

News from Family & Preventive Medicine

October 2019

Just 55 Words from the Chair:



Ted Johnson, MD, MPH

Happy 20th birthday, National Primary Care Week!

This October 7th - 11th, we celebrated the importance of primary care to our nation's health and wellness.

Throughout the country and at Emory, learners and clinicians took community-based action, focused on building the primary care workforce, and renewed our commitment to preventing disease and eliminating health disparities.

Transformative Research



Send your suggestions for a keynote speaker for the FM Research Symposium to **Drs. Mo Ali and Miranda Moore.**

New Funding

Congratulations to **Dr. Megha Shah** on her funded partnership with the NYU Center for the Study of Asian American Health (CSAAH), an NIH NIMHD U54 Center of Excellence (COE). The proposed research falls under one of CSAAH's major scientific tracks, cardiovascular disease (CVD) and type 2 diabetes mellitus (diabetes). The Overall Component Aims are to: 1) Expand CSAAH's scientific track to examine, address and reduce diabetes and hypertension comorbidities among minority and health disparity populations in the Southeastern United States (US); 2) Strengthen the research capacity of Emory University and Atlanta-

based community partners to engage in participatory research aimed to reduce diabetes and hypertension disparities among South Asian communities living in the Southeastern US; 3) Advance novel communityclinical linkage strategies to improve diabetes and hypertension control among minority and health disparity populations, with a particular focus on South Asian communities in Atlanta, GA; and 4) Disseminate best practices in cultural adaptation and integration of evidence-based interventions for diabetes and hypertension disparities for diverse community and clinical contexts. The regional partnership will expand CSAAH's capacity to support collaborative research on multiple chronic high-burden diseases and health disparities experienced among South Asian populations in the US.

New Publications

Tracey L. Henry, Stacie Schmidt, **Maha B. Lund**, Darby Ford, Heartley Egwuogu, Stephanie Schmitz, Tamara Haynes, Brian McGregor, Linda Toomer, Jada Bussey-Jones. "Improving Depression Screening in Underserved Populations in a Large Urban Academic Primary Care Center- A Provider-Centered Analysis and Approach." **Accepted for publication** in American Journal of Medical Quality.

Katelin Snow, Karla Galaviz, **Sara Turbow**. "Patient Outcomes Following Interhospital Care Fragmentation: A Systematic Review." J Gen Intern Med. DOI: 10.1007/s11606-019-05366-z. Available online now - click <u>here</u>.

Our colleagues in **Palliative Care** have had a very productive year! They have published the following articles in 2019 to date:

Brock KE, Snaman JM, Kaye EC, Bower KA, Weaver MS, Baker JN, Wolfe J, Ullrich C. Models of Pediatric Palliative Oncology Outpatient Care-Benefits,

Challenges, and Opportunities. *J Oncol Pract.* 2019;15(9):476-487.

Brock KE, Tracewski M, Allen KE, Klick J, Petrillo T, Hebbar KB. Simulation-Based Palliative Care Communication for Pediatric Critical Care Fellows. *Am J Hosp Palliat Care*. 2019;36(9):820-830.

Chua IS, Zachariah F, Dale W, Feliciano J, Hanson L, Blackhall L, **Quest T**, **Curseen K**, Grey C, Rhodes R, Shoemaker L, Silveira M, Fischer S, O'Mahony S, Leventakos K, Trotter C, Sereno I, Kamdar M, Temel J, Greer JA. Early Integrated Telehealth versus In-Person Palliative Care for Patients with Advanced Lung Cancer: A Study Protocol. *J Palliat Med.* 2019;22(S1):7-19.

Ejem DB, Barrett N, Rhodes RL, Olsen M, Bakitas M, Durant R, Elk R, Steinhauser K, **Quest T**, Dolor RJ, Johnson K. Reducing Disparities in the Quality of Palliative Care for Older African Americans through Improved Advance Care Planning: Study Design and Protocol. *J Palliat Med.* 2019;22(S1):90-100.

Feldenzer K, Rosenzweig M, **Soodalter JA**, Schenker Y. Nurses' perspectives on the personal and professional impact of providing nurse-led primary palliative care in outpatient oncology settings. *Int J Palliat Nurs*. 2019;25(1):30-37.

Jefferson K, **Quest T**, Yeager KA. Factors Associated with Black Cancer Patients' Ability to Obtain Their Opioid Prescriptions at the Pharmacy. *J Palliat Med.* 2019;22(9):1143-1148.

Kittelson S, Scarton L, Barker P, Hauser J, O'Mahony S, Rabow M, Delgado Guay M, **Quest TE**, Emanuel L, Fitchett G, Handzo G, Yao Y, Chochinov HM, Wilkie D. Dignity Therapy Led by Nurses or Chaplains for Elderly Cancer Palliative Care Outpatients: Protocol for a Randomized Controlled Trial. *JMIR Res Protoc.* 2019;8(4):e12213.

Shteamer JW, Harvey RD, Spektor B, **Curseen K**, Egan K, Chen Z, Gillespie TW, Sniecinski RM, Singh V. Safety of Intranasal Ketamine for Reducing Uncontrolled Cancer-Related Pain: Protocol of a Phase I/II Clinical Trial. *JMIR Res Protoc.* 2019;8(4):e12125.

Singh V, **Zarrabi AJ, Curseen KA**, Sniecinski R, Welsh JW, McKenzie-Brown AM, Baer W, Gillespie TW. Concerns of Patients With Cancer on Accessing Cannabis Products in a State With Restrictive Medical Marijuana Laws: A Survey Study. *J Oncol Pract.* 2019:JOP1900184.

Wang DH, **Kuntz J**, Aberger K, **DeSandre P**. Top Ten Tips Palliative Care Clinicians Should Know About Caring for Patients in the Emergency Department. *J Palliat Med.* 2019.

Yeager KA, Williams B, Bai J, Cooper HLF, **Quest T**, Meghani SH, Bruner DW. Factors Related to Adherence to Opioids in Black Patients With Cancer Pain. *J Pain Symptom Manage*. 2019;57(1):28-36.

Zarrabi AJ. Joseph's Headline. *J Clin Oncol.* 2019;37(28):2581-2582.

Zarrabi AJ, Welsh JW, Sniecinski R, **Curseen K**, Gillespie T, Baer W, McKenzie-Brown AM, Singh V. Perception of Benefits and Harms of Medical Cannabis among Seriously III Patients in an Outpatient Palliative Care Practice. *J Palliat Med.* 2019.

Research Opportunities

If you are interested in becoming a more active participant in our department's research, please contact Vice Chair for Research, **Dr. Mo Ali** (mkali@emory.edu).

Upcoming conferences:

North American Primary Care Research Group (NAPCRG) Annual Meeting. November 16-20, Westin Harbour Castle, Toronto.

GAFP Fall Family Medicine weekend, Nov. 14-16. Evergreen Conference Resort, Stone Mountain

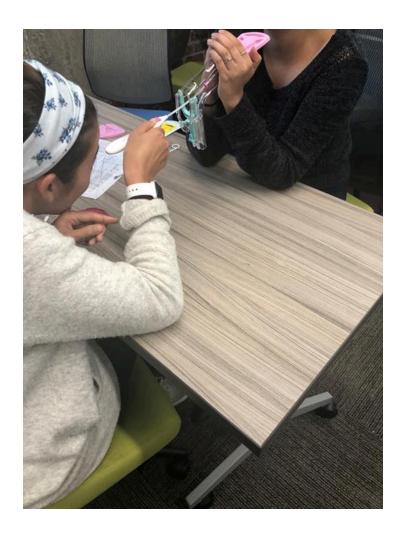
GA. More information and registration <u>here</u>.

Gerontological Society of America, 2019 Annual Scientific Meeting. November 13-17. More information and registration here.

Subscribe to the Department of Medicine's weekly newsletter "What's Up in DOM Research" for the latest on NIH funding opportunities and notices, federal funding opportunities, and more. Email domresearch@emory.edu to subscribe.

Educational Investments for our future

National Primary Care Week, Oct. 7-11



The Family Medicine Interest Group (FMIG) celebrated National Primary Care Week (October 7th – 11th) by hosting three different events. On Monday, Drs. Angeline Ti, Emily Herndon, and Marissa Lapedis hosted a Women's Health Procedure Workshop. Students had the opportunity to practice cervical dilation, uterine aspiration, and an endometrial biopsy on papayas. They also learned about different forms of contraception and how to insert intrauterine devices, such as Mirena and Skyla.

Pictured: two students practicing a Mirena insertion



On Wednesday, **FMIG** and **Student Health** hosted a healthy food demo. Students sampled healthy food items that can be prepared for breakfast, lunch, dinner, and snack. FMIG would like to send a huge thank you to **Pat Woodard** (DFPM Business Manager), Carol Kelly (Asc. Director of Nutrition Services) and Brittany Verras (Clinical Dietician) for volunteering their time and expertise!

Pictured above: FMIG Leaders, Daniel Berger and Nicole Lue, demonstrating how to prepare energy balls for students



On Thursday, **Dr. Thien-Kim Le** hosted a IV Insertion/Venipuncture Workshop. First year medical students were able to learn and practice their venipuncture skills using prosthetic arms in the Simulation Lab. Thank you to the residents and alumni of Emory's Family Medicine Residency Program who volunteered on that night.

Pictured: Dr. Thien-Kim Le demonstrating how to palpate for a vein to students.

Pictured below: Students and faculty/resident volunteers who participated in the Networking and Dessert portion of the workshop.



PA program working on SUD curriculum

Emory's PA program has been selected as one of 10 programs nationwide to partner with PAEA on a Substance Abuse and Mental Health Services Administration (SAMHSA) Grant to develop a standardized substance use disorder (SUD) curriculum for PA programs nationwide over the next two years. This grant allows for direct support to the participating programs. More details can be found **here**.

PA Program Board Review 2019



116 participants attended the 29th Annual Live PANCE/PANRE Board Review Course hosted by the Emory PA Program at the Marriott Century Center September 17 - 20. A national audience participated with the 52 senior PA students graduating in December. The four day intense review prepares the new graduates for the PA National Certification Exam (PANCE) and practicing PAs who must re-certify with an exam every 10 years.

The 38 hour comprehensive review is video recorded and developed into a home study version that is now marketed by Exam Master, a national provider of practice online test banks for health care professionals. The review is available for purchase here. The home study version has 38 hours of Cat 1 AAPA CME, streaming and downloadable video, audio, and PDF notes as well as unlimited test practice with the Exam Master PANCE/PANRE question bank. There are online topic links to Medscape review articles online for further study. A free module preview of the hematology review lecture is available here. This product allows over 500 PAs and PA students per year to use the Board Review and generates income for the PA Program's Emory Farmworker Project. A \$50 Emory employee discount code can be obtained by emailing Allan Platt at aplatt@emory.edu.

Emory was well represented at the National Physician Assistant Education Association's Education Forum in Washington DC this month. Pictured below are attendees: Maha Lund, Susy Alfonso, Jonie Fawley, and Alex Kendall. Liz Valdes also attended.



Being of Service

Fall Farmworker Project



Emory Farmworker Project headed back to the fields September 27-29 for an Interprofessional service-learning event in collaboration with the Bainbridge farmworker clinic. PA and MD students from Emory, AHEC scholars: MD students from Augusta University and Pharm D students from UGA saw a total of 205 patients over the weekend. Big thanks to preceptors/participants from the department:

- Dr. Susy Alfonso
- Dr. Emily Herndon
- Dr. Kim Le
- Betsy Rothschild
- Alexander Kendall
- Jonie Fawley
- Liz Valdes
- Karen Newell
- Dr. Jodie Guest
- Tarrance Malone
- Dr. Maha Lund



Above: Providing care in the field



Above: Emory faculty and students with AHEC scholars providing care for the Monrovia Nursery workers as part

of their health initiative.



Above: Emory faculty and preceptors

Student Health Fair Offers Flu Shots to students and Swoop the Eagle



Evidence of our Awesomeness!

Welcome new faculty and staff!



Dr. Mary Fowler Boyce is a board certified Family Practice Physician from Georgia. She completed her undergraduate studies at the University of Georgia and earned her MD at Medical College of Georgia. She completed her Family Medicine Residency at Riverside Methodist Hospital in Columbus, Ohio.

Dr. Boyce has practiced both academic medicine and rural health in Ohio, Pennsylvania and Florida. Her interests include preventative medicine, mental health and teaching. She enjoys running.



Dr. Jonathan Bonnet is a board-certified Family, Sports, Obesity, and Lifestyle Medicine physician with a master's degree in public health from Harvard. He has a background in exercise physiology and is also a certified personal trainer. He completed his undergraduate and medical school studies at Ohio State University before finishing his Family Medicine residency at Duke University, and his Sports Medicine Fellowship at the University of Florida. His clinical care focuses on optimizing health and improving performance on and off of the field.



Emily Chuba joined Emory University in 2016. She is a Sr. Research Administrative Coordinator working with Dr. Mo Ali in the School of Medicine and Rollins School of Public Health. She has over 12 years' experience working with government agencies, universities, and non-profit organizations in the areas of public health programming and research. She has worked in Kenya, Ethiopia, and Uganda. Emily has a dual degree in Anthropology and Global Gender Studies from SUNY Buffalo and is currently earning her MBA at Emory.

Don't miss events and opportunities!

Join the Preventive Medicine Residency for "Emory Healthcare Network" Part 3 on November 8th

RSVP to <u>Mary Davis</u> to attend





Emory Preventive Medicine Residency Welcomes



Joel Shu, MD, MBA
Chief Medical / Chief Quality Officer
Emory Healthcare Network

Dr. Joel Shu will give a 3-Part Series on Emory Health Care Network

Friday, October 11, 2019 10:30am - 12:00pm	Payment Systems In-depth payment system: bundled payment programs In-depth payment system: Medicare, Medicare advantage, Medicare shared savings programs
Friday, November 8, 2019 10:30am – 12:00pm	Basics of risk and HCC coding Patient Centered Medical Home Practice Model (presented by Cathi Durham)

 $RSVP\ required\ for\ each\ individual\ session!\ Email\ Mary\ Davis\ at\ mary. davis\ @emory.edu.$

Save the Date: Paul W. Seavey Distinguished Lecture November 12, EUH Grand Rounds at 12 pm

Dr. Louise Walter from University of California San Francisco will give the 2019 Paul W. Seavey Distinguished Lecture on November 12th, 12 pm, Grand Rounds at Emory University Hospital.

Dr. Walter is a clinician-researcher who is a national leader in evaluating the real-world

risks and benefits of cancer screening in older patients. She has transformed our approach to cancer screening in older adults. She has developed novel methodology demonstrating the fundamental importance of life expectancy rather than age in determining benefits and risks of screening. Virtually every cancer screening guideline cites her research. Further, her studies of older adults in poor health documented the extent to which screening can lead to clinical harm. Her approach also forms the basis for the management of other chronic diseases (e.g., diabetes) in older adults.

In addition, Dr. Walter led a series of seminal studies demonstrating decisions to screen older adults for cancer are often dictated more by age than health such that many patients in poor health continue to undergo screening while many healthy older patients fail to get screened. Also, she discovered that cancer screening frequently leads to significant harms without benefit in patients in poor health and developed a taxonomy and quantification of screening harms. This research changed national VA quality indicators and convinced California state auditors to abandon their mandatory mammography policy for health plans that care for frail elders.

Interprofessional Simulation
Conference
November 14-15

Register for the conference **HERE**.

Interprofessional Simulation Conference

Simulation as a Tool to Promote Interprofessional Education and Practice



November 14 - 15, 2019 Marriott Century Center **Emory University** Atlanta, Georgia



Mission:

The 3rd Interprofessional Simulation Conference assembles a diverse group of healthcare educators and clinicians from Emory and beyond to disseminate best practices for high quality patient-centered care that improves education and healthcare delivery through the use of simulation.

Upon completion of the conference, learners will be able to:

- ✓ List several best practices used in interprofessional simulation
- Describe an optimal interprofessional team
- ✓ Identify opportunities in their own work to utilize IP simulation to enhance learning
- Outline a basic simulation session for use with IP learners or an IP
- Note the important elements of debriefing an IP team
- Describe the elements of a useful assessment tool for IP simulation
- ✓ Identify the resources necessary for different types of IP simulation

IPSC3 Schedule:

- Day 18:00 am 6:00 pm Marriott Century Center
- Day 2 9:00 am 1:00 pm ExCEL (Simulation Center)

Audience:

All faculty within health science programs and clinicians are invited to attend, inclusive of medical physicians, RNs, APRNs, PAs, PTs, allied health professionals, pharmacists and chaplains.

Education Credits: The Emory University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The Emory University School of Medicine designates this live activity for a maximum of $9.25\,AMP\,PRA\,Category\,i\,Credits^{FM}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Primary Care Consortium Grants

The **Emory Primary Care Consortium** provides grants up to \$2,500 to support any project that involves research, quality improvement, advocacy, development of clinical decision support tools, or educational activities in support of advancements in primary care (as it relates to patient safety, innovations in healthcare delivery, addressing disparities in healthcare, etc.). You'll find details and application information on our website.

The next deadline for application submission is December 15. Awardees will be announced

Save the date: Georgia CTSA Clinical and Translational Conference: February 27-29, 2020 Callaway Resort and Gardens

The annual conference describes how the Georgia CTSA can support your research and increase grant funding; allows attendees to network with national leaders and NIH staff in translational science and education; and share research with others and develop new collaborations.

Emory BIRCWH Program Deadline

The Emory BIRCWH program, short for **Building** Interdisciplinary Research Careers in Women's Health, is a highly selective career development program for junior faculty interested in women's health research and/or sex/gender science. The ultimate goal of the BIRCWH program is to train junior faculty, through a mentored research and career development experience, to become independent investigators who use novel, interdisciplinary approaches to advance the science of women's health and sex/gender research. REQUEST FOR APPLICATIONS DUE: March 2, 2020. More details here.

leigh.partington@emory.edu. The DFPM newsletter is published monthly.

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