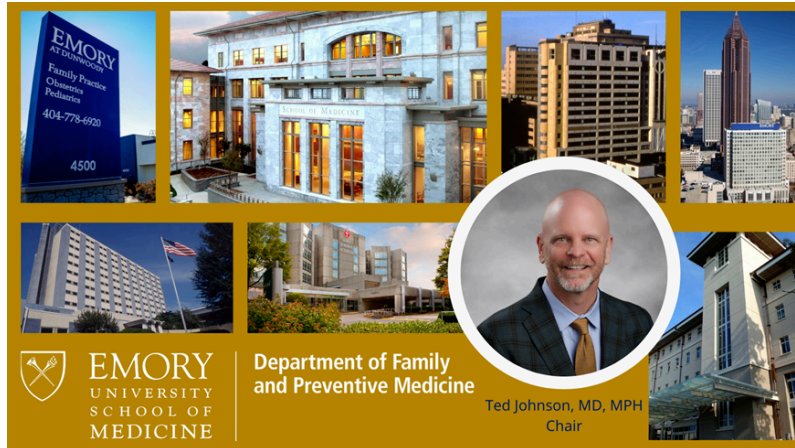


Department of Family and Preventive Medicine News

2024: Volume 7, issue 1



55 Words from the Chair

Hey, check out the spiffy new outfit for our newsletter! Read on, my colleagues, for great department updates and fresh, bite-sized nuggets from the department's Vice Chairs. Unchanged in this makeover is our unwavering commitment to excellence in research, education, and service. Scroll down for the latest news and catch up on back issues here.

Registration Quick Links

- [Paul W. Seavey Lecture: Dr. Helene Gayle in Conversation with Dr. M. Daniele Fallin](#) (in-person)

School of Medicine Black History Month Events

- Celebrating Black History: [The Power of Their Story](#) (webinar)
- [20th Annual Hamilton E. Holmes Memorial Lecture](#) (hybrid)

March 26, 2024 at Miller-Ward Alumni House

Paul W. Seavey Lectureship in
General Internal Medicine

Helene D. Gayle, MD, MPH

President of Spelman College
In conversation with



M. Daniele Fallin, PhD

James W. Curran Dean of Public Health,
Rollins School of Public Health



5-5:30 pm Reception

5:30-6:30 pm Fireside Chat

A pediatrician and public health physician with expertise in economic development, humanitarian, and health issues, **Dr. Gayle** previously held leadership roles at the CDC, the Bill & Melinda Gates Foundation, and was president and CEO of the international humanitarian organization CARE and the Chicago Community Trust.

The Paul W. Seavey Distinguished Lecturer in General Internal Medicine lecture series provides a forum for scholarly discourse on the practice of medicine and recognizes dynamic leaders at the crossroads of medicine and public health.

Register at
bit.ly/SeaveyLecture2024

Or scan QR code:



Division of General
Internal Medicine



Primary Care Consortium

**Welcome to the
DFPM!**



Megan Hesketh has joined the Palliative Research Team as Assistant Director of Research Programs. Megan will be working closely with Dr. Dio Kavalieratos assisting with operations and strategy, including proposal development, team/project management, and budgets. Megan currently lives in Miami and will be joining the team in Atlanta sometime over the summer.

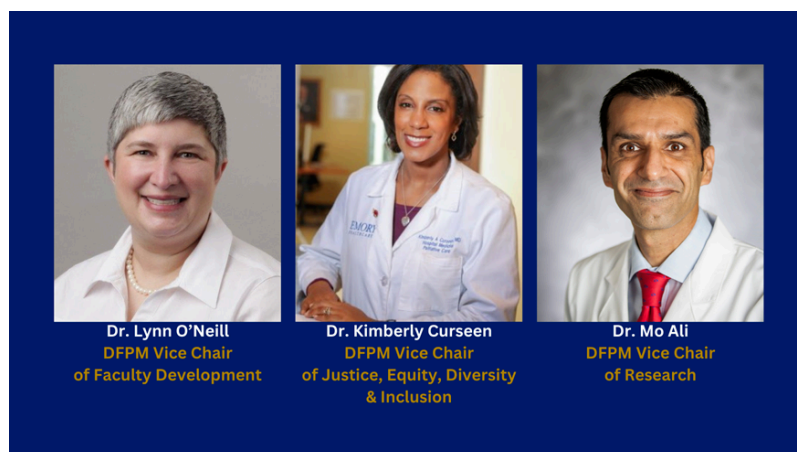
She has worked in healthcare for the past 15 years, 11 years of which were spent working at a hospital trade association in New York City

overseeing a CMS demonstration project to reduce avoidable hospitalizations among nursing facility residents. In that role, she spent a lot of time teaching quality improvement methods and implementing palliative care policies and procedures at participating nursing facilities, with a large focus on increasing advance

directives. Megan grew up in Saratoga Springs, New York and received her undergraduate degree from University at Albany and her Master's in Healthcare Administration from Columbia University. *Welcome to the Department of Family and Preventive Medicine, Megan!*



Updates from the VCs



Faculty Development: Curious about the promotion process? Check out this video: [Emory SOM Professional Development Lecture: Navigating Promotions in the School of Medicine](#).

Justice, Equity, Diversity, and Inclusion Council:

Welcome to our newest Council members, **Erin Weinisch** (PA Program) and **Dr. Aparna Mark** (Family Medicine).

Also, save the date for: [Health Equity Day, May 21](#):

- [Register](#)
- [Volunteer](#)
- [Submit an abstract by March 15](#)
- [Submit nominations for Outstanding Scientific Citation RYSE Award by March 15](#)

Research: Save the date for [10th Annual Health Services Research Day](#).

- [Register now](#)
- [Call for abstracts, due March 4](#)

Transformative Research



Dr. Jane Lowers was invited to join the JAG editorial board based on her valuable contributions as an active reviewer.

Dr. Sarah Cross served as a small group co-leader for Harvard Medical School's Research Methods in Supportive Oncology workshop.

Dr. Sathish Thirunavukkarasu received publication funding from Emory's Open Access Publication Fund and travel funding from Diabetology for the 84th ADA Scientific meeting.

For those attending AAHPM 2024 in Phoenix, **Dr. Paul DeSandre** and **Dr. Ali John Zarrabi** will be offering a wonderful pre-conference, "Afternoon at the Museum: Finding Connection and Meaning" on Wed. March 20, 2024, from 1pm-5pm (session P-12).



Collaborative Faculty Publications

Dr. Rosette Chakkalakal, Dr. Sathish Thirunavukkarasu, and Dr. Megha Shah published [Test and Treat for Prediabetes: A Review of the Health Effects of Prediabetes and the Role of Screening and Prevention.](#)

Dr. Jennifer Mascaro and Dr. Deanna Kaplan published [The Language of Compassion: Hospital Chaplains' Compassion Capacity Reduces Patient Depression via Other-Oriented, Inclusive Language.](#)

Dr. Jennifer Mascaro and **Dr. Ali John Zarrabi**
published [Spiritual health practitioners' contributions
to psychedelic assisted therapy: A qualitative analysis.](#)

Featured article

Dr. Sara Turbow and **Dr. Mo Ali** published an editorial
at MedPage Today: [The Truth ABout What Health
Information Exchanges Can and Cannot Do](#)

Individual Faculty Publications

Dr. Mo Ali

[Access to Essential Medicines for Diabetes Care:
Availability, Price, and Affordability in Central Ethiopia.](#)

[Clinician Adherence to Hypertension Screening and
Care Guidelines.](#)

[Enhancing global access to diabetes medicines: policy
lessons from the HIV response.](#)

[Evaluating bias with loss to follow-up in a community-
based cohort: empirical investigation from the CARRS
Study.](#)

[From Evidence to Effectiveness: Implications of the
Randomized Trial to Prevent Vascular Events in HIV
Study for People With Human Immunodeficiency Virus
in Low- and Middle-Income Settings.](#)

[Perceived stress and progression of cardiometabolic
risk factors among South Asians with prediabetes in a
lifestyle intervention trial.](#)

Dr. Jodie Guest

[Longitudinal trends in causes of death among adults
with HIV on antiretroviral therapy in Europe and North
America from 1996 to 2020: a collaboration of cohort
studies.](#)

Dr. Leslie Johnson

["I was having an internal conflict with myself." COVID-19 vaccination decision-making processes among pregnant women.](#)

Dr. Dio Kavalieratos

[Altered symptom perception in children with asthma is associated with poor childhood opportunity and adverse outcomes.](#)

[Criteria for Enrollment of Patients with COPD in Palliative Care Trials: A Systematic Review.](#)

[Factors Affecting Treatment Selection Among Patients With Hidradenitis Suppurativa.](#)

[The Scope of Practice of an Embedded Pediatric Palliative Oncology Clinic.](#)

Dr. Ambar Kulshreshtha

[Associations Between Postdischarge Care and Cognitive Impairment-Related Hospital Readmissions for Ketoacidosis and Severe Hypoglycemia in Adults With Diabetes.](#)

Dr. Miranda Moore

[Barriers to Community Service Use Among Persons With Dementia and Their Care Partners: A Focus on Consumers of a Novel Statewide Dementia Care Program.](#)

[Dietary, Cooking, and Eating Pattern Outcomes from the Emory Healthy Kitchen Collaborative.](#)

[Integrating Cost into Shared Decision-Making for Heart Failure with Reduced Ejection Fraction \(POCKET-COST-HF\): A Trial Providing Out-of-pocket Costs for Heart Failure Medications during Clinical Encounters.](#)

Dr. Tammie Quest

[Examining Moderation of Dignity Therapy Effects by Symptom Burden or Religious/Spiritual Struggles.](#)

Dr. Sathish Thirunavukkarasu

[“One-size-doesn't-fit-all” approach to diabetes prevention through lifestyle interventions.](#)

Learner Publications

Kain Kim, BA, EUSOM M3. Ms. Kim developed and co-taught an elective titled "Outside the Frame" supported by an Emory I3 grant and the Emory art museum-based health professions community created and sustained by **Dr. Paul DeSandre** and **Dr. Ali John Zarrabi**. Ms. Kain recently published two reflection pieces, [Outside the Frame: Thinking Beyond the Visible in Medical Education](#) and [Our Achilles' Heel: Vulnerability and Medical Uncertainty](#) and presented the poster pictured below.

“Outside the Frame”: Developing medical students’ metacognitive abilities through museum-based education

Kain Kim¹, Elizabeth Horner², Ali John Zarrabi³

¹MD Candidate, Emory University School of Medicine, 2015, Emoryville, GA 30307
²Associate Museum Director for Public Programs, Michael C. Carlos Museum, Emory University, 571 South Kilgo Circle, Atlanta, Georgia 30322
³MD, Division of Palliative Medicine, Department of Family and Preventive Medicine, Emory University, Atlanta, Georgia

Background

- Why “visual arts-based education”?
- Grows awareness of convergent humanities/cognitive health
- Reinvigorates commitment to the healing professions
- Builds tolerance of ambiguity in complicated clinical situations
- Creates appreciation for multiple perspectives
- Though medical schools are increasingly partnering with museums to deliver visual arts curricula, many electives from explicitly discussing the **historical or cultural context** underlying the artwork
- We describe an innovative **curriculum-based approach** to museum education for medical students from the preclinical to clinical environment, with program evaluation and feedback as the primary outcome
- We aimed to capture how students responded to varying degrees of **interdisciplinary exposure**, and the role it might play in helping students cope with the inherent uncertainties in medical education.

Program Structure and Evaluation

- A multidisciplinary team comprised of a second-year medical student, an attending palliative care physician, and two museum educators collaboratively developed the curriculum
- A museum education elective was delivered over the length of 2 semesters (8 sessions total, n=73) at the Carlos Museum and High Museum for second-year medical students who voluntarily enrolled in the course for the Fall 2022 and Fall 2023 semesters
- Participating students were enrolled between their first board exam and the beginning of clinical clerkship, a critical inflection point in medical education that has shown to heighten student uncertainty through transitions that can increase workload, stress, or feelings of inadequacy
- The course included didactic components, hands-on crafting activities, and presentations, and small-group discussions
- The course was built to emphasize:
 - **Cross-disciplinary collaboration** through engaging with art historians, museum educators, and humanities faculty
 - **Intentional incorporation of historical, social, or political context**
- Student feedback was collected through anonymous pre- and post-course surveys consisting of Likert-scale-type questions and validated psychometrics assessments (Effort for Ambiguity survey), as well as free-text responses from written narrative reflections

Curriculum Design

Introductions

- Overview of the course
- Introduction to the museum
- Introduction to the course
- Introduction to the course
- Introduction to the course

YTD Discussion

- Question: How do we feel about the course?
- Question: How do we feel about the course?
- Question: How do we feel about the course?

Gallery Talks

- Topic: The Face in the Room
- Topic: The Face in the Room
- Topic: The Face in the Room

Learning Activity

- Activity: The Face in the Room
- Activity: The Face in the Room
- Activity: The Face in the Room

Student Cultural Feedback

- Student Cultural Feedback
- Student Cultural Feedback
- Student Cultural Feedback

Results

- All post-course responses reflected their experience of the course as being “valuable” or “very valuable”
- YTA scores drastically improved for all participants before and after the course
- Students commented that one of the course’s strengths was the diversity of its activities, and how it created a space to exercise ways of thinking and handling “unknowns” that barely commensured with formal medical curriculum
- Most students expressed a desire for additional sessions, as well as optional outside resources/readings
- Session timing and length were generally well-received
- Narrative reflections were overall positive and highlighted the role of **context and cross-disciplinary learning** in sharing **metacognitive awareness and cultivating comfort with uncertainty**

Conclusion

- Existing frameworks in MBE can be bolstered through a critical-discourse lens to support uncertainty tolerance and metacognitive practice
- Utilizing the museum space to stimulate cross-disciplinary discourse results in students in UME learning and may help students transition into the complex clinical environment
- Clinician educators and learners may incorporate this framework to chart more active collaborations with museum educators and humanities faculty, as well as engage a broader range of communicative and professional disciplines beyond medicine in medical education

Acknowledgements

Research reported in this abstract was supported by Emory University’s Office of the Provost, Office of the Vice President for Academic Affairs, and the Michael C. Carlos Museum.

Educational Investments for our future



Pictured above: **The Family Medicine Residency Program** held its first Open House on January 20 at Grana for incoming applicants to meet residents, faculty, and staff.

Family Medicine Residency Announces 2 New Tracks





The **Family Medicine Residency program** has added two new tracks for specialized training. [Emory Family Medicine Residency Program Hospital Medicine Track](#) aims to provide focused education, training, and exposure to the field of inpatient medicine. Residents who are interested in a career in hospital medicine, academics, or full-spectrum family medicine are encouraged to apply. [Emory Family Medicine Residency Program Sports Medicine Track](#) aims to provide increased education, training, and exposure to sports medicine. Residents who are interested in a career in sports medicine, academics, or full-spectrum family medicine are encouraged to apply.

**Preventive Medicine
Residency/Fellowship
Matches Top 2 Candidates**



Dr. Nikhila Gandrakota (*pictured left*), current Emory family medicine PGY-3, and Dr. Nathan Holterman, who has done an intern year in pediatrics and has been serving in the Navy as a flight surgeon for the past three years.

Family Medicine Resident Matches in Sports Medicine



Emory Family Medicine resident, **Dr. Kaitlin Ervin**, recently matched at the JPS Sports Medicine Fellowship in Fort Worth, TX. She will start on July 1st, 2024.

Art of Hospice and Palliative Care 2024 Georgia Hospice & Palliative Care Organization Annual Conference

Join **Dr. Paul DeSandre** at the Georgia Museum of Art at the University of Georgia for the Art of Hospice and Palliative Care workshop.

- Use art as a common experience with differing perspectives to enhance listening and observation skills.
- Acquire new insights into what sustains our passion for caring for people with serious illnesses and facing the end of life.
- Identify a source of joy in our shared humanity as Hospice and Palliative Care professionals in the unique setting of the art museum.


Location: Georgia Museum of Art at the University of Georgia

Date: Friday, February 23, 2024

Time: 10 am-12:30 pm

**Register for GHPCO Clinical Leadership
Conference**

Service for our future

<p>Dr. Susana Alfonso</p>  <p>Nominated by the AAFP and accepted to be one of two national liaisons to the ARC-PA, the national accrediting body for PA programs in the US. Dr. Alfonso will serve as a commissioner and site visitor for a 3-year term.</p>	<p>Dr. Jodie Guest</p>  <p>Appeared on WAGA-TV to talk about flu cases and rising hospitalization in Georgia.</p>
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The PA Program's **Emory Farmworker Project** was featured in *Atlanta Magazine* and **Dr. Jodie Guest** was interviewed. [Read the article here.](#)

Make it a habit



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