's Division of Behavioral Health and Developmental Disabilities Advisory Council to discuss providing services for individuals with intellectual and developmental disabilities in the State of Georgia. There is a focus on supporting GBHDD in communicating more about the services they provide.

Opal Ousley resurrected the adults' clinic at the Emory Autism Center. They are doing an educational series for families. The first one was on autism and the law and they partnered with the Emory Disabilities Studies. Their next initiative is on helping families get state and federal resources, such as SSI.

Kalpana Prasad is working on a symposium with other panelists from America for the Indian Psychiatric Society 2019 to discuss treatment of physician impairment and how to deal with sexual harassment of women physician complaints.

Jeffrey Rakofsky tabled and spoke about suicide in Georgia on behalf of the Georgia Chapter of the American Foundation for Suicide Prevention during the "Laughter Helps U Deal" comedy show.

Phyllis Rosen conducts assessments and sees patients through the Functional Neurological Disorders Interdisciplinary Clinic and is on the committee to arrange the next conference to be held September 14 and 15 covering "Generating a Research Agenda in FND."

Jennifer Stevens helped out at the Atlanta Science Festival and did a visit to a school in Cobb County.

Rachel Watford spoke at TEDx Decatur with a talk titled *Early Intervention for Psychosis: Building a Broader Mental Health Community*.

Liza Zwiebach volunteers at New American Pathways, a program for refugees. She mentors a high school girl on the pathway to college.

## **Facilities**

None reported

### **Emory in the Media**

Rachel Hershenberg (1) Whimn – [Six Expert-Approved Ways to Calm Your Anxiety Enough to Get Some Sleep](#) (2) Real Simple – [How to Have a Positive Attitude in 9 Frustrating Situations](#).

Erica Lee (1) Fox 5 – [After Violent Attack, Man Finds Healing](#)

Sheila Rauch (1) The Toronto Star – [Danforth Shooting Leaves Toronto Reeling from Another Collective Trauma](#)

### **Other Accomplishments**

None reported

### **ADJUNCT FACULTY**

Betsy Gard was presented with the Outstanding Career of Service Award for her outstanding contribution to professional psychology and the people served at the 2018 Georgia Psychological Association annual meeting. Betsy was also the Plenary Speaker at the Southeastern and Caribbean Annual Red Cross Disaster Divisional Meeting for divisional leadership meetings, as well as presented a workshop on taking care of your workforce. She was also a speaker at the 2018 Georgia Emergency Annual Meeting.

Wendy Jacobson has been named co-chair of the Institute Advisory and Consultation Section of the Department of Psychoanalytic Education in the American Psychoanalytic Association.

### **TRAINEE KUDOS**

Hassan Naqvi was accepted into Yale's Law and Psychiatry Division for a forensic psychiatry fellowship.

### **STAFF KUDOS**

Sandra Parks is working with one of the ministers at her church, Greater Fellowship Missionary Baptist Church in Decatur, to do more in their community and outside of her church.

### **PERSONAL UPDATES**

Emily Jackson adopted two dachshunds after having cats.

James Andon Palanci was born on 6/14 to Justin and Whitney Palanci.