

Division of *Hospital Medicine*

Rounds and Reflections



Department of Medicine

July 1, 2025



Welcome to the Emory Division of Hospital Medicine Division Newsletter

#WeAreEDHM

Director's Take:

Looking Ahead: Steadfast
Through Uncertainty

Updates and Upcoming Events: Save-the-dates for faculty development workshops, SHM chapter events, and Grand Rounds.

Celebrations:

Congratulations to our amazing Hospitalists for all the awards, talks, and publications!

Evidence-Based Medicine

Corner: Does screening for or empiric supplementation with vitamin D improve clinical outcomes in hospitalized Patients?

EDHM Spotlight: Meet Sheila Harris, whose behind-the-scenes expertise and unwavering support have been instrumental to the Division of Hospital Medicine.

Director's Take



Dan Hunt, MD

I am excited to contribute to the first issue of the Division of Hospital Medicine Newsletter, "Rounds and Reflections". Thank you to the terrific team that is the creative force behind this effort. For a division as large and complicated as ours, we need to find more ways to connect, to share our successes, and to learn from each other. I am hopeful that you will enjoy and celebrate each newsletter and will be inspired to contribute.

Our division recently completed our annual engagement survey, and after reviews by the leadership team, we're sharing the results and formulating next priorities based on robust comments and suggestions.

One of the many things I love about our division – lots of great ideas and opinions. And we're in annual career conference season – I just had my conference with our Chair, Dr. Carlos del Rio. An opportunity to reflect, self-assess, and set my goals for the future. I hope each of you are taking time to do the same and I look forward to hearing about your goals.

I think we would all agree that these are undoubtedly challenging and uncertain times, and like many of you, I've found myself reflecting deeply on what lies ahead. Nevertheless, I am sustained and inspired by your outstanding clinical care, our division's collective accomplishments and goals, and faith that we'll get through the tough times together.



Faculty Development Updates

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Upcoming Events: Save the Date!

- EDHM Research Day, August 22 (**Abstract deadline: July 7**)
- EDHM Clinical Vignette Competition, September 12 (**Abstract deadline: July 28**)
- Southern Hospital Medicine, September 25-27 (**Abstract deadline: July 28**)
- Emory Department of Medicine Research Day, October 30 (**Abstract deadline TBD**)
- Georgia ACP, October 24-26 (**Abstract deadline: July 22**)
- Atlanta POCUS, **November 6 and 7, 2025**
- Faculty Development Award application **due July 31**.

Ongoing Events

WHAT IS
happening?



- Write Here, Write Now (alternating third/fourth Mondays of the month at 2 PM; next meeting July 21)
- EDHM Grand Rounds (every other Friday at 1 PM)
- 2025 Career Conference & Performance Review: [Check the CCPR Guidance](#)
- Faculty Development Workshops at each site.



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Celebrations!

DOU Hospitalists Dr. Rashida La Barrie and Dr. Yoseph Tekleyes were featured in Apple Newsroom



Welcome to EDHM New Hospitalists !!



Dr. Oziomo Akaranta– EDH

Dr. Semere Tesfamariam– EDH

Dr. John Davis – EUH

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Celebrations: National Awards



Dr. Joanna Bonsall: Clinical Leadership for Physicians award, Society of Hospital Medicine, 2025



Dr. Dustin Smith: Excellence in Teaching award, Society of Hospital Medicine, 2025



Dr. Bhargav S. Marthambadi



Dr. Parul Dutta

ACP Internal Medicine Meeting 2025, Early Career Physician Poster Winners: 'A rare case of *Neisseria meningitidis* with purpura fulminans'



Dr. Caroline Coleman: Winner of the Second Annual Teaching Invitational "Avoiding IV Iodinated Contrast in AKI or CKD"

Related publication: Coleman C, Trubitt M, Topf J, Amin M. Things We Do for No Reason™: Avoiding intravenous iodinated contrast material in patients with acute kidney injury or chronic kidney disease. J Hosp Med. Published online April 21, 2025. doi:10.1002/jhm.70063



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Celebrations!



2025 Department of Medicine Health Equity Day Winner, Outstanding Scientific Citation:

Forrester N, Keyes JZS, Cajimat R, Burklin Y, Hall MAK, Cobb J. Undiagnosed HIV in Patients on Immunosuppressive Medications Presenting with HIV-Associated Kidney Disease. South Med J. 2024 May;117(5):254-259. doi: 10.14423/SMJ.00000000000001688.



Patricia Hwang was awarded a grant from Dexcom, Inc. for a sponsored workshop at the Southern Hospital Medicine Conference in September 2025



Professor, Non-Tenure:

- Dr. Joyce Akwe, MD, MPH, FACP
- Dr. Ketino Kobaidze, MD, PhD



Scan for all the recent EDHM **Publications!**



Interested in Promotion?

Check out the Promotion Roadmap!



CV Fillable Template



2025-2026 Clinical Distinction Program

Call for clinical distinction nomination: **open until July 11.**

Reach out to your Site director/division director to express your interest in the nomination.

Check out the Criteria



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Clinical Scenario: A 45-year-old man with type 2 diabetes and hypertension is hospitalized for diabetic ketoacidosis. As his condition improves, the hospitalist wonders if this might be a good opportunity to screen for vitamin D deficiency.

Clinical Question: In hospitalized adults without specific indications, does screening for or empiric supplementation with vitamin D improve clinical outcomes?

Evidence Summary: In 2024, the Endocrine Society withdrew its prior definitions of vitamin D “sufficiency” and “insufficiency,” citing the lack of reliable thresholds that correlate with meaningful clinical benefit in adults.

The guideline advises against the routine measurement of vitamin D levels in the general population (1).

What about empiric vitamin D therapy supplementation?

A meta-analysis of 25 randomized controlled trials ($n = 49,879$) in adults aged ≥ 75 years found a non-statistically significant reduction in all-cause mortality with daily supplementation (average dose 900 IU/day; risk difference -6% , 95% confidence interval: -11% to 0%) (2).

For adults under 75, the Endocrine Society advises against routine testing or empiric vitamin D unless specific indications are present—such as hypocalcemia, end-stage renal disease (ESRD), osteoporosis, or fragility fractures (3).

Take-Home Point: I will **avoid** screening for vitamin D in most hospitalized adults. **Exceptions** include patients with hypocalcemia, ESRD, and fragility fractures. I will recommend empiric vitamin D for my patients older than 75.

References:

1. McCartney CR, McDonnell ME, Corrigan MD, Lash RW. Vitamin D Insufficiency and Epistemic Humility. *J Clin Endocrinol Metab.* 2024;109(8):1948-1954. doi:10.1210/clinem/dgae322
2. Liu ES, Davis AM, Burnett-Bowie SM. Vitamin D for Prevention of Disease. *JAMA.* 2025 May 27;333(20):1824-1825. doi:10.1001/jama.2025.2278.
3. Demay MB, Pittas AG, Bikle DD, et al. Vitamin D for the Prevention of Disease: An Endocrine Society Clinical Practice Guideline. *J Clin Endocrinol Metab.* 2024;109(8):1907-1947. doi:10.1210/clinem/dgae290.



EDHM Spotlight

Q: What is your fondest memory of the early days of the division?

A: My fondest memory from the early days was my orientation in 2005. I arrived on Valentine's Day, and in addition to the usual orientation activities, there were special treats and games to celebrate the occasion. I remember thinking, "What a wonderful company to work for."

Q: What is your view on how the division has evolved?

A: When I first started, we were a small department of just 25 hospitalists. Since then, I've watched Hospital Medicine grow into a division with over 300 employees. It's been a privilege to be part of so many meaningful initiatives throughout this incredible journey.

Q: What are you excited about for our division's future?

A: I'm excited because I know the opportunities within this department are endless. I'm also grateful to work alongside and share my space with a diverse group of incredible people from all cultures and backgrounds.

Q: Anything else you would like to share?

A: Being on this journey for over 20 years in this department has taught me patience and humility. I am looking forward to seeing what comes next.



Sheila Harris
Supervisor, Operations



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EDHM Kudos!

- Congrats to [Dr. Sarah Decaro MD](#), for the appointment as the Chief Medical Officer to EUH/EUOSH!
- Congrats to [Dr. Shaheen Fatima MD](#), who was selected as the Secretary of the new Research Special Interest Group at the Society of Hospital Medicine!



Share your Kudos with EDHM!

Congrats to EDHM colleagues who were recognized by the Department of Medicine as incredible educators! **#WeAreEDHM!**

Stay Connected!

EDHM Faculty Development Team:

- Annie Massart
- Manpreet Malik
- Monica Perkins

Newsletter Team:

- Manpreet Malik
- Maha Sulieman
- Faiqa Malik
- Rashida La Barrie
- Babar Junaidi
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