# **COVID-19 Resources for the WHSC Community**

Thank you to the members of the Woodruff Health Sciences Center (WHSC)'s Constructive Culture Working Group for providing the following resources to share with WHSC community members during the COVID-19 pandemic.

### Visit Emory's COVID-19 Website

## **Benefits Resources for Emory University Employees**

## **Family Support**

## **Financial Support**

**Leadership and Employee Resilience** (source: Press Gainey)

#### **Blog Posts:**

Supporting Clinician Well-Being During COVID-19
Caring for Caregivers: A Leadership Checklist
Remember the Caregivers: Be in the Arena
Trust in the Time of Coronavirus

## Short (15-20 min.) Webinars:

<u>Using Five Effective Communication Tools During Crisis Management</u>
<u>Leading from a Position of Strength: Providing Visible, Vocal, and Inspirational</u>
<u>Leadership in Times of Crisis</u>
<u>Applying High Reliability Operating Principles in Crisis</u>
Promoting Staff Resilience in a Crisis: Practical Practices for Managing Stress and Burnout

#### Mental and Physical Health and Wellness

https://inside.med.emory.edu/education/gme/housestaff/current house staff hso/covid-19/mental-health.html Emory login required.

If an Emory faculty, staff, or family member is in a mental health crisis and requires immediate assistance, call FSAP at 404.727.4328 (if after hours, press #2).

https://www.hr.emory.edu/eu/working-covid-19/health-and-wellness.html

# **Professional Development while Working Remotely**

#### **Spiritual Support**

To add to this list, please email Ashley S. Freeman at <a href="mailto:asroka@emory.edu">asroka@emory.edu</a>.