



***ADULT GENETICS  
PATIENT QUESTIONNAIRE***

NAME:	_____
ADDRESS:	_____
PHONE:	_____ BIRTHDATE: _____

Instructions: Please answer all questions to the best of your ability.

Check all questions asking for *yes* or *no* answers appropriately, but leave blank if you are not sure.  
Leave Comments blank as these will be filled in by the physician.

**GENERAL HEALTH** (circle)      Excellent      Good      Fair      Poor

If you answered “fair” or “Poor”, please explain:

**PAST MEDICAL HISTORY**

MEDICAL ILLNESSES	YES	NO	YEAR	COMPLICATIONS	COMMENTS
Cancer					
Diabetes					
Blood disorders					
Heart disease					
High blood pressure					
Liver disease					
Glandular disorders					
Skin disease					
Neurologic disorders					
Emotional disorders					

Any other illnesses you have had:

**SURGERY** (list any surgery you have had)

Year	Complications	Comments

**MEDICATIONS** (list all medications which you now take regularly)

Medication	Amount per Day

**ALLERGIES:** (list all drugs or substances to which you are allergic and specify type of reaction [i.e. itching, rash, hives, wheezing, swelling, etc])

Allergy	Reaction

**PLEASE CHECK ANY OF THE FOLLOWING THAT MIGHT BE IN YOUR FAMILY:**

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Anencephaly (open skull)</li> <li><input type="checkbox"/> Arthritis or rheumatism</li> <li><input type="checkbox"/> Blindness or eye problems</li> <li><input type="checkbox"/> Bone disorder</li> <li><input type="checkbox"/> Cancer Type _____</li> <li><input type="checkbox"/> Cerebral palsy</li> <li><input type="checkbox"/> Chromosome abnormality</li> <li><input type="checkbox"/> Cleft lip/palate</li> <li><input type="checkbox"/> Cystic fibrosis</li> <li><input type="checkbox"/> Deafness</li> <li><input type="checkbox"/> Down syndrome (mongolism)</li> <li><input type="checkbox"/> Epilepsy or seizures</li> <li><input type="checkbox"/> Female Breast Cancer</li> <li><input type="checkbox"/> Goiter</li> <li><input type="checkbox"/> Hardening of the arteries (early age)</li> <li><input type="checkbox"/> Heart defect</li> <li><input type="checkbox"/> Hemophilia (bleeding tendency)</li> <li><input type="checkbox"/> High blood pressure</li> <li><input type="checkbox"/> Hydrocephalus (water on brain)</li> <li><input type="checkbox"/> Immunity problems (allergy)</li> <li><input type="checkbox"/> Infertility</li> <li><input type="checkbox"/> Kidney disease</li> <li><input type="checkbox"/> Limb defects</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Male breast cancer</li> <li><input type="checkbox"/> Malformations or birth defects</li> <li><input type="checkbox"/> Mental illness or retardation</li> <li><input type="checkbox"/> Metabolic problem</li> <li><input type="checkbox"/> Muscular dystrophy</li> <li><input type="checkbox"/> Neurofibromatosis</li> <li><input type="checkbox"/> Neurologic or degenerative disorder</li> <li><input type="checkbox"/> Seizures</li> <li><input type="checkbox"/> Short stature (under 5 ft)</li> <li><input type="checkbox"/> Sickle cell anemia</li> <li><input type="checkbox"/> Skeletal problems (like easily broken bones or curvature of the spine)</li> <li><input type="checkbox"/> Skin disease (including dark or light patches of skin)</li> <li><input type="checkbox"/> Spina bifida (open spine)</li> <li><input type="checkbox"/> Strokes</li> <li><input type="checkbox"/> Tall stature (above 6'1")</li> <li><input type="checkbox"/> Urinary tract abnormality</li> <li><input type="checkbox"/> Other _____</li> <li><input type="checkbox"/> None of the above</li> </ul> <p>Indicate relationship of affected family member to you.</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> |
|---|---|

**REVIEW OF SYSTEMS:** Please check *yes* and *no* as deemed appropriate regarding the following symptoms. If you are not sure, leave blank. Leave comments blank.

No	Yes	General	Comments
		Weakness	
		Tiredness Early morning Late afternoon	
		Lack of appetite	
		Excess appetite	
		Weight loss	
		Weight gain	
		Chills	
		Fever	
		Night sweats	
		Difficulty in sleeping	

No	Yes	Eyes, Ears, Nose, Throat	Comments
		Decreased ability to see	
		Blurred vision	
		Spots before your eyes	
		Infection of the eyes	
		Difficulty in hearing	
		Ringing in your ears	
		Pain in your ears	
		Discharge from the ears	
		Nosebleeds	
		Running of the nose	
		Stiffness of your nose	
		Sneezing	
		Post-nasal drip	
		Sinus trouble	
		Hay fever	
		Sore throat	
		Hoarseness	
		Pain in the neck	
		Dental trouble	
		Bleeding gums	

No	Yes	Respiratory	Comments
		Dry cough	
		Cough up phlegm	
		Cough up blood	
		Wheezing	
		Asthma	

No	Yes	Respiratory	Comments
		Shortness of breath at rest	
		Shortness of breath at exertion	
		Pain in the chest when you cough, sneeze or move.	

No	Yes	Cardiovascular	Comments
		Chest pain, tightness or squeezing	
		Shortness of breath lying down	
		Need to sit up to breathe	
		Heart racing	
		Irregular heart beat (palpitations)	
		Heart murmur	
		Swelling of the legs	
		Varicose veins	
		Leg pain at rest	
		Leg pain when exertion	
		Blue or purple discoloration of hands or feet	

No	Yes	Breasts	Comments
		Lumps	
		Pain	
		Discharge	

No	Yes	Gastrointestinal	Comments
		Nausea	
		Vomiting	
		Diarrhea	
		Constipation	
		Heartburn	
		Abdominal pain	
		Bright red blood in stools	
		Black stools	
		Change in bowel habits	
		Food intolerance	
		Need for antacids	
		Hemorrhoids	

No	Yes	Urinary	Comments
		Urinary tract infections	
		Pain or burning on urination	
		Frequent urination – day	
		Frequent urination – night	
		Unusually large volumes of urine	
		Extreme urge to urinate	
		Difficulty starting urinary stream	
		Difficulty stopping urinary stream	
		Kidney stones	

No	Yes	Genito-Reproductive (Male)	Comments
		History of venereal disease	
		Discharge from penis	
		Testicular pain	
		Lumps in testicles or scrotum	
		Decrease in testicular size	
		Decreased sexual desire	
		Decreased ability to achieve erection	

No	Yes	Genito-Reproductive Female)	Comments
		Age of onset of menstrual periods	
		Age which periods stopped (menopause)	
		How far apart are your periods?	
		How many days do they last?	
		Is flow heavy, scanty or normal?	
		Do you ever bleed between periods?	
		Do you ever have to go to bed because of:	
		When was date of your last normal period?	
		When was date of the last period before that?	
		Do you ever have heavy vaginal discharge?	
		Have you had any venereal disease? (If yes, what kind?)	
		Does intercourse cause undue pain?	
		Do you have decreased sexual desire?	
		Have you had any vaginal bleeding since	
		Are you bothered by hot flashes?	
		Are you taking any female hormones?	

<b>Obstetrical</b>	<b>Number</b>	<b>None</b>	<b>Comment</b>
Pregnancies			
Full term deliveries			
Miscarriages			
Stillbirths			
Complications			
High blood pressure			
Toxemia			
Severe hemorrhage			
Any children over 9 lb. at birth			
Other (indicate type)			
Any children under 5 lbs at birth			

<b>No</b>	<b>Yes</b>	<b>Musculoskeletal</b>	<b>Comments</b>
		Painful joints	
		Swelling of any joints	
		Redness of any joints	
		Stiffness of any joints	
		Deformities of the joints or extremities	
		Muscle pain	
		Back pain	
		Pain down the back of your legs	

<b>No</b>	<b>Yes</b>	<b>Endocrine</b>	<b>Comments</b>
		Goiter	
		Heat intolerance	
		Cold intolerance	
		Tremulousness of the hands	
		Change in pitch of the voice	
		Increased body hair (face, under arms or pubic)	
		Decreased body hair (face, underarms or pubic)	
		Decrease in breast size	
		Loss of periods (disregard if from normal menopause)	
		Increased thirst	
		Increased urination	
		Marked increase in appetite	

<b>No</b>	<b>Yes</b>	<b>Neurologic/Psychiatric</b>	<b>Comments</b>
		Nervousness	
		Depression	
		Difficulty in going to sleep	
		Early morning awakening	
		Difficulty with memory for past events	
		Difficulty with memory for recent events	

No	Yes	Neurologic/Psychiatric Cont.	Comments
		Difficulty with thinking or problem solving	
		Headaches	
		Blackouts	
		Dizziness	
		Double vision	
		Paralysis or weakness of a limb(s)	
		Loss of sensation	
		Loss of balance	
		Loss of coordination	
		Difficulty in speaking	

No	Yes	Skin	Comments
		Dryness of skin	
		Itching	
		Rash	
		Change in skin color	
		Change in texture of the hair	
		Falling out of the hair	
		Nail changes	
		Skin ulcers	

**REFERRING PHYSICIAN:**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

PHONE: (      ) \_\_\_\_\_