

# **Emory at Grady Wellness Resource Guide: 1-Pager**

This streamlined version of the full Emory at Grady Resource Guide highlights core resources across Emory and Grady. These resources are available to Emory at Grady faculty, APPs, learners, and staff.

# **Overall Wellbeing**

• Emory You - Your Wellbeing

# **Emergency Numbers**

- Call 9-1-1 for life threatening emergencies day or night (while on Grady campus)
- Front Desk Security in Faculty Office Building (FOB): Call 404-981-0728
- Grady Public Safety Office: Call 404-616-4024 from Grady campus office: Call 5-4024
- Emory Faculty and Staff Assistance Program On-Call Service: Call 404-727-4328, press "2"
- Suicide and Crisis Lifeline: Call or text 9-8-8

### **Mental and Emotional**

- Faculty Staff Assistance Program (FSAP) (Emory only)
- Emory Department of Psychiatry and Behavioral Sciences
- Emory Addiction Center
- Counseling and Psychological Services (CAPS) (Emory University School of Medicine Students only)
- Grady Behavioral Health Outpatient Center at Park Place
- Grady Employee Resiliency Clinic: Call (404)-616-7222 (Grady staff only)

# **Spiritual**

- Emory Spiritual Health
- Grady Chaplains (available 24/7) Call: 470-834-7354
- Goddard Chapel at Grady Memorial Hospital 1st Floor; 7:30AM 11PM

### **Physical**

- Emory Fitness Facilities
- Brian Jordan/Steve Atwater Wellness Center at Main Grady 16th Floor

#### Family

- Child Care
- Emergency Back-Up Care
- Expanded Caregiver Benefit

#### **Financial**

• Financial Education

#### Occupational

- Emory at Grady Professional Development
- Emory School of Medicine Faculty Development
- Professional Development for Staff

### Intellectual

- Emory You Your Learning
- Organizational Development: Talent and Team Development

# Social

- Employee Resource Groups
- Social and Community (Healthy Emory Connect)

# Lifestyle Benefits and Discounts

- Healthy Emory Connect (ShareCare)
- Emory Savings Marketplace