



## CAPR, coveralls, double gloves

### Checklist

- ① **Batch work** and **plan ahead**, having items available outside each patient room.
- ② If you already have a mask on: **Sanitize** hands. **Remove** mask. **Store** mask. **Sanitize** hands.
- ③ **Put on** first pair of gloves.
- ④ **Remove** the lens protector liner from the front side of the lens cuff.
- ⑤ **Secure** the lens cuff by **aligning** the center hole over the center attachment post on the helmet.
- ⑥ **Attach** the left and right side lens cuff mounting holes over the left and right side attachment posts of the helmet.
- ⑦ **Lift** the cuff flappers to rest against the foam pads at the ends of the comfort strip.
- ⑧ **Insert** the power cord connector into the battery.
- ⑨ **Check** the LED lights to ensure the battery is fully charged.
- ⑩ **Adjust** fan speed to comfort.
- ⑪ **Secure** the battery to the belt using the battery clip.
- ⑫ **Secure** the belt around the waist.
- ⑬ **Turn** ratchet knob counterclockwise to loosen the headband.
- ⑭ **Hold** the helmet near the rear headband with one hand, pull down on top of the lens cuff with the other.
- ⑮ **Place** the chin into the lens cuff while pulling the helmet over and down on the head.
- ⑯ **Turn** the ratchet knob counter clockwise to tighten the headband.
- ⑰ **Slide** the fingers around the cuff under the chin to **ensure** slight tension.
- ⑱ **Check** for proper fit, ensure:
  - The cuff flappers are perpendicular to the head.
  - The bottom of the headband rests 1/2 inch from eyebrows.
  - LED indicators are in your peripheral vision. ED indicators are in your peripheral vision.
  - The cuff flappers are 1/4 inch from the temples.
- ⑲ If the headband is not in an appropriate height, doff, adjust the headband height position, and redo.
- ⑳ **Put on** coveralls outside room. Open-end **faces** your front. **Zip up** the front of the coveralls.
- ㉑ **Sanitize** first pair of gloves.
- ㉒ **Put on** second pair of gloves.
- ㉓ **Sanitize** second pair of gloves.
- ㉔ **ENTER room. DO NOT enter** the room if you do not achieve a proper fit of the CAPR system.
- ㉕ **Do not** touch or re-adjust CAPR system inside the room.



**CAPR, coveralls, double gloves**

**Next patient: COVID+**

## Checklist

### Inside room

- ① **Sanitize** outer gloves.
- ② **Remove** outer gloves.
- ③ **Sanitize** inner gloves.
- ④ **Exit** the patient room.

### Outside room

- ① **Sanitize** inner gloves.
- ② **Put on** fresh outer gloves.
- ③ **Walk** to next patient with confirmed COVID-19 (marked) while **remaining** in marked zone.
- ④ **Do not touch** your face, the walls, rails, or anybody else until reaching the next room.
- ⑤ **Sanitize** outer gloves.
- ⑥ **Enter** NEXT COVID-19 patient room or area.
- ⑦ **Do not** touch face or re-adjust CAPR system inside room.



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**Next patient: NOT COVID+**

## Checklist

### Inside room

- ① **Sanitize** outer gloves.
- ② **Remove** outer gloves.
- ③ **Sanitize** inner gloves.
- ④ **Wipe down** torso, arms, and legs.
- ⑤ **Sanitize** inner gloves.
- ⑥ **Zip down** coveralls.
- ⑦ **Grasp** coverall around lower back area and **pull** down.
- ⑧ **Remove** coveralls from shoulders and **pull** down below knees.
- ⑨ **Remove** and **step out** of the coveralls by marching and stomping on the arms of the coveralls.
- ⑩ **Remove** into bin for reuse without touching outside of coveralls.
- ⑪ **Sanitize** gloves.
- ⑫ **Exit** patient room.

### Outside room

- ① **Sanitize** gloves.
- ② **Place** first wipe on table.
- ③ **Grab** lens cuff at the left and right side attachments. **Remove** and by pulling outward and forward.
- ④ **Place** lens cuff on wipe.
- ⑤ **Wipe** front and back of lens cuff. **Allow** to dry.
- ⑥ **Store** lens cuff in a gallon sized bag labeled with your name.
- ⑦ **Sanitize** gloves.
- ⑧ **Place** second wipe on table.
- ⑨ Grasp outer-shell of helmet and **take off**. **Ensure** that the helmet cord doesn't touch your body.
- ⑩ **Place** helmet on first wipe.
- ⑪ **Sanitize** gloves.
- ⑫ **Put on** mask.

- ⑬ **Wipe** inside of the helmet.
- ⑭ **Sanitize** gloves.
- ⑮ Hold inside of the helmet and **flip** onto second wipe.
- ⑯ **Wipe** outside of the helmet.
- ⑰ **Sanitize** gloves.
- ⑱ **Wipe** helmet cord.
- ⑲ **Sanitize** gloves.
- ⑳ **Remove** and **wipe** battery.
- ㉑ **Sanitize** gloves.
- ㉒ **Remove** belt and **wipe**.
- ㉓ **Sanitize** gloves.
- ㉔ **Remove** gloves.
- ㉕ **Wash** hands.