



EMORY  
UNIVERSITY  
SCHOOL OF  
MEDICINE

Department of Family  
and Preventive Medicine

# News from Family & Preventive Medicine

June 2020

**Just 55 Words:**



Ted Johnson, MD, MPH

In the University's circle of life, our health professional trainee calendar rings in a new year each July 1. This month, we wished in online ceremonies our palliative medicine fellows (4) and our podiatry (5), family medicine (8), and preventive medicine residents (6) all the best. We look forward to continued partnership in important work.

## White Coats for Black Lives

Emory University Hospital Midtown Family Medicine residents and faculty joined the Emory "White Coats for Black Lives" vigil at 1 pm on Friday, June 5th. **Dr. Oguchi Nwosu, Dr. Liane Beck** and several family medicine residents led by Dr. Neuman were among the hundreds of Midtown physicians and staff who knelt for 8 minutes and 45 seconds to honor George Floyd, protest racist violence, and recommit to working for a more just future. Dr. Nwosu said he was "touched by how the next generation is standing up for what's right. The Emory Midtown CMO estimated that 400-500 people participated at Midtown." The "White Coats for Black Lives" event was spearheaded by Emory School of Medicine students and took place at multiple Emory healthcare locations across the city as well as on the main campus quadrangle. Photos of the Emory Midtown FM team, and the event at Midtown, can be seen below.













## **Resources for Engaging in Anti-Racism Work and Practicing Solidarity**

- [Resources for Engaging in Anti-Racism Work](#)
- [We are Living in a Racist Pandemic](#)
- [Your Black Colleagues May Look Like They're Okay – Chances are They're Not](#)
- [Affirming Black Lives Without Inducing Trauma](#)

## **Resources for Black, Indigenous and People of Color (BIPOC) to Engage in Self-Care**

- [Surviving & Resisting Hate: A Toolkit for People of Color](#)

- [Self-Care Tips for Black People Who Are Struggling with this Very Painful Week](#)
- [Self-Care for People of Color after Psychological Trauma](#)

Updated news and information available at the Department of Medicine's Diversity, Equity, and Inclusion [website](#)



## **A Culture of Wellness:**

**wellness is more than just exercise  
and eating our vegetables**

Emory offers a suite of resources around adult care, financial wellness, child care, and college planning, available for free to employees:

<https://www.hr.emory.edu/eu/work-life/specialized-research/index.html>

Retirement Plan Counseling: meet with a retirement plan vendor by phone or zoom for free:

<https://hr.emory.edu/eu/benefits/retirement-plan-counseling.html>



Discounts! Learn about the discounts available to Emory employees:  
<https://www.hr.emory.edu/eu/rewards/employee-discounts/index.html>

## Meet our new Vice-Chairs



Congratulations to **Dr. Antonio Graham**. He will be our Vice Chair of Diversity, Equity, and



Inclusion. Dr. Graham currently serves our department as Assistant Medical Director of the Emory Physician Assistant Program and as a geriatrician at the Atlanta VA Medical Center. Dr. Graham earned a Master's degree in neurobiology and physiology at Purdue University in 2004 and earned his DO at the Philadelphia College of Osteopathic Medicine in 2011. He completed his internship and residency in internal medicine at the University

of South Alabama Medical Center in Mobile and a fellowship in geriatrics and gerontology at Johns Hopkins University School of Medicine. His research interests include memory and cognitive deficits and dementia, delirium, and depression. Dr. Graham has a vision for our department to be as inclusive and equitable as possible. The joint vision of the leadership team is to make Emory Family and Preventive Medicine a destination of choice for diversity, equity, and inclusion and to be a model department where people feel supported at work and feel seen and valued. The ultimate goal is a department operating at its optimal efficiency and creativity.



Congratulations to **Dr. Lynn O'Neill**. She will be our Vice Chair of Faculty Development. Dr. O'Neill currently serves our department as Associate Director of the Emory Palliative Care Center and Director of the Emory Hospice and Palliative Medicine Fellowship. A native of Tallahassee, Florida, Dr. O'Neill is a 1998 graduate of Emory College and a 2002 graduate of Vanderbilt University School of Medicine. She completed a residency in internal

Medicine at University of Alabama Hospitals in Birmingham followed by fellowships in palliative care and geriatrics at Mount Sinai Hospital in New York. Her areas of expertise include developing and implementing training programs in communication skills. In her new role as Vice Chair of Faculty Development, Dr.

O'Neill looks forward to working with faculty across the Department both individually and corporately with goals of highlighting current strengths and achievements and helping facilitate the Department to reach even greater heights.

## **Transformative Research**

### **Congratulations on New Funding Awards!**

The Emory I3 Education Awards highlight, promote and disseminate innovations in medical education and training that enhance our mission. Four new awards totaling \$52,500 were awarded to teams and *TWO* of those awards went to our Department!

**Dr. Sara Turbow** (preventive medicine) for her project **Transforming Interprofessional Education through Student Hotspotting: A Novel Population Health Approach to Address Social Determinants of Health Among High-Need, High-Cost Patients at Grady Health System.**

**Dr. Ali John Zarrabi** and **Dr. Paul DeSandre** (palliative medicine) for their project **Establishing a Museum-Based Education Initiative at Emory School of Medicine.**

\*\*\*\*\*



**Dr. Jodie Guest** is one of the named collaborators on the new **Emory COVID-19 Response Collaborative** that has been funded by a \$7.8M gift from the Woodruff Foundation. More on the Collaborative effort [here](#).

\*\*\*\*\*

**Dr. Megha Shah** received official notice that her K23 award was funded. This is a 5-year career development grant funded by the National Institute on Minority Health and Disparities that protects 75% of Dr. Shah's time to develop her research program. The goal of the K23 proposal is to provide necessary training in cultural adaptation, implementation science, and social network analysis to determine whether a social network-focused lifestyle intervention, based in a primary care setting, is feasible and acceptable for immigrant men from South Asia and West Africa and whether health behaviors will improve among participants' social networks. The proposed work aims to develop a community-informed program, based on evidence-based lifestyle programs, adapted for the specific needs for immigrant men and to understand the diffusion of health behaviors among participants' social networks, a potentially untapped resource for lifestyle behavior change.

\*\*\*\*\*

The scientific and clinical importance of training spiritual health chaplains/clinicians in the delivery of compassion-focused, evidence-based care has received recent recognition from the National Institutes of Health (NIH) in the form of a new five year K01 career development award to **Dr. Jennifer Mascaro, PhD**, faculty appointed as a biological anthropologist in

the Department of Family and Preventive Medicine. Mascaro is also lead scientist for [Emory Spiritual Health in the Woodruff Health Sciences Center at Emory University \(George H. Grant, MDiv, PhD, Exec. Dir.\)](#). This award complements earlier PEACE grant funding from the [Mind & Life Institute](#) to Dr. Mascaro and her team to conduct a randomized trial of the impact of [CBCT® \(Cognitively-Based Compassion Training\)](#) on the well-being of chaplains and their hospitalized patients. The new K01 career award, through the [National Center for Complementary and Integrative Health](#), is the first such award from the NIH, given to specifically study chaplain-delivered compassion interventions in a hospital setting. In particular, the K01 award will support Dr. Mascaro's training in integrative oncology research methods and implementation science, which will allow her to evaluate the feasibility and acceptability of a chaplain-delivered CBCT® meditation derived program for patients receiving hematopoietic stem cell transplant for cancer.

## **Leslie Johnson semifinalist in BioRender Annual Graphical Abstract Contest**

You can see Dr. Johnson's entry titled "The need for qualitative research in the time of covid-19" [here](#).

## **Recent Publications**

**Ali, M.K.**, Shah, D.J. & del Rio, C. [Preparing Primary Care for COVID-20.](#) *J GEN INTERN MED* (2020). DOI: 10.1007/s11606-020-05945-5

**Guest JL**, Sullivan PS, Valentine-Graves M, Valencia R, Adam E, Luisi N, Nakano M, Guarner J, del Rio C, Sailey C, Goedecke Z, Siegler AJ, Sanchez TH. [Suitability and Sufficiency of Telehealth Clinician-Observed, Participant-Collected Samples for SARS-CoV-2 Testing: The iCollect Cohort Pilot Study](#) *JMIR Public Health Surveill* 2020;6(2):e19731. DOI: 10.2196/19731.

Rasmussen SA and **Jamieson DJ**. [Caring for Women Who Are Planning a Pregnancy, Pregnant or Postpartum During the COVID-19 Pandemic.](#) *JAMA*. Published online June 05, 2020. doi:10.1001/jama.2020.8883

Decker, H.C., Hubner, G., Nwabuo, A., **Johnson, L.**, Texada, M., Marquez, R., Orellana, J., Henderson, T., Dicker, R., Plevin, R.E., & Juillard, C. (2020). [“You don’t want anyone who hasn’t been through anything telling you what to do, because how do they know?”: Qualitative Analysis of Case Managers in a Hospital-Based Violence Intervention Program.](#) *PLOS ONE*. 15(6): e0234608. Doi: 10.1371/journal.pone.0234608.

She Z, Gaglioti AH, Baltrus P, Li C, **Moore MA**, Immergluck LC, Rao A, Ayer T. [Primary care comprehensiveness and care coordination in robust specialist networks results in lower emergency department utilization: A network analysis of Medicaid physician networks.](#) *J Prim Care Community Health*. 2020. doi:10.1177/2150132720924432.



# Educational Investments for our future

## PM Residency adds 2nd Associate PD



Congratulations to **Dr. Sara Turbow**, who has been named an Associate Program Director for the Preventive Medicine Residency Program. Dr. Turbow will share Associate Program Director

duties with **Dr. Javier Valle**. Dr. Turbow, a member of the Emory General Medicine faculty since 2015, completed her Preventive Medicine Residency this month. Dr. Turbow earned her MD, MPH, and General Medicine Residency at Emory.

## FM Residency Annual Awards

The Family Medicine Residency held their certificate ceremony and celebration via Zoom on June 27th. During the ceremony, the following awards were announced.

### PGY-1 Resident Award



## LaHouse Scholar

Presented To

Bernadette Baker, MD

## PGY-2 Resident Award

Awarded to

**Zazi Nylander, MD**

Who most embodies the  
Spirit of Family Medicine

Emory Family Medicine  
Residency Program  
2019-2020

## PGY-3 Resident Award

Awarded to

**Jeremy D. Neuman, MD**

Who most embodies the  
Spirit of Family Medicine

Emory Family Medicine  
Residency Program  
2019-2020



## Scholarly Project Award

Awarded to

**Ryan D. Smith, MD**

For the Research Project Most Contributory  
to the Field of Family Medicine

Emory Family Medicine  
Residency Program  
2019-2020

## STFM Resident Teaching Award

Awarded to

**Ryan D. Smith, MD**

For Outstanding Resident Teaching

Emory Family Medicine  
Residency Program  
2019-2020

## The Ruthanne Ramsey Humanitarian Award

Presented To

***Daniel R. Englert, MD***

For Outstanding Service to Patients  
and  
Medical Student Teaching

The Emory Family Medicine  
Residency Program

2019-2020

## Family Medicine Faculty of the Year Award

Awarded to

**José M. Villalón-Gómez, MD, MPH**

By the Residents for Excellence in  
Family Medicine Teaching

Emory Family Medicine  
Residency Program  
2019-2020

## Rotation Teaching Award

Awarded to

**Lee Kneer, MD**

By the Residents for Excellence in  
Family Medicine Teaching

Emory Family Medicine  
Residency Program  
2019-2020

## Clinic Staff Award

Awarded to

**Brittany Adusei**

For Outstanding Service

Emory Family Medicine  
Residency Program  
2019-2020

## Nursing Staff Award



## Being of Service

## Dr. Jodie Guest on WABE

**Dr. Jodie Guest** has made multiple media appearances recently thanks to her work on the front lines of Emory's COVID-19 response. Her 23 minute interview on WABE's *Closer Look with Rose Scott* can be found if you click the red "play story" button in [this link](#).

*Pictured below: Dr. Guest being interviewed by Rose Scott.*





## **Evidence of our Awesomeness!**

### **Dr. Susy Alfonso named Atlanta Top Doc 5th year in a row**

Stay tuned - the link to full list of Atlanta Top Docs online will appear in our next newsletter.

### **Jason Freiji nominated for Staff Excellence award**

Mr. Freiji has been nominated for the *Excellence in Academic Innovation* Award. This award recognizes a staff member or team who have displayed exceptional work and/or produced significant innovations for the Department of Medicine. The innovations will have resulted in meaningful work process improvements and/or

work designs. Read more about the awards and nominees [here](#).

## **PM Alumni updates:**

Dr.Elizabeth Rabold, MD, MPH recently checked in with the Division of Preventive Medicine. Here's what she has been up to:

- I completed my thesis and MPH in December
- I was a finalist for the Shepard Award at Rollins
- I will be presenting work from my thesis at IAS 2020 in July
- I am finishing EIS this month and joining the Maternal and Child Health Branch at the Division of Global HIV and TB as a medical officer. I will be supporting Zambia, DRC, Haiti, and Dominican Republic as they strive to reduce/eliminate mother to child transmission of HIV.
- I deployed to Wisconsin under the COVID response and helped to design and implement a household transmission study. Some of our work products are in the finalization stage, and I am the first author on a manuscript about loss of taste and smell that will be published soon in Clinical Infectious Diseases.

## **Don't miss events and opportunities!**

### **Under-Represented in Medicine Faculty**

## Development Program

### Deadline July 24

Our new Vice Chair for Diversity, Equity, and Inclusion, **Dr. Antonio Graham**, would like to invite all Department of Family and Preventive Medicine URiM Faculty to apply to participate in the **Under-Represented in Medicine** Faculty Development program. Dr. Graham participated in the inaugural pilot program and found it to be a valuable resource on how to get promoted and build networks across campus. He notes that “having practical tools such as CV workshops and ‘how-to’ find opportunities to publish was/is very enriching. If interested, I highly encourage you to apply.”

This is a 5-month longitudinal career development program that will provide resources, information and tools important for academic success. The course will feature didactic sessions from diverse speakers, experiential components, along with peer mentoring and networking. Participants will also be paired with organizational leaders as coaches during this process.

The deadline is rapidly approaching on **July 24**. The application form and additional details are available here:

[https://inside.med.emory.edu/faculty\\_affairs\\_dev/urim.html](https://inside.med.emory.edu/faculty_affairs_dev/urim.html). If you wish to discuss further or would like additional information, please do not hesitate to email Dr. Graham at [agrah23@emory.edu](mailto:agrah23@emory.edu).

# Schwartz Center Rounds



## Sharing Our Experiences with COVID

By phone: 470-250-9358  
Meeting ID: 589 694 7596  
Password: 278966

Thursday, July 9, 2020  
12:00 pm – 1:00 pm  
**Zoom Meeting ONLY**

**Zoom Meeting:**

<https://zoom.us/j/5896947596?pwd=UHNNDdoMy9yclZqd1dGR0s0UndhZz09>

Meeting ID: 589 694 7596  
Password: EUHSR7920

**\*\* note different Password is required if joining via phone vs Zoom link \*\***

**In the spirit of Schwartz Rounds, we ask that you:**

- **Please share reflections that focus on your personal emotions and experiences** – how you've coped, what you've learned, how you've supported or been supported by others, what has allowed you to persevere, worries and unexpected joys, etc.
- **Please respect privacy and confidentiality of what is shared** (e.g., do NOT join the Zoom meeting from public areas such as nurses' stations or where the session could be easily overheard by non-participants).

## Emory University Hospital

Open to ALL Faculty, Staff, Housestaff, & Students

**Q: What are Schwartz Rounds?**

**A:** They are an opportunity for **interdisciplinary dialogue**. After listening to a panel's brief perspective on a case or topic, caregivers in "the audience" have an opportunity to **share their experiences, thoughts, and feelings**. The premise is that **caregivers are better able to make personal connections with patients and colleagues when they have greater insight into their own feelings and those of others**.

## Applications reopened for Woodruff Health Educators Academy Fellowship in Educational Scholarship

Applications are reopening for the WHEA Fellowship in Educational Scholarship. This 18-month program is for health science educators who want to develop skills in educational research and scholarship and consists of expert-led workshops to develop educational research skills coupled with a mentored scholarly project to be conducted in the participants' authentic education settings.



Educators from all health science schools and from Emory Healthcare are eligible to apply.

[Learn more or apply by July 15.](#)

## Important Zoom Security Features Starting July 19

Due to a heightened need for online security, Zoom has announced a 90-Day Security plan that includes a new change that will go into place **July 19, 2020**. This change will increase the security to both old and new meetings.

Starting July 19, Zoom will now require a passcode and/or waiting room to be enabled for ALL meetings. This change does not affect webinars.

Here is a summary of how the changes will affect our users:

- Emory's global account settings will have the waiting room enabled by default for all meetings.
- If you already have a passcode or the waiting room enabled on your existing meetings, nothing will change for these meetings.
- If an existing meeting **does not** have a passcode or the waiting room enabled, these meetings will now have the waiting room feature enabled. (This is in lieu of a passcode for that meeting which would have required all old meeting information to be resent to attendees.)
- If you do not want waiting rooms set as your default, change your meetings to include a password/passcode. [View instructions here.](#)

- If you choose to use the waiting room feature instead of the password/passcode, note that the Host of the meeting **MUST** log in to Zoom and allow the attendees into the meeting before they can attend. [View instructions here.](#)

Please contact [videoservices@emory.edu](mailto:videoservices@emory.edu) with any questions.

## **Call for Abstracts - GA ACP Virtual Conference**

The **Georgia Chapter ACP** is pleased to announce that abstract submissions are now being accepted for the virtual academic competition for the Georgia Chapter ACP Meeting October 23-25, 2020. All members to include Faculty and subspecialty Fellow members are invited to submit an abstract for the competition. If a colleague is not yet an ACP member, please encourage him/ her to [join online](#) and then submit their abstract entry for consideration.

The abstract competition is open for 2020 for all Georgia Chapter American College of Physicians members. Abstracts will be accepted into one of four categories: Clinical Vignette, Clinical Research, Basic Research, and Quality Improvement/ Patient Safety, or High Value Cost Conscious Care.

[Abstract Submission Guidelines](#)

[Georgia Chapter Fellows and Faculty Abstract Form](#)

The abstract submission deadline is **September 20, 2020** at midnight. NOTE: This abstract timeline varies from the resident/ student

abstract timeline of which that deadline is July  
19, 2020.

Got news? Please send your  
announcements and photos to  
leigh.partington@emory.edu. The DFPM  
newsletter is published monthly.

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