

EMORY DEPARTMENT OF PSYCHIATRY AND BEHAVIORAL SCIENCES KUDOS
JANUARY 2019

REMEMBER

Please send me your accomplishments and personal updates for the February 2019 Kudos

SAVE THE DATE

Everyone is invited to attend an upcoming Continuing Education Workshop entitled “An Overview of Mental Health and Legal Issues related to Working with Refugees and Asylees. The presenters will be Barbara Lopes Cardozo, MD, MPH, Alpa Amin, JD, and Betsy Gard, PhD. The workshop will be held Friday, March 8, 2019, 9:00am – 12:00pm (Registration starts at 8:30am) at the Emory Faculty Office Building (FOB), Room 101 49 Jesse Hill Jr Dr SE, Atlanta, GA 30303, Grady Health System Campus. Please RSVP to Dr. Rachel Ammirati at rammira@emory.edu

LEADERSHIP WORKSHOPS

The next leadership consultation will be on Wednesday February 6 from 9:00am – 10:30am at EP12 1st floor Training Room 2.

FACULTY DEVELOPMENT SEMINARS

We have scheduled all of the 2019 seminars so that people can save the dates. These all will be held at EP12 in the 1st floor training room, Room 2

- April 3, 2019, 9:00-10:30am - Crafting a Professional Identity – Andrew Furman, Rickey Gillespie, Sheila Rauch
- September 18, 2019, 9:00-10:30am - Erotic Transference and Countertransference
- December 5, 2019, 9:00-10:30am - Harmful Supervision

WRITING GROUPS: UPCOMING

The next writing group will be held Wednesday February 6, 2019 at EP12 Room 554.

SPOTLIGHT: Loren Post, PhD

Loren Post is an assistant professor in Psychiatry and Behavioral Sciences, as well as a clinical psychologist in the Emory Healthcare Veterans Program providing evidence-based, cognitive-behavioral treatments for PTSD, anxiety disorders and depressive disorders. Additionally, she is the Associate Research Director of the Emory Healthcare Veterans Program, which involves leading the research staff in studies examining potential biomarkers of PTSD and treatment response in patients, working on the implementation of new studies and overseeing the procedure and administration of the clinical intake assessments. Loren is also a member of the department’s Faculty Development Committee.

Outside of Emory, Loren is currently secretary on the Executive Committee of Division 56 – Trauma Psychology, American Psychological Association. She is also a member of

the Wounded Warrior Project's Warrior Care Network Data and Outcomes Committee and Publications Committee.

Loren most enjoys getting to work with an extremely talented and passionate team, providing stellar evidence-based treatment for PTSD and conduct important research. Loren believes the best part of providing therapy is seeing her patients, who have often been suffering for many years after their traumas, learn how to overcome PTSD and other symptoms and start living their lives again.

Loren earned her undergraduate degree in Psychology and Gender and Sexuality Studies from New York University. She then earned her PhD in Clinical Psychology from Case Western Reserve University with training in the PTSD Treatment and Research Program, and then completed her predoctoral internship at the VA Ann Arbor Healthcare System with a primary rotation in the Women's Mental Health – PTSD Clinical Team. She completed her postdoctoral fellowship at Emory in the Trauma and Anxiety Recovery Program.

Transitioning into Emory faculty and the Emory Healthcare Veterans Program has provided Loren with her dream job. Her research publications and presented work at national conferences focus on transdiagnostic processes between PTSD and co-occurring disorders and treatment factors affecting the effectiveness of evidence-based PTSD treatments. Loren has a goal to help expand and further develop treatment and research programs for PTSD and co-occurring disorders for both veterans and civilians who seek treatment in the Emory community and beyond.

Loren loves spending time walking and playing with her 7-year-old dog, Chloe. She also enjoys keeping up with her longtime friends, reading fiction and eating out at all of Atlanta's incredible restaurants.

WELCOME NEW FACULTY

None reported

THANK YOU TO FACULTY WHO ARE LEAVING

None reported

DIVERSITY CORNER

International Holocaust Remembrance Day – Hannah Potvin, MD, Resident.

Established by the UN in 2005, International Holocaust Remembrance Day, is observed every January 27th, chosen for the day that Auschwitz-Birkenau, the largest of the Nazi labor and death camps, was liberated by the Red Army. This day commemorates the genocide that resulted in the death of an estimated 6 million Jewish people, 5 million Slavs, 3 million ethnic Poles, 200,000 Romani people, 250,000 mentally and physically disabled people, and 9,000 homosexual men by the Nazi regime and its collaborators. As part of the resolution creating the day, the UN encouraged educational programs to prevent future acts of genocide, reject denial of the Holocaust, and condemning intolerance based on religion or ethnic origin. Commemorations are held at the United

States Holocaust Memorial Museum in Washington, DC, Yad Vashem in Jerusalem, and at the UN Headquarters.

The Spring Festival: Chinese New Year – Yilang Tang, MD, PhD, Faculty VA. This year on February 5 starts the Chinese New Year, also called the Spring Festival, which was traditionally a time to honor deities, as well as deceased ancestors. The Spring Festival is probably the most important and celebrated festival for Chinese people. People often spend much effort to thoroughly clean their house to prepare for it and to sweep away any “ill-fortune” and to make way for incoming good luck. Another custom is the decoration of doors and windows with red paper-cuts and couplets. Popular themes among these paper-cuts and couplets include that of good fortune, happiness, health, prosperity and longevity. Other activities include lighting firecrackers and giving pocket money in red envelopes (usually given by senior family members to children). The evening before the Spring Festival is often regarded as an occasion for all Chinese families to gather for the annual reunion dinner. People across the country travel from far away to return their homes, therefore the time around the Spring Festival in China is often the cause of the largest annual mass human migration in the world. According to the Chinese zodiac system, 2019 is the year of the Pig, the twelfth animal in the 12-year cycle. It is said that people born in the year of the Pig are easygoing, happy, trusting, and sincere; while the possible dark sides the Pig people include being naïve, stubborn and self-indulgent. February 5, 2019, marks the beginning of the Lunar New Year, a widely observed holiday in many Asian countries including China, Korea, Vietnam, Malaysia, the Philippines, Singapore, and Taiwan. The week-long celebration ushered in by the New Year is known by multiple names, including the Spring Festival in mainland China, *Seollal* in Korea, *Tết* in Vietnam, and the Chinese New Year in Singapore, Malaysia, Philippines. The New Year beginning on February 5th is the year of the Pig, the twelfth and last of the zodiac animals. Legend has it that the zodiac order was determined by a race between the animals to the Emperor’s palace. The pig was the last to arrive; some say this was because he overslept, and others say a wolf destroyed his house, and he had to rebuild it before joining the race.

The Lunar New Year – Nicole Marie Azores-Gococo, PhD, Adjunct Faculty. Lunar New Year celebrations are marked by several traditional practices, including heavy use of the color red and of firecrackers. Various legends mark the New Year as a time when demons and monsters can roam the earth until dawn. Red decorations, including poems on red banners, and firecrackers are said to protect families from harm as they welcome in the New Year. Children receive money in red envelopes. Finally, people who were born on a previous year of the Pig are thought to be vulnerable to bad luck on subsequent years of the Pig. But they can also ward off misfortune with the color red throughout the year; it’s even recommended that they wear red underwear! More information can be found on <http://chinesenewyear.net>.

WELLNESS CORNER

None reported

FACULTY KUDOS

Major Leadership Appointments, Activities and Achievements

Robert Cotes was promoted to the rank of Associate Professor.

Martha Ward was promoted to the rank of Associate Professor.

Education

Marianne Celano is the Associate Editor of a three volume book entitled *APA Handbook of Contemporary Family Psychology*. Volume 1 focuses on foundations, methods, and contemporary issues across the lifespan. Volume 2 addresses applications and broad impact of family psychology. Volume 3 examines family therapy and training. The following chapters in this compendium were written by members of the department and/or former trainees.

Celano, M. (2019). Competencies in couple and family psychology for health service psychologists. In B. Fiese, M. Celano, K. Deater-Deckard, E.N. Jouriles, and M.A. Whisman (Eds), *APA Handbook of Contemporary Family Psychology (Volume 3)* (pp. 427-448). Washington DC: American Psychological Association.

Celano, M. & Pollard, S.E. (2019). Internship and postdoctoral training in couple and family psychology. In B. Fiese, M. Celano, K. Deater-Deckard, E.N. Jouriles, and M.A. Whisman (Eds), *APA Handbook of Contemporary Family Psychology (Volume 3)* (pp. 483-496). Washington DC: American Psychological Association.

Kaslow, N.J., Platner, A.K., & Domingue, H.K. (2019). Lessons learned in training couple and family psychologists. In B. Fiese, M. Celano, K. Deater-Deckard, E.N. Jouriles, and M.A. Whisman (Eds), *APA Handbook of Contemporary Family Psychology (Volume 3)* (pp. 523-540). Washington DC: American Psychological Association.

Research

The National Center for PTSD's December clinical update issue featured two select articles based on work done by members of the Emory Psychiatry/Atlanta VAHCS PTSD research team: "Surprising results from study of PE, sertraline, and their combination" and "Initial response to PE predicts who is most likely to benefit from additional sessions." (See attached flyer)

Florez, I. A., LoParo, D., Valentine, N., & Lamis, D. A. (2019). Early identification of youth at risk for suicidal behavior: Patterns of identification and referrals from three community behavioral health centers in Georgia. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*. doi: 10.1027/0227-5910/a000569.

Jiang F, Rakofsky J, Zhou H, Hu L, Liu T, Wu S, Zhao P, Liu H, Liu Y, Tang YL. (2019). Satisfaction of psychiatric inpatients in China: Clinical and institutional correlates in a national sample. *BMC Psychiatry*, 19, 19. doi: 10.1186/s12888-019-2011-0

Powers, A., Fani, N., Murphy, L., Briscione, M., Bradley, B., Tone, E., Norrholm, S., & Jovanovic, T. (In press). Attention bias toward threatening faces in women with PTSD: Eye tracking correlates by symptom cluster. *European Journal of Psychotraumatology*.

Tuerk, P.W., Rauch, S.A.M., & Rothbaum, B.O. (2019). Effect size matters: a key neglected indicator of comparative trial quality. *The Lancet*. DOI: 10.1016/S2215-0366(18)30505-4

Watson-Singleton, N. N., Walker, J. H., LoParo, D., Mack, S. A., & Kaslow, N. J. (2018). Psychometric evaluation of the Five Facet Mindfulness Questionnaire in African Americans. *Mindfulness*, 9, 312-324. doi: 10.1007/s12671-017-0776-0

Xiong Y, Li X, Mao Z, Zhao L, Tang Y, & Wang C. (2018). Prepulse inhibition deficits in antipsychotic naive first episode schizophrenia: a metanalysis. *Journal of Translational Neuroscience*, 3, 23-34. DOI: 10.3868/j.issn.2096-0689.2018.02.004

Zwiebach L, Lannert BK, Sherrill AM, McSweeney LB, Sprang K, Goodnight JRM, Lewis SC, & Rauch SAM. (2019). Military cultural competence in the context of cognitive behavioural therapy. *The Cognitive Behaviour Therapist*, 12, e5, 1. doi: 10.1017/S1754470X18000132.

Honors, Awards, Rankings

Rachel Ammirati received Unified Protocol Training certification.

Peter Ash will be receiving the Isaac Ray Award at the upcoming APA Meeting in May for his outstanding contributions to forensic psychiatry.

Negar Fani received an Emory Medical Care Foundation Award Grant for her work on Vibroacoustically-augmented Mindfulness for Dissociative Traumatized Individuals.

Kallio Hunnicutt-Ferguson received Unified Protocol Training certification.

Dorian Lamis joined the Skyland Trail board of advisors.

Grayson Norquist has been selected to receive the American Psychiatric Association's 2019 Distinguished Service Award. The award will be presented at the 2019 APA Annual Meeting in San Francisco.

Quality and Safety Initiatives and Capital Campaign Initiatives

None reported

Community Benefit Programs and Activities

None reported

Facilities

None reported

Emory in the Media

Brian Dias (1) – Psychology Today: [The Paranormal: Can New Science Explain Old Phenomena?](#)

Nadine Kaslow (1) The Science of Personality – The creativity code.

Other Accomplishments

None reported

ADJUNCT FACULTY

Gail Anderson and Lisa Rosof created a psychoanalytic segment for the new Executive Coaching Certificate Program that will launch this spring in the Goizueta Business School.

Sybil Ginsburg is serving on the Department of Psychoanalytic Education Training and Education Committee at American Psychoanalytic Association.

Sharon Harp received her graduation diploma this past fall and is the newest member of the EUPI Faculty. With her new status, she began serving as the faculty representative on the Executive Council and chairing the newly formed committee on Communications and Outreach.

Kendle Jenkins has been certified in adult psychoanalysis by the American Board of Psychoanalysis.

Salley Jessee is serving on the Department of Psychoanalytic Education Training and Education Committee at American Psychoanalytic Association.

Bobby Paul moderated and introduced a panel on “Trauma” at the Centenary Conference of the *International Journal of Psychoanalysis*.

Bruce Rudisch was certified in Adult Psychoanalysis by the American Board of Psychoanalysis.

Nisha Shah represented EUPI at the 54th Annual AK Rice International Group Relations Conference, “Die Hard Dreamers: Leadership and Authority in an Era of Disruption”

Stefanie Speanburg is serving on the Department of Psychoanalytic Education Training and Education Committee at American Psychoanalytic Association.

Beverly Stoute received the 2018 Rieger award from the American Academy of Child and Adolescent Psychiatry for her paper “Racial Socialization and Thwarted Mentalization.”

Jane Yates served on the committee to select a new Executive Director of the American Psychoanalytic Association to replace the outgoing executive director

TRAINEE KUDOS

Mina Boazak was appointed to the ACGME Review Committee for Psychiatry, as well as the Council of Review Committee Residents.

Jessica Chang and Joseph Vinson were selected as Co-Chief Residents for the Outpatient Psychotherapy and Psychopharmacology Clinic at Emory for the 2019-2020 academic year.

Justin Ellis and Michael Lucido were selected as Co-Chief Residents for the Research Track for the 2019-2020 academic year.

Jesse Fredeen and Carolina Medeiros Da Frota Ribeiro were selected as Co-Chief Residents for Grady for the 2019-2020 academic year.

Andrew Furman's seminar with residents on the humanities and psychiatry aired on episode four of Your Fantastic Mind. Residents featured: Justin Palanci, Hannah Potvin, Veronica Novosad, James Ragazzino, Sai Hu and Rachel Conrad.

Justin Palanci received the Resident Recognition Award from the Residency Training Program due to his excellence in leadership, teaching, and clinical care.

Eric Stanshine was selected as the Chief Resident for the VA for the 2019-2020 academic year.

A poster by Jack VanBezooyen, Elon Richman, Cody Browning, Ann Schwartz and Rob Cotes titled Limb Self-Amputation Without Replantation: A Case Report and Management Considerations finished in third place at the GPPA's Joseph & Hope Skobba Memorial Poster Competition.

A poster by Joseph Vinson, Eugene Farber and Andrew Furman titled "A Humanities Approach to Applying Existential-Humanistic Principles for Psychotherapy Competency Development in Psychiatry Residency Training finished in second place at the GPPA's Joseph & Hope Skobba Memorial Poster Competition.

Joseph Wilson will become Chief Resident for Emory University Hospital for the 2019-2020 academic year.

STAFF KUDOS

[Your Fantastic Mind](#) premiered on Georgia Public Broadcasting, Monday, January 28. The tv show is produced, written and hosted by Jaye Watson.

PERSONAL UPDATES

None reported