# Emory Family & Preventive Medicine Department News

2023: Volume 6, issue 1



# 55 Words from the Chair

On the road again! Our faculty and staff bring incredible value every day here at home. Out in the world, they garner accolades and recognition. 2023 brings new opportunities for faculty and staff development, for excellence in our missions of research, education, and service, and for celebrating our successes. Let's make this a great year!



CELEBRATE THE LEADERSHIP AND GENEROSITY

### Farewell Celebration

honoring

#### Dr. Maha Lund

FEBRUARY 22ND 2023 12:00-1:00PM SOM 170A

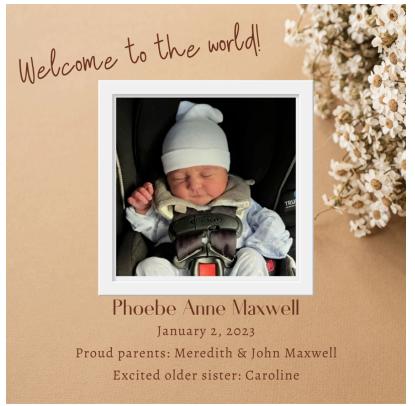
Please stop by and offer your well wishes!





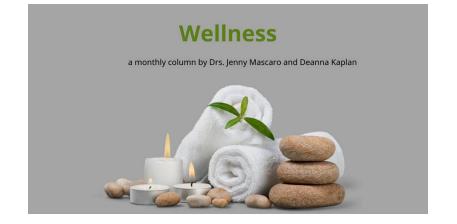
**New Additions to the Department!** 

The Palliative Medicine division has welcomed three new babies!









### Health in little steps

"Sitting is the new smoking" says Dr. James Levine, based on research showing that long periods of sitting are associated with an elevated risk of heart disease, diabetes, and dementia. But a new <u>study</u> found that even short bursts of activity may be enough to counter the most harmful effects of sitting. In this research, a 5-minute walk every half hour resulted in an almost 60% reduction in blood sugar. Even a walk as short as 1 minute every 60 minutes was enough to significantly reduce blood pressure. Although <u>evidence</u> suggests that walking - as opposed to standing - is important, even short bursts of movement can yield great benefits.

### Compassion Meditation: <u>Registration is now</u>

<u>open</u> for the Spring 2023 CBCT course, sponsored by the Dean's office and free for any SOM faculty or staff.

# Transformative Research

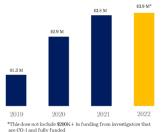


In 2019, newly appointed FPM Vice Chair for Research **Dr. Mo Ali** and **Emily Chuba**, Associate Director of Research Projects, introduced a strategic plan for increasing research in our department. Over the past five years, FPM Research has grown in faculty, funding, staff, and productivity. The ripples of this work are having positive effects in every corner of our department. Here's a look at what our department has achieved and a glimpse of what's in the works for the next five years. <u>Contact Emily Chuba</u> if you'd like to know more about current or planned initiatives.

Pictured above: Department research faculty and staff at their annual research retreat.

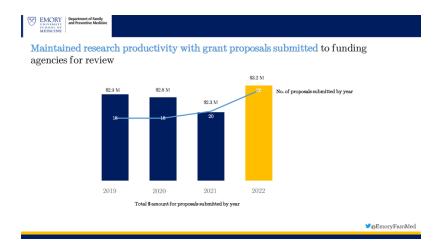








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EMORY UNIVERSITY SCHOOL OF MEDICINE

Our team has seen continued growth over the past three years through strategic recruitment efforts



Dr. Leslie Johnson, MPH PhD Joined the Division of Family Medicine in August 2019 as a post-doctoral fellow and was later promoted to Assistant Professor in March 2021





Dr. Sathish Thirunavukkarasu, MBBS MPH PhD Joined the Division of Preventive Medicine as Assistant Professor in May 2022

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Dr. Jane Lowers, PhD Joined the Division of Palliative Medicine in August 2020 as a Manager, Research Projects and was later promoted to Instructor in May 2021



Dr. Sarah Cross, MPH PhD Joined the Division of Palliative Medicine as a postdoctoral fellow in July 2021 and was later promoted to Instructor in early July 2022

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EMORY UNIVERSITY SCHOOL OF MEDICINE

Leveraged funds from the Woodruff Health Sciences for strategic recruitment efforts



Dr. Rosette Chakkalakal, MD MHS Joined the Division of General Internal Medicine as an Assistant Professor in December 2021 and selected to serve as the Director for the Division of Preventive Medicine in June 2022



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Dr. Ambar Kulshreshtha, Division of Family Medicine (PI) K23 NHI National Institute on Aging, Mechanistic Pathways Linking Stress and Cognition Selected for the 2020 National Institute of Aging Butler Williams Scholars Program Selected for the 2022 Tideswell Emerging Leaders in Aging Program



Dr. Dio Kavalieratos, Division of Palliative Medicine (PI) Cystic Fibrosis Foundation, A Multi-Site Trial of Specialist Palliative Care in CF (PI) Fraser-Parker Foundation, A comprehensive, multi-pronged approach to expand the pipeline of investigators in serious illness and palliative care research (Site PI) ROI NIH I National Cancer Institute, Decision Support Training for Advanced Cancer Family Caregivers: The CASCADE Factorial Trial (PI) Sojourn Scholar Leader

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Dr. Megha Shah, Division of Family Medicine (PI) K23 NIH | National Institute on Minority Health and Health Disparities, Better Together: Leveraging primary care and social network resources Selected for the 2021 Institute for Implementation Science Scholars (IS-2) program, Washington University



Dr. Miranda Moore, Division of Family Medicine (Co-PI) Alzheimer's Association, Assessing reliability and validity of a new measure of community level dementiafriendlines:



Dr. Sara Turbow, Division of Preventive Medicine (PI) K23 NHI National Institute on Aging, iCAREFOR: Interhospital Care Fragmentation in Older Adults with Dementia Institution Selected for the 2021 Tideswell Emerging Leaders in Aging Program

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#### EMORY SCHOOL OF MEDICINE



Dr. Jennifer Mascaro, Division of Preventive Medicine (PI) KOI NHI (National Center for Complementary and Integrative Health, A Feasibility Study of Chaplach-Delivered Compassion Meditation for Patients Receiving Stem Cell Transplantation (D) Sanford Institute Collaboration Drowson

(PI) Sanford Institute Collaborative Program, The neural and linguistic mediators of Compassion-Centered Spiritual Health at the hospital beciside



Dr. Leslie Johnson, Division of Family Medicine (Co-PI) Emory University 1 Center for Maternal and Child Health, The Impact of COVID-19 on Women's Experiences of Pre-natal Care, Birth Support, and Delivery in the US South (PI) Emory University 1 Georgia Center for Diabetes Translation Research, Assessing and Identifying Strategies to Reduce the Postpartum Diabetes Screening Gap among Women with a History of Gestational Diabetes Mellitus in Georgia



Dr. Jane Lowers, Division of Palliative Medicine (PD Emory University 1 Center for Healthy Aging, Aging alone with dementia: A qualitative investigation of care-seeking and caregiving

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### I

Dr. Sarah Cross, Division of Palliative Medicine (PI) Georgia CTSA KL2-Mentored Clinical and Translational Research Scholars Program, Dying While Poor: Investigating Multi-level Determinants of Inequities in End-of-life Care for Adults with Cancer



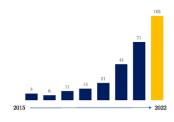
Dr. Deanna Kaplan, Division of Preventive Medicine (PI) Georgia CTSA AppHatchery and Emory Spiritual Health Seed Grant, Development of a voice diary app for clinical and health sciences research (PD) Georgia CTSA Pilot Grant velated to PASC

(PI) Georgia CTSA Pilot Grant related to PASC Assessing validity use of consumer health wearables for self-monitoring PASC-related CVD symptoms

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Increased the reach and impact of research through published work in high impact journals



FPM researchers published research articles and commentaries in New England Journal of Medicine (Zarrabi 2020), Journal of the American Medical Association (Goodman 2020), Health Affairs (Ali 2020), American Journal of Preventive Medicine (Dupont 2022) and Diabetes Care (Turbow 2022)

Research article, "Prevalence of and Factors Associated with Nurse Burnout in the US", published in JAMA Network Open (Shah et al 2021) has received over 110K views

Faculty recognized for research through induction into the Emory Millipub Club (Ali 2020, 2022)  $\,$ 

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#### EMORY Department of Family and Preventive Medicin UNIVERSITY SCHOOL OF MEDICINE

Expanded opportunities for Family Medicine residents to pursue interest in scholarly research

Launched first application cycle in November 2020

experience in literature reviews, primary data collection and secondary data analysis

started research track in July 2022

EMORY UNIVERSITY Department of Family and Preventive Medici More than six (6) research faculty offered 11 different research opportunities for residents to gain Two informational sessions were held during the resident First Family Medicine resident, Nikhila Gandrakota, 🎔 @EmoryFamMed

#### EMORY UNIVERSITY SCHOOL OF MEDICINE $\bigtriangledown$ nt of Family stice Medicie

orientation

Established lecture series to encourage engagement across the Emory community and promote an exchange of ideas



Hosted the inaugural Excellence to Eminence in Preventive, Primary, and Palliative Care Lecture Series in April 2022

Fostered new collaborations and led to the perspective piece, "Science, Competing Values, and Trade-offs in Public Health — The Example of Covid-19 and Masking", to be published in New England Journal of Medicine

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#### 2022-2025 STRATEGIC PLAN



#### EMORY UNIVERSITY SCHOOL OF MEDICINE

EMORY SCHOOL OF MEDICINE

#### Planned Initiatives

Co-hosted a grant writing workshop with the Emory Global Diabetes Research in November  $2022\,$ 

Host half-day research retreat at the Fernbank Museum of Natural History in November 2022, which will include a session on Leading High Performing Teams from Goizueta Business School faculty

Organize a two-day session on the Birkman Profile in Spring 2023 for faculty to explore personal behavioral style and understanding of fit into team dynamics

Relocation to Randall R. Rollins building will foster greater crossschool collaborations; remove silos

Monthly networking to collaboration sessions with research faculty to enhance team-building and connection  $% \left( {{{\rm{D}}_{{\rm{B}}}} \right)$ 

Methods talks on use of new datasets



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### **Research News**

Kavalieratos named Sojourn Scholar and AAHPM Fellow



The <u>Cambia Health Foundation</u> has announced the selection of 12 emerging palliative care leaders for its Sojourns® Scholar Leadership Program, including **Dr. Dio Kavalieratos**. In its ninth year, this program identifies, cultivates and advances the next generation of palliative care leaders.

Each Sojourns Scholar receives a two-year, \$180,000 grant (\$90,000/year over a two-year period) to conduct an innovative and impactful project tied to a leadership development plan that positions the scholar for growth as a national leader in the field of palliative care. Scholars also join a collaborative learning community where they receive one-to-one mentoring from an established palliative care leader and targeted training on key leadership skills. Dr. Kavalieratos' project is "Developing Equitable End-of-Life Care to Address Social and Structural Determinants of Health among People with Heart Failure."

Dr. Kavalieratos has also been named a Fellow of the American Academy of Hospice and Palliative Medicine. This honor is achieved by members whose professional activity is devoted to the practice of hospice and palliative medicine. Congratulations Dr. Kavalieratos!

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### Moore selected as Research Co-Chair



**Dr. Miranda Moore** has been selected to serve as the Co-Chair of the Research Committee for the <u>Teaching Kitchen Collaborative</u>. As co-chair, she will also serve on the TKC Advisory Committee. The term starts 2/1/2023 and is for 2 years. Congratulations Dr. Moore!

### Thirunavukkarasu receives Synergy Award

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Congratulations to **Dr. Sathish Thirunavukkarasu** who received a 2022 Synergy Award from Woodruff Health Sciences. Only 4 out of 32 applications were selected for funding.

His project "Proof-of-Concept Mechanistic Study" will evaluate the effect of a low-calorie diet on the pathophysiology of isolated impaired fasting glucose (i-IFG), resulting in reversal to normoglycemia. This study will generate the <u>first</u> <u>evidence</u> of the efficacy of a <u>novel lifestyle</u> <u>intervention</u> in i-IFG, the most common form of prediabetes globally.

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**Cross presents at AAHPM** 



**Dr. Sarah Cross** presented a poster at the recent American Academy of Hospice and Palliative Medicine meeting. Her poster was titled " Social Deprivation and End-of-Life Care Use Among Adults with Cancer."

Kaplan Presentation Feb. 15

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### Department of Medicine and Department of Surgery

### **HEALTH SERVICES RESEARCH SEMINAR SERIES**

WEAR WITH CARE: LEVERAGING ADVANTAGES AND AVOIDING PITFALLS OF AMBULATORY ASSESSMENT **TECHNOLOGIES IN RESEARCH AND CLINICAL PRACTICE** 

WEDNESDAY, FEBUARY 15, 2023 | 11 AM-12 PM (ET)

HYBRID VIRTUAL OPTION | WMB 1109

Deanna M. Kaplan, PhD Assistant Professor Department of Family and Preventive Medicine, Emory University

Deanna Kaplan, PhD, is a clinical psychologist and Assistant Professor in the Department of Family and Preventive Medicine. She leads a program of research that optimizes ambulatory assessment methods for health research and investigates the impact that commercially available "wearables" are having on public health and healthcare. Dr. Kaplan was recently funded by the CTSA PASC Pilot Grants program for research focused on optimizing consumer health wearable technologies for self-monitoring and management of cardiovascular symptoms of PASC (Long COVID). She is best known for her work as co-



developer of the EAR, smartphone-based naturalistic observation method of for the study real-world behavior, social interactions, and natural daily language use. She frequently collaborates as a research methodologist on projects that use the EAR and other ambulatory assessment methods to advance treatment research for populations with co-occurring psychological and physical health concerns. Dr. Kaplan received her PhD in Clinical Psychology from the University of Arizona, completed her predoctoral residency in Behavioral Medicine at the Warren Alpert Medical School of Brown University, and completed an NHLBIfunded F32 postdoctoral fellowship at Brown University.

### **Register for Dr. Kaplan's lecture now!**

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Kulshreshtha publication in the news



Dr. Ambar Kulshreshtha and team published "Trends in Provision of Medications and Lifestyle Counseling in Ambulatory Settings by Gender and Race for Patients With Atherosclerotic Cardiovascular Disease, 2006-2016" this month in JAMA Network Open. The article is already attracting media attention.

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Zarrabi receives CHA Funding



Congratulations to **Dr. Ali John Zarrabi** and team for approved pilot funding for the project *The effects of psilocybin on oxidative stress, inflammation, and aging.* Funding for this work is made possible through The Emory Woodruff Health Sciences Center for Health in Aging.

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### **Collaborative department publications**

### Dr. Kim Curseen and Dr. Dio Kavalieratos

published <u>Pain experiences among those living</u> with hidradenitis suppurativa: a qualitative study. *Br J Dermatol*. 2023 Jan 23;188(1):41-51.

Dr. Leslie Johnson and Dr. Mo Ali published <u>A</u> realist process evaluation of the INtegrating DEPrEssioN and Diabetes treatmENT (INDEPENDENT) randomized controlled trial in India. Am J Med Open. 2022 Dec;8:100015.

**Dr. Sara Turbow** and **Dr. Mo Ali** published <u>Ambulance use and subsequent</u> <u>fragmented hospital readmission among older</u> <u>adults</u>. *J Am Geriatr Soc.* 2022 Dec 27.

### **Faculty publications**

#### Dr. Mo Ali

<u>Cohort Profile: The Center for cArdiometabolic</u> <u>Risk Reduction in South Asia (CARRS).</u> Int J Epidemiol. 2022 Dec 13;51(6):e358-e371

Do diabetes phenotypes in US women differ by race/ethnicity? A population-based cluster analysis. Metabol Open. 2022 Dec 22;17:100225. Long-term Effects of a Collaborative Care Model on Metabolic Outcomes and Depressive Symptoms: 36-Month Outcomes from the INDEPENDENT Intervention. J Gen Intern Med. 2023 Jan 3.

#### Dr. Ted Johnson

Annual Foot Exams are Associated with Reduced Incident Amputation among Older Veterans with Diabetes. J Appl Gerontol. 2022 Oct 1:7334648221129855.

#### Dr. Ambar Kulshreshtha

Effects of candesartan on cerebral microvascular function in mild cognitive impairment: Results of two clinical trials. Int J Stroke. 2023 Jan 16:17474930231153313.

<u>Trends in Provision of Medications and Lifestyle</u> <u>Counseling in Ambulatory Settings by Gender and</u> <u>Race for Patients With Atherosclerotic</u> <u>Cardiovascular Disease, 2006-2016.</u> *JAMA Netw Open.* 2023 Jan 3;6(1):e2251156.

#### Dr. Oguchi Nwosu

<u>An Atypical Case of Gout-Induced Arthropathy</u> <u>After a Total Knee Arthroplasty</u>. *J Med Case Rep Case Series*. 2023 Jan 3(19).

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### From Writing Blocks to Building Blocks

February 23, noon to 1:30 p.m.

This workshop will focus on the common blocks that writers encounter: behaviors, beliefs, and feelings that frustrate your efforts at scholarly productivity.

Participants will go through an exercise designed to help assess and understand individual experiences of writer's block. Then we will begin to identify and apply ways to chip away at a block and move beyond it.

Presented by Allison Adams, director, scholarly writing and research, CFDE.

For more information and to register, please visit this CFDE webpage.

# Educational Investments for our future

**Palliative Care Summit** 



Emory Palliative Care Center partnered with the University of Alabama Birmingham in November to host the biannual summit of the Southeast Institute of Innovation in Palliative and Supportive Care. The conference, Forging the Future, highlighted the unique opportunities and challenges of palliative medicine in the American South. This year featured many salient topics including equity, communication, collaborative models, and the future landscape for patient care. We had an incredible gathering thanks to our Emory planning committee: Drs. Dio Kavalieratos, Susan Kunihiro, David Wilkerson, and Tammie Quest. Our department's own Drs. Lawson Marcewicz, Jesse Soodalter, Paul DeSandre, and Sarah **Cross** were among the invited speakers.

### Strong Emory Presence at STFM-MSE Conference

Emory had a strong showing at the 2022 Society for Teachers of Family Medicine Conference on Medical Student Education, held January 26-28 in New Orleans. Medical student John Chancellor presented a poster on Healthcare Innovation Project - Empathy Toolkit for Telemedicine and medical student Charlie Lane presented a poster on Discovering Compassion in Medical Education. Both Mr. Chancellor and Mr. Lane were also awarded 2023 STFM Foundation Student Scholarships to attend the 2023 STFM MSE Conference. As part of the application process, they had to submit research posters, write personal statements, and obtain letters of recommendation, and they were among only 27 students selected nationwide.

Dr. Ryan Smith, Ms. Grayson Gunn, and Dr.
Dominique Munroe (GA Gear) presented
research that they had conducted with Dr.
Miranda Moore on the Impact of a Novel Family
Medicine Tiered Mentoring Program.

Dr. Smith was also recognized for completing the STFM Medical Student Educators Development Institute Fellowship.

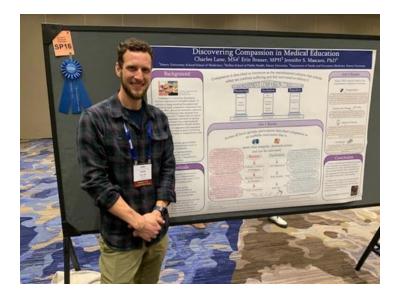
Department staff **Ms. Porsha Clayton**, **Dr. Leigh Partington**, **Ms. Khaliala Ward**, and **Ms. Patricia Woodard** presented "Staff Development: Like a Film, They Both Need Developing."

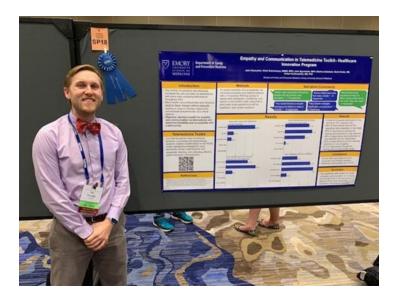
Pictured below: Dr. Smith and Ms. Gunn presenting. Dr. Partington, Ms. Clayton, Ms.

Woodard, and Ms. Ward after their presentation. Mr. Lane and Mr. Chancellor with their posters.









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### PA Program Graduate in 40 Under Forty

Physician Assistant Class of 2014 Takeia Horton has been <u>featured in Emory 40 Under Forty</u> by the Emory Alumni Association. Recognizing the lack of diversity among physician assistants, she founded <u>DiversityPA</u> to guide and mentor students in their journey to become physician assistants. Ms. Horton also teaches Emory PA students Billing and Coding in Professional Issues 1.

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### Congratulations to our FPM Faculty Accepted into Development Programs



**Dr. Bernadette Baker**, Junior Faculty Development Course



Dr. Laura Brachman, New Clinical Leaders Course



**Dr. Rosette Chakkalakal**, New Clinical Leaders Course



Dr. Neena Ghose, New Clinical Leaders Course



Dr. Ashima Lal, New Clinical Leaders Course

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Innovative Palliative Medicine Classes



**Dr. Lynn O'Neill** is co-teaching an interdisciplinary sidecar class for Emory College on "Death, Dying, & Finding Meaning." This sidecar will explore personal experiences and reactions around death and dying in students' lives in a challenging and safe academic space, facilitated by peers, a palliative care physician, and a biologist/ethicist. A side-car course brings together a subset of students from two courses that overlap in methodologies, topics, etc., to create a short interdisciplinary course that runs simultaneously with its two sponsoring courses.







Palliative faculty Dr. Tammie Quest, Dr. Dio Kavalieratos, and Dr. Ravi Pathak are part of a team of interdisciplinary faculty at Emory and Georgia Tech teaching a course on Digital Palliative Care. This course, open to both Emory and GT students, will provide an overview of the key issues involved in the introduction of sustainable healthcare technology in resourceconstrained regions. The course combines lectures on critical concepts in affordable health care technology development and implementation, including context and needs evaluation, supply chain infrastructure and usability design, financial sustainability, and the ethics of low-cost healthcare provision, with practical learning. Through close faculty mentorship, small groups of students will work in mixed-discipline teams to create a solution to a real-world health problem. Students will develop applications for mobile-based devices in recognition that such technologies are increasingly relied upon as a rapid route to implementing and deploying healthcare solutions (mHealth). Organizations based in relevant resourceconstrained settings will be identified who can provide feedback and detailed information important to the solutions; wherever possible, pilot implementation of student-developed apps will be facilitated with local partners at the conclusion of the course.

Georgia Memory Net offers CME Webinars

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Join the Georgia Memory Net Network for their new monthly webinar, GMNsights: Expert Clinical Insights in Dementia Care for your Patients. **Earn .5 hour CME credits** for attending this free session. Participants must register in advance.

Feb 15: "The benefits and problems with giving a diagnosis of dementia." Presented By: Malaz A. Boustani, MD, MPH Richard M. Fairbanks Professor of Aging Research

March 15: "A practical guide to staging dementia in primary care." Presented by: Carolyn Clevenger- Professor, clinical track, Associate Dean for Transformative Clinical Practice | DNP, RN, GNP-BC, AGPCNP-BC, FAANP, FGSA

Please <u>register here</u>. You can also <u>email Laurie</u> <u>Beth Bryant</u>, CRC, LAPC, Associate Program Director of Georgia Memory Net|Emory Brain Health Center to receive a monthly invitation to this webinar.

### Palliative and Preventive Medicine Celebrate a Successful Match!

### The Hospice and Palliative Medicine

**Fellowship** had a very successful match for the 2023-2024 academic year! More details to come!



### The Preventive Medicine Residency and

**Fellowship** also had a successful match and will welcome Eric Johnson, MD this summer. Dr. Johnson is a graduate of Tuskegee University (B.S. Psychology) and Meharry Medical College (MD, 2020). He presently is completing his residency in Family Medicine at the University of Maryland, Baltimore. In July, he will join the Emory Preventive Medicine Program for two years, during which he will also earn his MPH from Rollins School of Public Health.

### Save the Date: Bettye Rose **Connell Lecture**



Harriman Professor of Medicine at Weill Cornell Medical College

### Registration link: <u>https://bit.ly/3wxO7Hg</u>

Dr. Sara Czaja, Gladys and Roland Harriman Professor of Medicine at Weill Cornell Medical College, directs the Center on Aging and Behavioral Research at Weill Cornell Medicine. Her honors include the Jack A. Kraft Award for Innovation from the Human Factors and Ergonomics Society and the Social Impact Award from the Association of Computing Machinery.

A lecture series fostering collaboration in scientific and clinical rehabilitation in environment, aging, and dementia. Established in 2009, the Bettye Rose Connell Memorial Lecture series commemorates Dr. Connell's dedication to improving the lives of vulnerable elders. Each spring, distinguished regional and national researchers are invited to Emory University and the Atlanta VA Medical Center to honor her legacy and promote continued scholarship in this field.

## Service for our future

# Nwosu accepts national appointment



**Dr. Oguchi Nwosu** has been selected as a reviewer for the Agency for Healthcare Research and Quality, Healthcare Safety and Quality Improvement Research (HSQR) Study Section. This will be a three-year appointment.



### Kavalieratos Appointed to AAHPM Board of Directors



**Dr. Dio Kavalieratos** was elected to a three-year term on the Board of Directors of the American Academy of Hospice and Palliative Medicine.

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### **Bell Named Section Chief**



Congratulations to **Dr. Daniel Bell** on his election as Section Chief of the General Medicine Section at Emory St. Joseph's Hospital for the 2022-2023 term.

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### Tarleton joins FM Residency staff



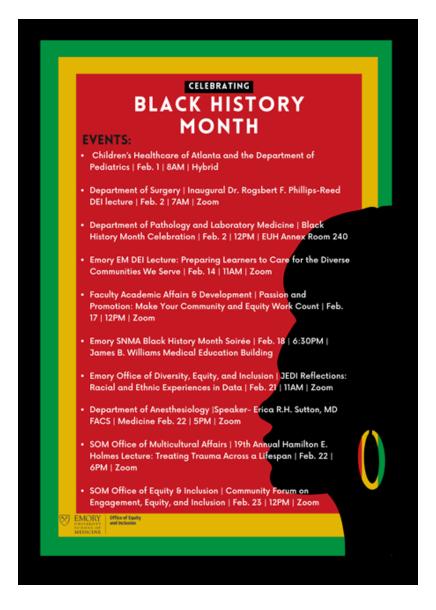
In December, **Ms. Lynn Gissendanner-Tarleton** joined the Division of Family Medicine as a Senior Administrative Assistant. She will be supporting Division Director Dr. Tina-Ann Thompson as well as Dr. Jose Villalon-Gomez and the Family Medicine Residency Program. Ms. Tarleton joined Emory in 2009 as a part-time Patient Services Coordinator with TEC Cardiothoracic Surgery. From there, she moved into a full-time position in CT Surgery as a Senior Medical Secretary before progressing into the role of Senior Administrative Assistant, working for the Chief of Cardiothoracic Surgery. In her spare time, Lynn enjoys reading and spending time with her son, Austin.

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# News from the FPM DEI Council



### **Black History Month Events**



Please feel free to register and share any of these events by visiting Emory School of Medicine's <u>events page</u> and/or visiting this <u>doc</u> for events that do not have a registration link.

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### **DEI and Promotion**

New Promotion Packet Templates Include DEI Efforts The <u>Office of Faculty Affairs</u> is introducing new packet templates, which feature new requirements to include contributions to diversity, equity, and inclusion (DEI). This included the addition of mandatory DEI sections in both the CV and the Service Portfolio. We anticipate that this change will increase the visibility and value of DEI efforts and ensure engagement in this important work across the institution. See more <u>here</u>.

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### Passion and Promotion: Making your Community and Equity Work Count

#### Feb. 17 | noon - 1 p.m. | Virtual

Presented by: <u>Sheryl Heron</u> (emergency medicine) and <u>Tracey Henry</u> (medicine).

Register here.

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### **DOM Health Equity Day**

Save the date! Emory Department of Medicine's third annual <u>Health Equity Day</u> will take place on **May 16, 2023**. The half-day conference includes narrative and poster presentations, a case competition, a keynote address, and an innovation award. All members of the Emory DOM and SOM community are welcome to attend.

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### **19th Annual Dr. Hamilton E.** Holmes Memorial Lecture

### Feb. 22 | 6-7:30 p.m. | Virtual

This year's program is titled Patient History: A Discussion on Trauma Across a Lifespan.

Rashad Johnson, CEO of Emory Decatur Hillandale Hospitals, will moderate a panel of healthcare leaders and advocates. <u>Register.</u>

CME Opportunity: History of Racism in US Healthcare: Root Causes of Today's Hierarchy and Systems of Power

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### Starting February 7, 2023 at 2 pm

#### Register and add to your calendar

In health care, we are united by our belief in providing the highest quality care to every patient. To do so, we must better understand the past, and work intentionally toward a healthier future.

This inaugural event in the National Health Equity Grand Rounds series will highlight the root causes of present-day health inequities by tracing the social, economic, political, geographic, and environmental forces that shape opportunity for health in the United States. Keynote speaker Harriet A. Washington, MA, author of *Medical Apartheid*, will explore the history of structural inequities in health care and unethical medical experimentation followed by a panel conversation moderated by American Medical Association (AMA) Chief Health Equity Officer Aletha Maybank, MD, MPH, and featuring Rupa Marya, MD, Jack Resneck, Jr., MD, and David Ansell, MD, MPH.

Continuing Medical Education (CME) credit will be offered at no cost to attendees. This activity has been approved for 1.5 AMA PRA Category 1 Credit(s)™

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# News from the Office of Faculty Development

### Updated CV, Teaching, and Service Portfolio Templates for Senior Promotions and Tenure Now Available

The new templates have been revised to better reflect and explicate your professional activities. **The old templates also have some modifications to capture your DEI and mentoring activities.** Both the old and new templates will be accepted for the 2023-2024 promotion cycle, but old templates will be phased out after the 2023-2024 promotion cycle; i.e., for any appointments or promotions to become effective after Sept. 1, 2024. We encourage you to begin using the new templates as soon as possible.

View new templates.

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### Make Headway on a Writing Project this Semester

### SIT DOWN AND WRITE WITH THE CFDE

The CFDE offers a twice-weekly, hourlong opportunity to virtually "Sit Down and Write." Sit Down and Write is a great way for writers to structure their time, boost their productivity, and connect with others. It helps you carve out dedicated writing time and make progress on chapters, journal articles, and grant applications -whatever you are writing. While an hour doesn't sound like much, it's amazing what you can get done if you really focus. The discipline and shared sense of purpose that comes from writing with others also keeps you accountable and reminds you that you aren't alone.

The formula is simple:

- On Tuesdays at 11 am and Fridays at 11 am, we connect via <u>Facebook</u> or <u>Slack</u> (you choose your preferred platform)
- We write in silence for an hour and with a fiveminute break
- We begin with writing for 25 minutes, take a five-minute break to check in, write for 25 more minutes, and take a few minutes at the end to catch up

For more information on how to get involved, please visit <u>this CFDE webpage.</u>

Got news? Please send your announcements and photos to leigh.partington@emory.edu. The DFPM newsletter is published monthly.



#### Department of Family and Preventive Medicine

Department of Family and Preventive Medicine Emory University School of Medicine 1841 Clifton Road, NE, 5th floor Atlanta Georgia 30329

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