



EMORY
UNIVERSITY
SCHOOL OF
MEDICINE

Department of Family
and Preventive Medicine

News from Family & Preventive Medicine

January 2020

Just 55 Words from Palliative Medicine:



Tammie Quest, MD

Settling into our new Department home...warm welcomes abound! Good news opens 2020 - HPM Fellowship 100% match - 5 positions AY20; expansion approved 5 to 7 positions AY21. Recruitment of Dr. Dio Kavalieratos as Director of Research for the Division. Palpable excitement. New work friends and family joined. Joy and success to all in 2020!

Transformative Research

EMORY FAMILY MEDICINE RESIDENCY PROGRAM RESEARCH SYMPOSIUM

MARCH 12, 2020, 8 AM - 12 PM. EUH MIDTOWN CONFERENCE ROOM

RESEARCH PRESENTATIONS BY GRADUATING FAMILY MEDICINE
RESIDENTS AND FAMILY MEDICINE FACULTY



Keynote Speaker:
Tabia Henry Akintobi, PhD, MPH
Morehouse School of Medicine

Tabia Henry Akintobi, PhD, MPH is Associate Professor of Community Health and Preventive Medicine, Associate Dean of Community Engagement, and Principal Investigator and Director of the Prevention Research Center at Morehouse. She earned both an MPH and PhD in Public Health from the University of South Florida's College of Public Health. Dr. Akintobi's local, national and global clinical and translational research, training, and service initiatives address social and public health disparities and advancing health equity. She is also involved in the Atlanta Clinical and Translational Institute Community Engagement and Research Program and the Exploratory Center of Excellence on Health Disparities, where she leads community engagement key functions central to ensuring bi-directional research translation between communities and academic researchers.

Faculty wishing to give a presentation at the Family Medicine Residency Program Research Symposium, please email **Dr. Miranda Moore**.

DREAM-Atlanta Study Update

The DREAM-Atlanta Study, funded by the National Institute of Minority Health and Health Disparities and led by **Dr. Megha Shah**, kicked off in December 2019. This is an 18-month study of the implementation of a community health worker-led intervention for South Asian patients with diabetes and hypertension at Emory Family Medicine at Dunwoody, Grady Brookhaven, and the Shifa Clinic. Eligible patients will be randomized to the intervention group or usual care. The intervention will consist of 5 health education group sessions over 6 months. Topics will include culturally tailored diet, exercise, and medication adherence education.

In addition, the DREAM-Atlanta Study has hired a project coordinator, **Christina Gibbs, MSc**. Christina is a clinical research coordinator and serves as the main project coordinator for DREAM-Atlanta. Originally from the Atlanta-area, she received her bachelors' degree and Master's in Global Health from Duke University. She is based at the Dunwoody clinic. Three community health workers, **Zohra Amin, Hasan Yousef**, and **Sakila Nasrin**, have also joined the DREAM-Atlanta team. The DREAM-Atlanta Study team is pictured below (left to right): Zohra Amin, Hasan Yousuf, Christina Gibbs, Sakila Nasrin.



Zohra, Sakila, and Hasan have just completed Community Health Worker core competency training with Sergio Matos, the executive director of the Community Health Worker Network of NYC.

Pictured below: Sergio Matos and training participants (left to right): Nazneen Akhter, Sakila Nasrin, Zohra Amin, Nahid Hussain, Syed Alam, Dil Firdaus Ara, Hasan Yousuf



Recent Funding

Moore, MA (consultant). *Building an Infrastructure for Evaluating Substance Use Disorder Insurance Parity Laws: Introducing Heterogeneity into Legal Datasets to Measure their Effectiveness on Addressing the Opioid Epidemic.* Morehouse TX Pilot Project grant, \$75,000. Period of Performance: 1/1/2020-6/30/2021.

Recent Publications

Burgio KL, Kraus SR, **Johnson TM**, Markland AD, Vaughan CP, Li P, Redden DT, Goode PS. *Effectiveness of Combined Behavioral and Drug Therapy for Overactive Bladder Symptoms in Men: A Randomized Clinical Trial.* JAMA Intern Med. 2020 Jan 13.

Ash MJ, Walker ER, DiClemente RJ, Florian MP, Palmer PK, Wehrmeyer K, Negi LT, Grant G, Raison CL, **Mascaro, JS.** (in press). *Group-Delivered Compassion Meditation Training for Hospital Chaplain Residents: A Pilot Study.* Accepted: Journal of Healthcare Chaplaincy

Mascaro, JS, Wehrmeyer, K, Mahathre, V, Darcher, A. (in press) *A longitudinal, randomized and controlled study of app-delivered mindfulness in the workplace.* Accepted: Wellness

Moore, MA (consultant). *Building an Infrastructure for Evaluating Substance Use Disorder Insurance Parity Laws: Introducing Heterogeneity into Legal Datasets to Measure their Effectiveness on Addressing the Opioid Epidemic.*

Morehouse TX Pilot Project grant, \$75,000.
Period of Performance: 1/1/2020-6/30/2021.

Research Resources

New Boilerplate language library

Writing a grant? Emory School of Medicine has a new Boilerplate language library containing descriptions of the schools and centers within Emory. Take a look at <https://boilerplate.emory.edu>.

SOM Research Workshops

Future Research Resources 101 Workshops [Learn More](#)

- **Writing a Successful PCORI Grant**

Thursday, February 20, 2020 | noon - 1 p.m. [Register](#)

- **How the Georgia CTSA Can Support Entrepreneurship**

Thursday, March 19, 2020 | noon - 1 p.m. [Register](#)

- **Integrated Imaging Core — Cool New Techniques**

Thursday, April 16, 2020 | noon - 1 p.m. [Register](#)

If you are interested in becoming a more active participant in our department's research, please contact Vice Chair for Research, **Dr. Mo Ali** (mkali@emory.edu).

DOM Research newsletter

Subscribe to the Department of Medicine's weekly newsletter "**What's Up in DOM Research**" for the latest on NIH funding opportunities and notices, federal funding opportunities, and more. Email domresearch@emory.edu to subscribe.

Educational Investments for our future

Preventive Medicine resident Kudrath presenting at ACGME Educational Conference

Dr. Farah Kudrath has had an abstract on resident diversity accepted for presentation at the upcoming ACGME Educational Conference on resident diversity. We'll have more details in an upcoming issue.

Preventive Medicine Residency hosts Grady's Leslie Marshburn

Leslie Marshburn, MBA, MPH, Executive Director, Strategy & Population Health at Grady Health Systems recently gave a talk to the Preventive Medicine residents on Population Health at Grady.

Pictured below: PMR residents and staff with Leslie Marshburn.



Being of Service



Saturday, February 15 8:30 am - 12:30 pm
followed by the networking lunch

DOCTOR FOR A DAY CONFERENCE

Georgia State University Indian Creek Lodge
900 S. Indian Creek Dr.
Stone Mountain GA 30083
www.ypiprogram.com/d4ad.html

Doctor for a Day needs you

The Doctor for a Day conference provides high school and college students, with an interest in pursuing a medical career, the opportunity to meet with accomplished physicians, medical admission board directors, and medical students from all over the state! The conference is one of the projects created by Emory Cardiology Fellow Heval Kelli and his Young Physician Initiative.

If you are a medical professional, here are four simple ways to support the conference:

1. We invite you to attend the networking lunch segment (12:30-1:30) and meet students from underserved backgrounds interested in

medicine.

We ask medical professionals to either wear white coats or scrubs so the students can recognize you.

2. Fund the Young Physician Initiative and the conference by donating to our organization. YPI is part of U-Beyond Mentorship, a 501(c)(3) public charity organization. Financial donations are tax exempt (Tax Id: 81-

2964358) <https://www.ypiprogram.com/>

3. Donate raffle items (new preferred) such as MCAT prep books, anatomy cards or stethoscopes. Items can be mailed to:

Attn: Heval Kelli, YPI

5345 Catalpa Court

Lilburn, GA 30047

4. Be part of the YPI Volunteer Professionals and be involved when you have time.

<https://www.ypiprogram.com/volunteer-professionals.html>

Thank you for your interest and support of the mission to inspire the next generation of doctors.

Evidence of our Awesomeness!

GA-GWEP team receives 2019 Georgia CTSA Team Science Award of Distinction for Early Stage Research Teams

Congratulations to **Dr. Ted Johnson, Dr. Miranda Moore, Dr. Richard Goodman** and The Georgia Geriatric Workforce Enhancement Program (GA-GWEP) team for receiving the 2019

Georgia CTSA Team Science Award of Distinction for Early Stage Research Teams! The award includes \$2,500 to use for team science research and the GA-GWEP team has been invited to present at the Southeast Regional Clinical & Translational Science Conference on February 29, 2020.

New Leadership Roles for Palliative faculty

Congratulations to our Palliative faculty members on their new national and regional leadership roles!

Dr. Ashima Lal

- *Chair-Elect* - Safety Net Special Interest Group; American Academy of Hospice and Palliative Medicine
- Named *Associate Editor* - Fast Article Critical Summaries for Clinicians in Palliative Care
- Elected *Co-Chair* for the Georgia Hospice and Palliative Care Organization's Palliative Care Committee starting Jan 2020

Dr. Jabeen Taj

Chair-Elect - Heart Failure Special Interest Group; American Academy of Hospice and Palliative Medicine

Dr. Ali Zarrabi

Chair-Elect - Outpatient Special Interest Group; American Academy of Hospice and Palliative Medicine

DeSandre chosen as Harvard Macy Fellow

Congratulations to **Dr. Paul DeSandre**, who was accepted to the Harvard Macy Institute as 1 of 12 Fellows in Art Museum-based Health Professions Education!

This is a highly experiential Fellowship, with exposure and opportunity to practice a variety of pedagogical methods used in art museum-based education, including Visual Thinking Strategies, the Personal Responses Tour, as well as applications of metaphor and mindful practice. This Fellowship will demonstrate concrete ways that the art museum environment is a productive space to foster health professional skills and attitudes, including:

- Honing observation and interpretation skills
- Uncovering assumptions and biases
- Professionalism and professional identity formation
- Multidisciplinary teamwork
- Navigating ambiguity and uncertainty
- Promoting empathy, compassion, and wellness

In addition to learning the theory and practice of art museum-based health professions education, Fellows will prepare to cultivate generative partnerships with museums and museum educator colleagues. We look forward to seeing the results!

Tong inducted as a Fellow of the American College of Preventive Medicine

Elizabeth J. Tong, MD, MPH, FACPM - is boarded in both Internal Medicine and Preventive Medicine. She has been on faculty at Emory School of Medicine since completing her Preventive Medicine residency at Emory in 2006. After completing her residency, she stayed in practice at Atlanta VA, seeing patients and teaching Emory Preventive Medicine residents. She now works at Emory Clinic, teaching and mentoring Emory Preventive Medicine residents and Emory Medical Students who rotate through her General Medicine clinic. She lectures and mentors about Preventive Medicine as a career and Clinical Preventive Services. Congratulations, Dr. Tong!

Kulshreshtha appointed at Rollins School of Public Health

Congratulations to **Dr. Ambar Kulshreshtha** who has accepted a joint appointment in Epidemiology at the Rollins School of Public Health!

Self-Care and Wellness Resources

Introducing a new feature for our department newsletter in 2020. Every month, you can look here for wellness resources, tips, and opportunities. Feel free to send in questions or topic suggestions for future issues!

Free Yoga Classes



4th floor, EUH Tower

Mondays 5:30 pm
Tuesday 7:30 pm
Wednesday 12:00
Thursdays 7:30 pm
Fridays 12:00

Sign up here: <https://euhyoga.tulasoftware.com/student>
or just walk in!

Don't miss events and opportunities!

In your Inbox: SOM Diversity Engagement Survey

You should have received an email recently from the School of Medicine about the **Diversity Engagement Survey (DES)**. The School of Medicine remains committed to building a culture that is inclusive, equitable, safe, and respectful for everyone in our community. We continually strive to implement practices that directly address the needs of our faculty, learners, and staff. To that end, we are launching a survey to gather your input on diversity and inclusion within the School of Medicine.

The school-wide workforce & engagement survey conducted in September 2019 contained five questions related to diversity and inclusion. The DES will complement the information we received through the earlier survey and provide more detailed insights that will help us focus our work.

The deadline for completing the survey is February 5, 2020. It will only take about 10 minutes to complete. Please answer as openly as possible. Your responses will go directly to the survey vendor and will remain strictly confidential. The School of Medicine will only receive the combined, aggregated feedback.

CTSA Grant Wise Program seeks volunteer mentors

The new Georgia CTSA *Grant Wise* service offers the opportunity for one-on-one feedback from experienced senior faculty on grant writing. **If you have experience in writing grants and you enjoy mentoring, we need you!**

Volunteer Expectations:

Requests for mentoring range from developing a timeline, reviewing Specific Aims, writing and editing the text, or responding to reviewer comments.

Mentors will be paired with mentees by a member of the Collaboration & Multi-disciplinary Team Science Steering Team based on field, expertise, and interests. We anticipate that each experienced faculty volunteer will be asked to advise one junior colleague in

preparing a grant no more than once a year. We do not anticipate that mentors will become collaborators, although that option exists should both parties agree. The specific time commitment and expectations for each pair will be determined and agreed upon by the requester and consultant themselves following an initial meeting. We anticipate that consultation responsibilities will be limited to the duration of the project.

Volunteer:

If you would like to be added to our list of mentors, please complete this brief [online form](#). This form is only used to indicate your interest and does not commit you to anything. We will be in touch should we receive a request that matches your expertise.

Questions? Contact lauren.james@emory.edu

Register now: Georgia CTSA Clinical and Translational Conference: February 27-29, 2020 Callaway Resort and Gardens

The annual conference describes how the Georgia CTSA can support your research and increase grant funding; allows attendees to network with national leaders and NIH staff in translational science and education; and share research with others and develop new collaborations. Registration and call for abstracts now open!

[Click here for registration and more details](#)

Emory BIRCWH Program Deadline

The Emory BIRCWH program, short for **Building Interdisciplinary Research Careers in Women's Health**, is a highly selective career development program for junior faculty interested in women's health research and/or sex/gender science. The ultimate goal of the BIRCWH program is to train junior faculty, through a mentored research and career development experience, to become independent investigators who use novel, interdisciplinary approaches to advance the science of women's health and sex/gender research. REQUEST FOR APPLICATIONS DUE: **March 2, 2020.**

[Find more details here](#)

Georgia Academy of Family Physicians Legislative Day at the Capitol, March 5

Legislative Day at the Capitol

Thursday, March 5, 2020

The Freight Depot - New Location This Year!

65 Martin Luther King Jr Dr - Atlanta, GA

30312 and Georgia State Capitol

Hosted by Patient-Centered Coalition of Georgia (Georgia Academy of Family Physicians; Georgia OBGyn Society; Georgia Chapter of American Academy of Pediatrics; Georgia Osteopathic Medical Association; Georgia Chapter – American College of Physicians)

Agenda

8:30 am – 9:15 am

Breakfast/Legislative Priorities

9:15 am – 10:15 am

Policy

Briefing

10:15 am – Noon

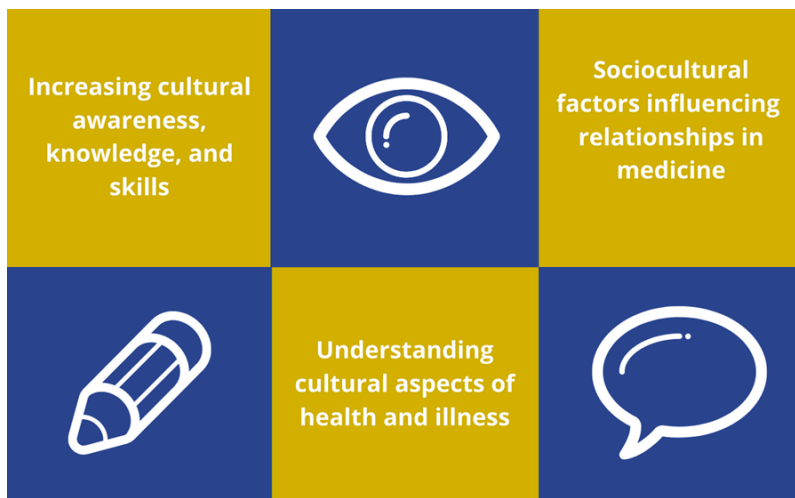
Legislative Visits at the Capitol

12:15 pm – 2:00 pm

Lunch

with Legislators

[Click here to register](#)



MEDICAL EDUCATION DAY 2020

CULTURAL HUMILITY IN HEALTHCARE

Calling all Clinicians, Educators, Scientists, Staff, & Trainees
from EUSOM, NHWSN, and RSPH

DATE: MARCH 23, 2020

PROPOSALS DUE: JANUARY 17, 2020

FOR MORE INFO AND TO REGISTER, VISIT: [BIT.LY/MEEDDAY2020](https://bit.ly/meededay2020)

Submit Proposals for:

Med Talks (25 mins)
&
Workshop (50 mins)
Presentations



NOTE: Proposals
related to *Cultural
Humility* are given
priority - other topics
will also be considered

Primary Care Consortium Grants

The **Emory Primary Care Consortium** provides grants up to \$2,500 to support any project that involves research, quality improvement, advocacy, development of clinical decision support tools, or educational activities in support of advancements in primary care (as it relates to patient safety, innovations in healthcare delivery, addressing disparities in healthcare, etc.). **The next deadline for application submission is April 15.** Awardees will be announced by May 15.

[Click here for Application information](#)

Got news? Please send your announcements and photos to leigh.partington@emory.edu with the subject heading: for newsletter. The DFPM newsletter is published monthly.

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