monthly news from Emory's Dept. of FPM



Department of Family and Preventive Medicine

# News from Family & Preventive Medicine

March 2021

### Just 55 Words:



Ted Johnson, MD, MPH

An anniversary: March 2021 marks one year since COVID-19 brought such drastic changes to all aspects of our lives. Technology has afforded us new ways to teach, learn, and care for our patients and each other. Our research has strengthened and expanded. Our resilience and determination keep us going; vaccines and warmer weather bring hope.

# >>BOX Migration Project>>

Our Department Box accounts are scheduled to be moved to OneDrive in March. If you have not already, you should receive 3 emails at some point during the month, which will tell you:

- 1. Your account is about to be migrated
- 2. Your account will be migrated tonight/this weekend
- 3. Your account has been migrated

Emory IT will move your folders - you don't have to do anything. All of your folders will have the same permissions, but you will have to reshare with any external (to Emory) users.

FAQs, training videos, registration for training sessions, and more can be found <u>HERE</u>.

### Wellness

### Let's move!

FSAP's Move More Challenge is back this spring (March 22-May 2). Registration opens on Monday, March 1. Participants will join teams of up to 10 people and work together to unlock 14 Emory destinations throughout the 6-week challenge. Participants will be able to use a variety of devices including Fitbit, Apple Watch, Garmin, or their smartphone. Earn points and have a chance to win great prizes for your active participation!

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# Wondering what to do with kids this summer?

**Emory's Annual Camp and Learning Expo** will be held virtually this year on March 4th from

10:00-2:00. Learn about the variety of summer camps and learning programs offered throughout the Metro Atlanta area.

# Transformative Research



Family Medicine Residency Research Symposium March 18, 2021

### 8 am - 12 pm

8:00 Welcome and Introductions

8:15 Ousama Aboushaar - Chronic Foot Pain in a Pediatric Patient

8:30 Heba Gill Chaudhry - Anxiety and depression rates during the COVID-19 pandemic

8:45 Sarah Dupont - Evaluation of the implementation of a quality improvement curriculum in a primary care resident clinic

9:00 BREAK

9:15 Andrew Clementz - An unfortunate case of pancreatic cancer

9:30 Angela Holder - Effects of a resident led wellness program on burnout and wellness in a family medicine residency program

9:45 Ellie Hur - Intertrigo with superimposed HSV infection in 29-year-old women

10:00 Zazi Nylander - Implementing a standard operating procedure for PrEP increased provider comfort, knowledge and prescribing in a Georgia residency program

10:15 BREAK

10:30 Miranda Moore - Switching between fee-for-service and managed care associated with increased ED and hospital utilization, in Texas Medicaid

10:45 Natalia Pineda - Effect of COVID-19 quarantine on patients with underlying anxiety and/or depression that have not followed up in clinic

11:00 Christine Tolu - Ajayi An unusual case of gout induced arthropathy after a knee arthroplasty

11:15 Ruth Wei - A case of IgG4 related eye disease disguised as strep throat and pre-septal cellulitis

11:30 ADJOURN

Zoom link is **https://zoom.us/s/94390518520**.

Or join with meeting ID: **943-9051-8520** Passcode: **150352**.

### **Research News**

We're kicking off 2021 with a new feature in our department newsletter. We'll highlight a different faculty member's research every month, so that you can stay up to date on your colleagues and their current projects.



**February Featured Researcher:** 

#### Sara Turbow, MD, MPH

Associate Professor, Division of Preventive Medicine (DFPM)/General Internal Medicine (DOM)

#### What is your professional background?

I completed all of my training at Emory—med school, MPH, internal medicine/primary care residency, and preventive medicine residency.

# In what division/program do you work and who is your mentor?

I am in general medicine and preventive medicine. I am fortunate to have a team of amazing mentors; my primary research mentor is Mo Ali.

# Briefly discuss your research. Why is it important?

My research is focused on interhospital care fragmentation—what happens to patients when they have a readmission to a different hospital than they were previously discharged from. My current work is focused on identifying risk factors for and potential solutions to this type of fragmented care in older adults with Alzheimer's Disease. This research is important because it is a common problem with potentially serious effects (longer hospital stays, higher mortality associated with hospitalization).

#### What do you like best about Emory?

The people I get to work with and learn from.

#### What do you like to do in your spare time?

I love spending time with my husband and son and my hobbies include cooking, running, and sewing.

### What is a fun fact about you?

I'm still going strong on my 2020 New Year's resolution—to not buy any new clothes (thanks to my sewing hobby and secondhand shopping!)

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### **Recent Funding Awards**

### New Funding for Kulshreshtha



Congratulations to Dr. Kulshreshtha for two new funding awards!

Goizueta Alzheimer's Disease Research Center Education grant: Topic: *Stress and Cerebrovascular Reactivity* 

Alzheimer's Association Research Grant - (RAPID Funding Program in Dementia): *Effects of COVID* pandemic on Patients with Mild Cognitive Impairment

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### **Upcoming Research Meetings**

#### March 19, 2021

Contact Dr. Mo Ali or Emily Chuba for more information.

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### **Highlighted Opportunities**

### Call for Abstracts: Health Sciences Research Day

#### Abstract submission deadline: March 8, 2021

The 7th Annual Health Sciences Research Day is going virtual on **May 5, 2021**. Registration is required and is now open.

**Registration and more information>>** 

**KEYNOTE SPEAKER: Michael Chernew, PhD** Leonard D. Schaeffer Professor of Health Care Policy Director, Healthcare Markets and Regulation Lab Department of Health Care Policy, Harvard Medical School

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### **Recent Presentations**

Wells, L, Esper, G, **Johnson, TM**, **Kulshershtha A** *Adoption of Telemedicine in Outpatient Practices,* (Lindsey Wells, a Discovery Student mentee with Dr. Kulshreshtha won a **scholarship award** and had an oral presentation at Society for Teachers in Family Medicine meeting in February 2021)

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### **Recent Publications**

Samuels V, Schoppee TM, Greenlee A, Gordon D, Jean S, Smith V, Reed T, Kittelson S, **Quest T**, O'Mahony S, Hauser J, Guay MOD, Rabow MW, Emanuel L, Fitchett G, Handzo G, Chochinov HM, Yao Y, Wilkie DJ. <u>Interim Analysis of Attrition</u> <u>Rates in Palliative Care Study on Dignity</u> <u>Therapy.</u> Am J Hosp Palliat Care. 2021 Feb 9:1049909121994309. doi: 10.1177/1049909121994309. Online ahead of print. PMID: 33557587

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#### **Microsoft Teams Tips**

Microsoft Teams is a great way to communicate and collaborate within groups or departments. It adds instant messaging, audio, video, and integration capabilities to help a group's workflow.

Microsoft Teams will eventually replace Skype for Business. View additional information below:

- Video Introduction
- <u>Resources</u>
- <u>Training</u>

# Educational Investments for our future

### Virtual Match Day, March 19 2021

Students will celebrate at home with their loved ones and share their excitement on video chat and social media. The Office of Medical Education and Student Affairs will send students personalized emails at noon to inform them of their match.

You can submit messages, photos, and videos of congratulations to the Class of 2021 and find more information about Match Day 2021<u>HERE</u>.

#### Please use **#EmoryMatchDay** and

**#MatchDay21** (AAMC) on any social media post and tag @EmoryMedicine on Twitter. And follow the hashtag to view the reactions of Emory M4s and send congratulations!

# Dr. Rogers Retires





Congratulations to Dr. Phillip Rogers on his retirement! He has been precepting for Emory School of Medicine since 1998 and won multiple teaching awards over the years. Dr. Rogers was loved by his students for his empathetic and excellent teaching. He also created a highly effective model of interprofessional education that has benefitted hundreds of learners at Emory. The "Rogers Teaching Model" allowed Dr. Rogers to precept groups of up to 10 students, including PA, medical, nursing, and nurse practitioner students. He will be missed by his colleagues and his students. The pandemic precluded us from celebrating Dr. Rogers in person, but he was presented with a book full of testimonies and memories from students that's he's precepted throughout his career.

Over the years, Dr. Rogers collected many glowing evaluations from his students. Below

are just a few of the tributes from former learners.

Dr. Rogers was one of the best preceptors I have had all of my 3rd year. He defines what it means to practice the art of medicine.

He treats his patients with respect and humility, makes them laugh, feel at ease, and treats each of them in a kind and deeply personal manner.

He sets a prime example for medical students to strive for. He is also an astute clinician and carries decades of medical experience with him.

He is above all a gentle and profoundly empathetic spirit. It was a privilege to learn from Dr. Rogers during my APC clerkship.

Dr. Rogers is an extremely competent doctor and an incredible teacher. He is very patient with his students and I have never seen him be short with anyone or have a negative attitude. I wish all of my classmates could work with him.

Dr. Rogers is the best preceptor I have ever experienced. He gives students autonomy and lets us learn valuable skills from blood draws to billing. He makes teaching points out of every patient, and is a role model for the doctor-patient relationship. He is the reason that I now can read EKGs and chest x-rays. He is an absolute joy to learn from and I can't emphasize enough how fortunate I feel to have gotten to work with him.

Dr. Rogers has a way of infusing laughter and humor in most situations. He gently guided and taught at every opportunity and encouraged me to do procedures without fear.

Dr. Rogers cares deeply for his patients, staff, and students.

He is able to make the 6 weeks feel like it goes by incredibly quickly and makes sure his students have enough to do, but never feel overwhelmed.

At the end of 6 weeks, I felt like family and wanted to continue my rotation which speaks to the fantastic experience working under Dr. Rogers.

Perhaps most importantly, I learned how to be with patients. Dr. Rogers models an incredible rapport by building relationships with his patients. He knows how to approach different people in ways that makes each of them feel comfortable, known, cared for and able to really hear what he is saying. I learned a lot about the progression of a workup in the outpatient setting as well, and how to communicate about that process while it is ongoing/in process/uncertain with both patients and other providers.

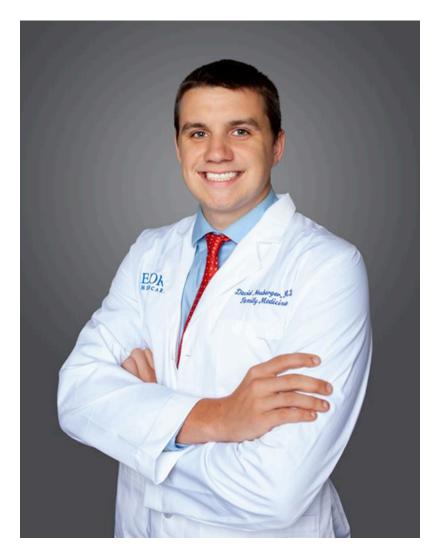
I am seriously considering family medicine as a specialty, and I am ever grateful to Dr. Rogers for being a role model of an excellent family physician, who treats each of his patients with dignity and respect and cares for their health in all regards.

### Family Medicine Announces New Chiefs

The Division of Family Medicine is proud to announce that **Dr. Bernadette Baker** and **Dr. David Neuberger** will serve as Chief Residents for the 2021-2022 academic year.



Dr. Bernadette Baker



Dr. David Neuberger

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### PA Program Announces Virtual Open House Schedule

The PA Program will hold 4 Open Houses for prospective applicants during the spring and summer. Zoom Links to register are listed below and can also be found on the PA program website.

March 26

<u>May 28</u>

<u>June 25</u>

<u>July 30</u>

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### Update on the Art and Medicine workshop

The innovative work of **Drs. Paul DeSandre** and **Ali John Zarrabi**, as funded by the Emory Imagine, Innovate, and Impact (I3) Education Award, continues. Now underway is The Art of Palliation, a three-part art museum-based experiential curriculum designed to foster core palliative care clinical and team-based skills *outside* of the usual structures and hierarchies of the healthcare environment. The first session focuses on self-awareness through critical observation and active listening skills. The second session explores bias, cultural humility, mortality and meaning. The third session addresses empathy and the tolerance of uncertainty. The sessions run April – June.

The next Quarterly meeting of the Art in Medicine workshop participants will take place on March 19th at the High Museum of Art.

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### Lal completes WHEA Teaching Fellowship

Congratulations to **Dr. Ashima Lal** for completing the 2020-21 Woodruff Health Educators Academy Teaching Fellowship. Dr. Lal and her cohort of 31 faculty and staff educators have been working together for the past 12 months to advance their teaching skills and offer quality instruction to their learners. To learn more about the Teaching Fellows, the types of teaching strategies they learned and adopted, and to pick up a few teaching tips, check out the <u>WHEA Exploration in Teaching</u> <u>and Learning Newsletter, Volume 2</u>.



# Johnson selected as Emerging Leader



**Leslie Johnson**, PhD, MPH, MLitt, post-doctoral fellow in the Department of Family and Preventive Medicine, has been selected as an inaugural fellow for the Society of Behavioral Medicine's Diversity Institute for Emerging Leader's Program. The purpose of the SBM Diversity Institute for Emerging Leaders is to help early-career SBM members develop into effective, thoughtful leaders by fostering leadership skills and a deep understanding of the principles of diversity and inclusion. Congratulations, Dr. Johnson!

# News from the Diversity, Equity, and Inclusion Committee

#### From the desk of Dr. Antonio Graham

Have you heard the news? The department of Family and Preventive Medicine has a diversity, equity and inclusion initiative! This very important initiative is being led by Drs. Antonio Graham and Kimberly Curseen. Although it is in its infancy stage, a lot has been taking place on Monday nights at 5:00 pm.

For example, once a month the newly formed DEI council meet to discuss the hot topics and not so hot topics to formulate the best practices and how to educate individuals concerning diversity, equity and inclusion.

This dynamic council begun working in affinity groups to address pressing areas that surround diversity and inclusion. Once the ground work is laid, we will begin to engage, invite and solicit opinions and comments from our entire department!

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Two of our Palliative Care colleagues, **Dr. Kim Curseen and Dr. Chinonye Nnaji,** were featured for Black History Month. Read about Emory's history and our colleagues stories <u>HERE</u>.

# The School of Medicine wants to hear your story!

As part of the School of Medicine's commitment to an inclusive environment at Emory, they have set a goal to build a culture that recognizes the contributions of all individuals – including those who come from underrepresented groups. While the SOM will recognize the work of our diverse community year-round, they are organizing initial efforts through focused affinity month celebrations to promote sharing, awareness, and learning.

The SOM is seeking self-nominations and/or peer nominations of faculty members who are willing to share their stories. Nominations will be accepted on a rolling basis. Submit your story, nominate yourself or a colleague, and read other stories <u>HERE</u>.

- Women's History Month (March) DUE MARCH 4th.
- Arab-American Heritage Month (April)
- National Asian American and Pacific Islander Heritage Month (May)
- LGBTQ+ Pride Month (June)
- <u>National Hispanic Heritage Month</u>
  <u>(September)</u>
- <u>National Disability Employment Awareness</u> <u>Month (October)</u>
- <u>National Native American Heritage Month</u>
  <u>(November)</u>
- Black History Month (February)

## News from the Faculty Development Committee

### Faculty Development Opportunities

Have you discussed promotion with your division or program director and you're considering submitting a dossier for the 2021-2022 promotion cycle? If you haven't already, please contact Dr. O'Neill and Leigh Partington.

### Deadlines to keep in mind:

### Non-Tenure Service or Teaching Focus (Associate Professor ONLY) April – October 2021

04/01: Division/Program Director submits potential candidates 04/22: SOM packet class option 1 05/25: SOM packet class option 2 06/25: Preliminary packet due to DFPM staff 07/07: Revised packet due to FPM P&T committee 07/22: Report delivered to candidate by DFPM 08/18: Final leadership dossier and evaluator list due to DFPM leadership 10/18: Chair letter and completed dossier submitted to SOM

### Non-Tenure Scholarship Focus (Associate or Full Professor)

#### June – December 2021

06/14: Division/Program Director submits potential candidates 06/22: SOM packet class option 1 07/26: SOM packet class option 2 08/06: Preliminary packet due to DFPM staff 09/06: Revised packet due to FPM P&T committee 09/23: Report delivered to candidate by DFPM leadership 10/19: Final dossier and evaluator list due to DFPM leadership 12/06: Chair letter and completed dossier submitted to SOM

### Non-Tenure Service or Teaching Focus (Full Professor only) September 2021 – February 2022

09/10: Division/Program Director submits potential candidates 10/11: SOM packet class

10/21: Preliminary packet due toDFPM staff11/01:Revised packet due to FPM P&T committee11/18: Report delivered to candidate by DFPMleadership12/15: Final dossierand evaluator list due to DFPM leadership02/07: Chair letter and completeddossier submitted to SOM

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### 12th Annual Faculty Education, Enrichment, and Development (FEED) Conference

Friday, March 12, 2021 | 8 a.m. - 12:40 p.m. | Zoom The Department of Medicine and Department of Pediatrics Offices of Faculty Development are pleased to present the 12th annual Faculty Education, Enrichment, and Development (FEED) Conference. **FPM faculty are welcome to register!** This exciting half-day CMEaccredited program offers the following sessions:

#### **General Sessions:**

- "Leveraging Your Career with Social Media"
- "Demystifying Promotions"
- "Building Your Promotion Documents
  Workshop"

#### **Clinician Educator Breakout Session:**

 "Inclusive Communication is Key: Promoting Strong Mentoring Relationships"

#### **Researcher Breakout Session:**

• "Get Your Paper Published: An Insider's Guide to the Peer Review Process"

### Register HEREView Agenda HERE

The Emory University School of Medicine designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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### Faculty Academic Advancement, Leadership, and Inclusion Lecture Series

The FAALI (Faculty Academic Advancement, Leadership, and Inclusion) Lecture Series, presented throughout the year by senior faculty within the School of Medicine, covers practical topics aimed at assisting faculty in their career development.

**Details and Registration** for all events listed below.

# Inclusive Leadership: Getting Beyond the Numbers

### Thursday, March 11 | Noon - 1 pm

By: Carolyn C. Meltzer, MD FACR William P. Timmie Professor and Chair of Radiology & Imaging Sciences Executive Associate Dean, Faculty Academic Advancement, Leadership & Inclusion Chief Diversity and Inclusion Officer Emory University School of Medicine

### Dealing with Generational Differences and Perceptions/Perspectives in Learners

#### Tuesday, March 16 | Noon - 1 pm

By: Maria M. Aaron, MD Professor, Ophthalmology Associate Dean of Graduate Medical Education

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Did you know that the recordings of the Faculty Development Lecture Series are available on the Intranet? Go to <u>Faculty Video Library |</u> <u>Emory School of Medicine</u> to see recordings of lectures from the past 5 years. Topics include:

- Promotions & Career Development
- Research
- Education
- Clinical Service & Quality
- Diversity and Inclusion

- Medically Underserved
- Wellness

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# **Being of Service**

### Grady Palliative Care Team Recognized



Congratulations to the **Grady Palliative Care Team** for their nomination in the Team-Based category at the first Emory at Grady Awards Ceremony. The Emory at Grady Team-Based Award has been established by the Emory at Grady Award Committee to recognize teams (of at least 3-4 members) of faculty and/or staff committed to a common purpose or goal towards advancing the mission and vision of the Emory School of Medicine.

### Alfonso named GAFP President-elect



**Dr. Susana Alfonso** has been confirmed as President – elect for the Georgia Academy of Family Physicians and will become President and then Board Chair in 2022 and 2023, respectively. She has been a member for over 20 years and has served in various roles including Chair of the Education Committee and member of the Board of Directors since 2013. She has served on the Executive Committee since 2017.

The GAFP represents over 3200 family physicians, residents and students. Their mission is to promote the health of Georgians by advancing the specialty of family medicine through education, advocacy and service.

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### Rabinovitz nominated for Women of Excellence Distinguished Leadership Award



The Women of Excellence Awards honor those who have demonstrated extraordinary dedication to issues affecting women at Emory and in the broader community. Join us for a virtual celebration on Thursday, March 4, 2021. To register, visit: <u>tinyurl.com/WOEawards2021</u>

# **Kudos and Good News!**



Congratulations to **Dr. Victoria Anderson** and her family on the birth of Gabriel Lee Anderson on February 9th. Mom and baby are both doing well. Welcome to the Family Medicine family, Gabriel!

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The Palliative Care team enjoyed lunch provided by a donor!

Pictured at left, from left to right: Dr. Lauren Marcewicz, Dr. Tammy Kaza, one of our palliative learners, and Dr. Lynn O'Neill



Above: Monai Griffin, MA, Carneisha Sparks, MA

Above: Dr. Ashima Lal, Sheri Henry CFMP, Jessica Thompson ACNP

# Don't Miss Opportunities!



**Dr. Janelle Williams Holder**, one of our Palliative Medicine fellows, will be a speaker at the Community Health Forum on Facebook Live. Details above.



Healthcare Ethics Consortium 2021 Annual Conference

### HEALTHCARE ETHICS: RESPONDING TO THE MANY FACES OF SUFFERING

#### MARCH 17-18, 2021 VIRTUAL CONFERENCE

Are you ready to engage in a distinctive discussion?

<u>Register at</u> <u>hcethics.org by</u>

<u>March 12, 2021</u>

#### FEATURED SPEAKERS

Rosemarie Garland-Thomson, PhD, Emory University, Atlanta, GA Tammie E. Quest, MD, Emory University School of Medicine, Atlanta, GA

**Cory Labrecque**, PhD, Université Laval, Quebec, Canada

Nneka O. Sederstrom, PhD, Children's Minnesota, Minneapolis, MN

**Travis Rieder**, PhD, John Hopkins, Baltimore, MD

#### TOPICS

- What Do We Mean by Suffering? What Does Ethics Have to Do With It?
- Patient Cases / Narrative Discussion
- Religious Perspectives on Suffering
- Ethics of Pain Management
- Caregiver Suffering & Moral Distress
- Potentially Inappropriate Medical TreatmentCognitive Changes & Caregiver
- Perspectives

#### CONTINUTING EDUCATION UNITS

Social Work Continuing Education Credits have been approved. Continuing Nursing Education Units and Health Education Continuing Education Units are currently being applied for.

Application for National Academies of Sciences, Engineering, and Medicine New Voices 2021 Cohort Deadline to apply: March 31

A diverse cohort of 18 mid-career experts will have the opportunity to bring their collective ideas about critical and emerging interdisciplinary issues to the work of the National Academies. During the course of the two year program, members are given an opportunity work within an extremely diverse cohort of outstanding leaders to collectively advance their ideas about the future of science, engineering and medicine. By design, the cohort's objectives are self-defined at the start of each program cycle. The two-year program runs from mid-2021 to 2023. **The deadline for this application is March 31st, 2021.** 

Program details and eligibility

- The program is open to U.S. scientists, engineers, health professionals and related expertise.

- Applicants should be U.S.-based with primary affiliation with a U.S. institution.

- Selected members are typically within 10-12 years of their advanced degree.

- Applicants from industry, academia, public service, non-profit and other sectors are eligible to apply.

Previous member profiles, the New Voices Strategic Plan, and other program information are available at the program website: <u>www.nas.edu/newvoices</u>

Members invited to join the cohort will be expected to attend 3 meetings per year (virtually at least for most of 2021), participate in member committees, and join engagements with National Academies leadership. Members may have the opportunity to participate as expert volunteers in other National Academies activities. New Voices is not a fellowship or training program and no stipend is provided. All participation expenses are covered by the program.



### HIV & Aging: Mitochondria to the Metropolis Virtual Conference

### April 14-16, 2021

HIV & Aging: Mitochondria to the Metropolis is going virtual! The theme for the 2021 conference is "HIV & Aging: Mitochondria to the Metropolis — Population Determinants of Health." This multidisciplinary conference will provide a venue for all attendees to build scientific partnerships and contribute useful knowledge to the quality of care and life of persons aging with HIV.

### **Registration Now Open!**

- **Professional (***Faculty, Clinicians, Claiming CE Credits*): **\$75**
- Student: \$50
- Community Member (*Persons living with* or affected by HIV): Free

### More information >

#### Did you miss an issue?

Links to previous department newsletters can be found on the department website <u>HERE</u>.

Got news? Please send your announcements and photos to leigh.partington@emory.edu. The DFPM newsletter is published monthly.

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