

News from Family & Preventive Medicine

October 2021

Just 55 Words:



Ted Johnson, MD, MPH

We're thrilled about the transformative \$5M, 5year gift from Kathelen and Dan Amos supporting Emory medical students via loan forgiveness if they choose careers in primary care serving Georgians. Scroll down for news about primary care week, new faculty, exciting research, teaching with cool technology and engaging guest lecturers, awesome community service, spotlights, and celebrations!

Announcing the Kathelen and Dan Amos Medical Student Loan Forgiveness Program



Emory School of Medicine is grateful to Kathelen and Dan Amos for their vision and generosity in making a transformational gift to benefit Emory medical students and Georgians. Emory medical students and recent MD graduates who choose a primary care career in pediatrics, medicine, family medicine, or geriatrics and commit to practicing in Georgia may be eligible for The Kathelen and Dan Amos Medical Student Loan Forgiveness Program: Improving Access to Primary Care in Georgia. This program offers

\$40,000 awards per year and up to \$160,000 maximum. More information, including eligibility and application requirements available **HERE**. More details about the Amos family and the gift to Emory can be found **here**.

Welcome to our new Palliative Medicine Faculty!

The Division of Palliative Medicine welcomes 8 new faculty members! They haven't even had time to get their headshots taken yet, so look for photos and bios in an upcoming edition of the newsletter. But in the meantime, be sure to welcome our new colleagues when you meet them!

Dr. Vaishali Rathee – Emory University Hospital

Dr. David Wilkerson – Emory University Hospital

Dr. Nupur Dalal – Emory University Hospital
Midtown

Dr. Janelle Holder - Emory St. Johns Hospital

Dr. Denise Lawe – Emory Johns Creek Hospital

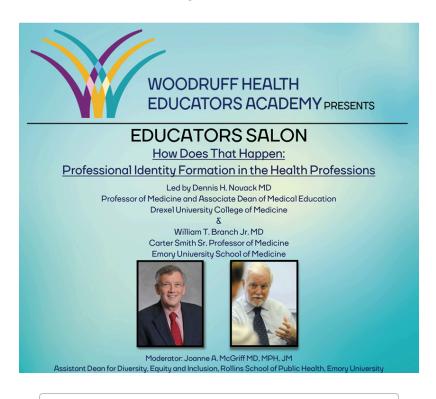
Dr. Robby Palm – Emory Decatur Hospital

Dr. Michelle Park - Supportive Care Clinic

Happy Primary Care Week!

Check out some special events below:

Monday, October 4:



Register for WHEA Educators Salon

Tuesday, October 5:



October 5, 2021 7 - 8 pm via Zoom



Healers:
Professional
Identity
Formation."

"Realizing Our

Potential as

Dr. Dennis Novack



Division of General Internal Medicine

The COVID-19 pandemic has posed innumerable challenges to healthcare professions. We find ourselves struggling to be resilient while maintaining our humanism and professionalism. Dr. Novack will describe how focusing on professional identity formation is critical for the personal growth of healthcare professionals and trainees particularly in times of healthcare crisis. He will also share best practices for achieving the personal growth that supports professional identity formation and sustains us as professional, humanistic leaders.

Dennis H. Novack, M.D. is Professor of Medicine and Associate Dean of Medical Education at Drexel University College of Medicine, where he directs clinical skills teaching and assessment. For almost 30 years he directed first-year medical student courses on medical

interviewing, biopsychosocial aspects of care, self-awareness, and professionalism at both Brown and Drexel Universities Schools of Medicine. He was one of the founders and leaders of the Academy of Communication in Healthcare, is a past president of the American Psychosomatic Society, and is President-Elect of the Academy of Professionalism in Healthcare. He is Chief Editor of DocCom and ProfessionalFormation.org, online resources for learning communication skills and professionalism in healthcare education.

Register for William T. Branch Jr. Lecture

Thursday, October 7:

11:00 am - 12:00 pm:

Joint Family Medicine Residency and Family Nurse Practitioner Student lecture on *Personal Growth and Professional* Formation.

Speaker: Dr. Dennis Novack.

12:00 pm - 1:00 pm:

Sponsored by the Family Medicine Interest Group (FMIG), **Dr. Johnson** will discuss the Kathelen and Dan Amos Medical Student Loan Forgiveness Program with **Emory medical students who are interested in primary care.**



Wellness Corner



TIMELY SERVICES FOR SOM FACULTY PHYSICIANS

The COVID fourth wave and 20 months of the COVID-19 pandemic have had an enormous impact on physician well-being.

To support our physicians, the Faculty Staff Assistance Program (FSAP) is offering a variety of new, enhanced and targeted services.

Physician Quick Consults (PQC)

PQCs are 20-minute individual, confidential consultations with an FSAP licensed mental health professional to discuss current concerns (e.g., burnout) and to identify well-being strategies. Virtual consults are offered select times daily, Monday through Friday, varied times 7:00 a.m.-6:00 p.m.

Physician Pandemic Support Group

This weekly drop-in group is a place for support and open discussion with colleagues. Led by an FSAP psychologist, the group meets Thursdays 5:15 p.m. - 6:15 p.m. The group structure is Mindfulness instruction and practice, and open discussion. Not interested in the mindfulness practice, just log in at 5:30 p.m.

Well-being Check-ins (WBCi)

WBCis are a preventive service consisting of mental health screens and a meeting with an FSAP clinician to discuss stressors and practical resilience strategies. Virtual meetings are scheduled by calling FSAP.

Register for your **Physician Quick Consult** - https://bit.ly/FSAP_PQC Select times daily, Monday through Friday, varied times 7:00 a.m. - 6:00 p.m.

Drop in to the **Physician Pandemic Support Group**, Thursdays 5:15 p.m. – 6:15 p.m. - https://bit.ly/3jBMd2C

Schedule your Well-being Check-in by calling (404) 727-WELL

Faculty Staff Assistance Program | (404) 727-4328 | efsap@emory.edu | www.fsap.emory.edu

Transformative Research

In the News

Dr. Kavalieratos recognized for **Researcher Appreciation Day**

Each year, our Faculty Recognitions Committee organizes this opportunity to nominate colleagues who are performing groundbreaking research, and the committee reviews all nominations to select the honorees. The full list of honorees is available **here**.



DEPARTMENT OF FAMILY & PREVENTIVE MEDICINE

Dio Kavalieratos

Research focus: Palliative Care

Dio is involved in highest-level national palliative care research through multicenter RCT's and qualitative research. He has assembled an amazing research team and created opportunities for mentoring, funding and education that have empowered clinicians in our Department with the tools to embark on groundbreaking research.

FPM Research Team's Nurse Burnout Research featured by GA CTSA



women. If we want to think about how we keep nurses employed and enjoying their work and women in the workforce, these issues of burnout are important to

address," says Dr. Megha Shah.

Recent Awards



Dr. Miranda Moore



Dr. Leslie Johnson

Dr. Miranda Moore and 2 colleagues from GA GEAR have been funded by the Alzheimer's Association for their project titled, "Assessing a new measure of community-level dementia-friendliness." The project will run from October 2021 to September 2023 and has been funded for \$249,998.00.

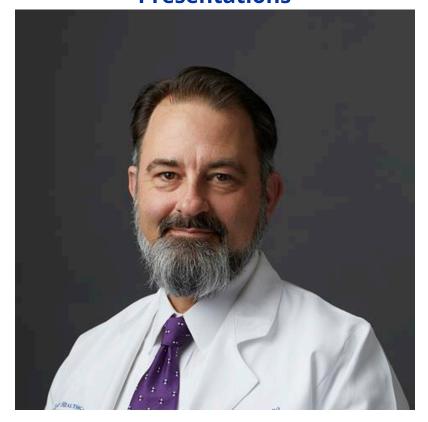
Summary: As the United States population ages, experts estimate the prevalence of Alzheimer's and related dementias will increase dramatically. Organizations and researchers have deemed building dementia-friendly

communities a priority for everyone, and innovative programs are being developed to meet the educational and infrastructural needs of individuals living with dementia and their caregivers. However, there are no currently available tools to assess how dementia-friendly a community is or the effectiveness of these interventions to increase dementia-friendliness. Through a partnership with the Alter program, which aims to improve the physical and mental health outcomes of African American church community members using educational and infrastructural interventions, we propose to use survey methodology and factor analysis to create and validate a measure to assess the level of dementia friendliness of these faith communities.

Dr. Leslie Johnson received pilot grant funding from the Emory Maternal Child Health Center of Excellence to conduct a project, "The Impact of COVID-19 on Women's Experiences of Pre-natal Care, Birth Support, and Delivery in the US South," in collaboration with Dr. Subasri Narasimhan from the Hubert Department of Global Health.

Ethan Dubin, an MPH student working with **Dr. Dio Kavalieratos**, submitted an abstract to
North American Cystic Fibrosis Conference on
pain and symptom experiences in CF has been
named a semi-finalist for the Junior
Investigators Best Abstract in Clinical Research
Award. A huge and well-earned congratulations

Recent and Upcoming Presentations



Dr. Paul DeSandre will chair **Preserving Options at End of Life: Hospice, Palliative Care and Organ Donation** at the Georgia
Hospice and Palliative Care Organization's 2022
Annual Conference at the UGA Center in
Athens, GA February 23 – 25, 2022!

Dr. Paul DeSandre, Dr. Ali John Zarrabi, and colleagues presented "Art and Museum-Based Teaching at Emory: Highlights from 3 Years of Teaching in the Health Professions" at Emory Med Ed Day 2021.

Below, left to right: Dr. Stephanie Drew, Assoc Prof. Surgery; Dr. Ali John Zarrabi, Asst Prof. Palliative Medicine; Dr. Paul DeSandre, Asso Prof Palliative Medicine; Dr. Holly Gooding, Asso Prof. Pediatrics



Highlighted Opportunities:



You are cordially invited to attend the Department of Medicine's 14th annual Research Day! This year's event will now take place virtually via Zoom Thursday, October 14, 2021, from 8 a.m. to 3 p.m. The full agenda is available here.

The program includes both oral and poster presentations, as well as a keynote address

titled, "Understanding inherited forms of prostate cancer: from familial risk to metastatic prostate cancer," from Kathleen Ann Cooney, MD, George Barth Geller Distinguished Professor of Medicine and Chair of the Department of Medicine at Duke University. Awards are given at the conclusion of the day to recognize the most outstanding presentations.

Department of Medicine Research Day has celebrated research efforts across the department since 2008. The event brings together researchers from all divisions and provides an opportunity to share exciting new findings, facilitate scientific exchange, and identify potential new collaborations.

Register to attend by Thursday, October

7. For questions about Research Day, please contact Sarah McClellan, senior research program coordinator, at DOMResearch@emory.edu.

Recent Publications

Dr. Mo Ali *et al.* published <u>Factors associated</u> with adherence to guideline-recommended cardiovascular disease prevention among <u>HIV clinicians</u> (*Transl Behav Med.* 2021 Sep 16:ibab125. doi: 10.1093/tbm/ibab125. Online ahead of print. PMID: 34529051) and <u>Differences in U.S. Rural-Urban Trends in</u> **Diabetes ABCS, 1999-2018** (*Diabetes Care.* 2021

Aug;44(8):1766-1773. doi: 10.2337/dc20-0097. Epub 2021 Jun 14. PMID: 34127495).

Dr. Mo Ali and Dr. Megha Shah, along with Family Medicine resident Dr.

Nikhila Gandrakota, published Trends in Health Information Technology Use Among the US Population With and Without Cardiovascular Risk Factors, 2012-2018:

Evidence From the National Health Interview Survey (JMIR Public Health Surveill. 2021 Sep 30;7(9):e29990. doi: 10.2196/29990. PMID: 34591026).

Dr. Kim Curseen and Dr. Jabeen Taj coauthored a book chapter titled Symptom management in cardio-pulmonary disease in the textbook "Palliative Care for Physician Assistants" (Oxford Press). This was released 2 weeks ago.

Dr. Ted Johnson *et al.* published **Associations** between remote patient monitoring programme responsiveness and clinical outcomes for patients with COVID-19 (BMJ Open Qual. 2021 Sep;10(3):e001496. doi: 10.1136/bmjoq-2021-001496. PMID: 34518302 Free PMC article).

Dr. Ted Johnson *et al.* published <u>Outcomes</u> <u>using direct-acting antiviral hepatitis-C</u> <u>treatment in older versus younger</u>

<u>Veterans</u> (*J Am Geriatr Soc.* 2021 Sep 9. doi: 10.1111/jgs.17445. Online ahead of print. PMID: 34499744).

Dr. Jodie Guest *et al.* published <u>The</u>

<u>Spatiotemporal Distribution of Pre-Exposure</u>

<u>Prophylaxis Accessibility in the United</u>

<u>States, 2016-2020</u> (*Ann Epidemiol.* 2021 Sep 23:S1047-2797(21)00290-8. doi:

10.1016/j.annepidem.2021.09.006. Online ahead of print. PMID: 34563567)

Preventive Medicine resident **Dr. Alexander Molinari** published **Obturator Hernias** in *Osteopathic Family Physician* (Vol. 13, no. 5, Sept. 2021, pp. 42–44, doi:10.33181/13052). The style of the article is called a Clinical Image, which is essentially a way of sharing uncommon conditions through a vignette, questions, and discussion.

Educational Investments for our future

PA Program Teaches with Augmented Reality & Ultrasound

Dr. Maha Lund reports that there is some very cool high-tech training going on in the PA Program. The PA students are studying Anatomy using augmented reality and ultrasound.

Below: 5 PA students reviewing anatomy using augmented reality technology. The students also took a virtual anatomy quiz. Each student looked at an individual hologram with different structures "tagged" and answered questions.



Below: PA students "dissecting" the pharynx and larynx using augmented reality headsets. This photo includes the hologram the students are working on.



Below: more photos from the augmented reality workshop.



Below: photos from the ultrasound workshop



Dr. Joel Shu and other experts lecture to Preventive Medicine Residency

The Emory Preventive Medicine Residency Program takes advantage of our institutional and local experts when developing their didactic lecture schedule. You can see what's coming up for the Preventive Medicine residents by checking out the newly revived FPM calendar on the department website. You can see the calendar if you scroll to the bottom of the **FPM Home page**.

For the October 1 lecture, guest **Dr. Joel Shu** (Chief Medical Officer and Chief Quality Officer for the Emory Healthcare Network) spoke for 2.5 hours on Clinically Integrated Networks. Dr. Shu is an important partner of the Preventive Medicine Residency Program, providing rotation opportunities for our residents and delivering didactic sessions that address the continuing and complex evolution of health care systems.

Thanks to **Dr. Beth Tong**, Preventive Medicine faculty member, the Emory School of Medicine now has a Preventive Medicine elective rotation. The October 1 lecture was attended by an Emory M4, Eric Bethea, who is currently on the PM rotation.



Above: Left to right: Preventive Medicine residents Dr. Siri Chirumamilla, Dr. MelissaTaylor, and Dr. Sarah Dupont, EHN CMO and CQO Dr. Joel Shu, Preventive Medicine residents Dr. Alexander Molinari and Dr. Hari Athreya, medical student Eric Bethea, and Preventive Medicine resident Dr. Ronak Ghiya.

Photo credit: **Dr. Richard Goodman**

Family Medicine Residency Retreat

The Family Medicine Residency had their annual retreat - enjoy some highlights from the day in the photos below:













Being of Service

Palliators run Win the Fight 5K

Our department was well-represented at the Winship Win the Fight 5K on October 2. The Emory Palliative Care Center "Palliators" team included by 5 team members plus one "palliator-in-training." Pictured below are **Dr.**Lawson Marcewicz, Dr. Jabeen Taj, Dr. Laura Brachman, Courtney Cawthon, and Dr. Lynn O'Neill plus Lawson's daughter, Ruby. The Palliators had a great time connecting while engaging in a healthy activity on a beautiful fall morning and plan to run again next year. It's not too late to donate to the Palliators - click HERE for more information.



Dr. Guest works overtime to vaccinate and share COVID updates



In addition to serving as **Associate Program Director of the PA Progam**, **Dr. Jodie Guest** is also a Professor at Rollins School of Public Health and Vice-Chair of the Department of Epidemiology, and she leads Emory's COVID-19 Outbreak Response Team. Dr. Guest has made frequent media appearances during the pandemic to keep healthcare professionals and the public updated on the latest news about COVID, COVID treatments, and the strain on the healthcare system. Here are a few of her most recent talks:

Emory pulmonologist Dr. Alex Troung and Dr. Jodie Guest talking about Long-COVID

Emory Healthcare Hospital Group President and Co-Chief of Clinical Operations for Emory Healthcare Dr. Bryce Gartland and Dr. Jodie Guest talking about hospitals in the 4th surge

Professor of Medicine (Infectious Diseases),
Global Health, and Epidemiology Dr. Carlos del
Rio and Dr. Jodie Guest talking through the
CDC's Advisory Committee on Immunization
Practices meeting on booster shots

Dr. Carlos del Rio and Dr. Jodie Guest talking about differences in booster shots and a 3rd dose

<u>Director of the Antimicrobial Management</u>

<u>Program and Associate Hospital Epidemiologist</u>

<u>at EUH Dr. Jay Varkey and Dr. Jodie Guest talking</u>

<u>about breakthrough infections</u>



The Emory Farmworker Project fall clinic needs volunteer translators.

October 13-14 in Valdosta (Spanish only)
October 15-17 in Bainbridge (Spanish & Haitian-Creole needed).

Lodging provided.
Contact Javar.White@emory.edu for more details

You're Invited!

To the 8th Annual Celebration of Faculty Excellence Ceremony.

Wednesday, October 20 from 6:00 – 7:30 p.m.

Due to the current pandemic, this year's ceremony will be hosted on Zoom.

Department honorees:

Dr. Kim Curseen, Eminent Physician

Dr. Oguchi Nwosu, Distinguished Physician

Please use this link to **RSVP*** for this special event.

*The Zoom link and password will only be sent to registrants.



News from the Diversity, Equity, and Inclusion Council

DEI Council Spotlights:

Each month, the FPM DEI Council will spotlight a different staff member of the department. This month, the council spotlights Ms. Oluyinka "Yinka" Ajirotutu



Ms. Yinka Ajirotutu, MBA, MHA

Administrator, Clinic Operations, Dunwoody Family Medicine Clinic

1. What do you like to do in your spare time, outside of work?

I am an avid runner, I also really enjoy strength training, hiking and walking, any outdoor activities are great for me. Additionally, I like reading, writing, cooking, traveling and spending time with my friends and family.

- 2. Birthdate: May 14
- 3. Home town (please tell us a few interesting items about your birthplace): Pittsburgh, PA

I am from Northern California and lived mostly in Berkeley and Oakland, California. This area is known for Silicon Valley, great food, moderate weather and lots of diversity. It was a great place to grow up.

4. What do you like to do in your spare time?

Most of the activities on my bucket list are related to travel, a bucket list item I achieved prepandemic was surfing in the Indian Ocean off the coast of Capetown, South Africa with friends

English and Spanish Vaccine Encouragement Videos Available

A group of Latinx/Latino/Hispanic members of the National Academy of Medicine including Emory's Dr. Carlos del Rio have put together a video for Hispanic Heritage Month to encourage people to get vaccinated. This video is modeled after the video done by Black members of the NAM. You can access the video here in English: https://nam.edu/promoting-vaccination-uptake-english/ and in Spanish: https://nam.edu/promoting-vaccination-uptake-spanish/

News from the Faculty Development Committee

The Welcome Reception and Resource Fair on **Tuesday, November 2, 2021** will be hosted on campus and will allow you to network with other new SOM faculty and learn more about university-wide resources.

FAALI Lecture Series

Is Social Media Worth My Time? Using Social Media Professionally

Wednesday, October 6, 2021, 12 – 1PM

Learning objectives:

- 1. To understand how to engage professionally in social media
- 2. To describe how social media can be used for storytelling
- 3. To learn how to incorporate social media into your research
- 4. To develop skills to use social media for advocacy

Presented by: Carlos del Rio, MD Gina Lundberg, MD Kimberly Manning, MD

Links to previous department newsletters can be found on the department website **HERE**.

Got news? Please send your announcements and photos to leigh.partington@emory.edu. The DFPM newsletter is published monthly.



Department of Family and Preventive Medicine

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